

5/20/88
 Rip my
 I can't trust Nobody.
 But I do. Cause I ain't
 get anything else to do
 Now that's what's crazy
 I Love PPL w much
 so much, it's PAFHICKS
 associates...
 I cut the
 my

Hellooo! Can't HEAR
 CAN ANY BODY
 HEAR ME "honda"
 funny I guess
 Mike Mitchell
 what you

Keith
 H. R. Mitchell
 Amy, I guess
 Keith H. R. Mitchell
 "let me tell you what you
 long been through"
 & comparisons on my art
 & work, talked about
 & gotten his girl on his
 knuckles & then showed
 his grandmother ^{home} but
 right am 'cause she
 ain't got no-where
 & & & Dr. M. & &
 talked some words, gave
 some good books - a
 real brother, caught
 for his color.

Passage into light, Pella, 1998 - Presers 3 Pains in a deadly game of Chess?
Parents Sea above Archangel'sk 'Power Stopped Bulshv'iks'
Intro - 'Mama' Always child, I will not leave 'Frozen' but 'water in the Snow'
Pg 16 - pg 17 - I will die if I have to by this game to 'your flat'

BE health rep Come to see me today
My Attorney is straight retarded
Stick to the words you say or
don't say em - hopes up $\frac{1}{2}$ Down $\frac{1}{2}$
way up, way Downnn. why put
hope in ppl who don't follow through
Bad Track Records. BE SELF RELIANT
But humans, but family. After I
saw her, straight back to my cell,
lamarie smiled @ me, brought me
back from hell. Shit. That's all I
need. After Dining Dinner. "Sweeety
HELLLP!! x5" yep, def. worse
than inspire, groups you had it easy!
oh, here it is again 20 min later.

Institutions & secrecy a theme of my time here, not just secrecy but complete lack of tools for me to even make my own knowledge - paper, internet, modern research vessels.

another midday dream I remember
explaining the differences to my
dad. between A JAB/STAB &
A POKE (Poney medieval man)
"1-2" Full extension
& he called me "Snow" (a bastard
or hero, I don't know)

Apr 28-29 - 1800e brass 'Jae' he reads in
place a wife from his mom's bro's daughter's
instead of little ~~Bernard~~ William.
'Descendants as lost of earth,' 22:17
28:28 - selling daughters for venice
Dan - son of Jacob's maid (Jacob's maid)
Joseph - son of Rachel (first left)

spending POLICE PLEASE PEACE
LEAVE

girl twirl, night dance, long walks, forest camps, give you my breath ~~for my~~ ^{beyond} death
forever entwined, mind, And, so kind, you spoiled me, every day, ^{colored} ~~me~~ ^{me}
w/ out you I ache, for now I get heart string tug, it's your just take.

I'm so fucking lucky. Heart flutters, camera shutter speed / but like
nature, can't capture only regret is I wasn't faster, to pour my blood
into your veins, no more defense pains, unrestrain to you I came,
and forever I will come, beating my drum, into your lap until
sleep at last. ^{Butterfly}, yellow bird in sky, late night raccoon, under light of the moon.

perfect piece, glistening river stone, Kiss takes me home
AUM, my rainbow, snake, ~~my~~ snowflake, yes, get really one
my wish upon a shooting star. Mama bear comb my morning
horse hair - at you I'll stare til the universe runs out of Air,
after black hole collapse, and we fall become one - a new birth
at light a new star for our children to gaze in the night.

To be faithful, family loophole / hopeful, I will learn to listen, patience
will glisten - it is my mission ~ Sorry for my constant hissin,
~~but~~ it's how I sense, I will learn to trust & fall into you, no defense
I vow to always return, from my jaunts - it's you I yearn. ~~at~~
& you can rely every morning the sun & sky. I will protect
and defend w/ my life, to craft a whole new world for my wife.
FOR FAMILY, FOR LOVE, FOR LIFE. ^{no more} (sorry more - I know? :))
NO WAR, NO DEATH, NO STRIFE - get on my back & take hold of my
reins, I'll carry you. Because I care, to bear, endure & dance

hypnotic trance, dreams & save from nightmares - Your love, Your
guardian, your husband, til eternity do we part.
2 worlds combine, DNA combine, climbing vine.

POUT, GLEET HEART
IS LOUDEST SILENT
HELD w/ NO DOURT

NO NEED TO HOLD IT

FOR GIVE

NO LIES
OPEN EYES
HEART CRIES

world
of tunnels
and less
tunes
and sit in
silence
your vibrant

FAITH, YOUR SPIRIT IS,
NOTHING CAN BE TAKEN,
NOTHING LASTS FOREVER,
BUT THY SPIRIT LIVES A
GRANNY MORANPA M THE
BROKEN CHILDREN OF EARTH
ONE FAMILY FOR LIFE

THE
BLOOD
OF THE
EARTH
IS THE
LIFE
OF THE
WORLD

TO ACK
desire
for fire, gathering
go out, in love
miles, for
travel, for
love, for
spreading

Niece, making me, pok-stay, justice
we're, plug smooth, shaft, teeth, belly
vegin, mother cow dredging,
every direction, circumstance,
is it worse, circumstance
Father sky, mother Earth,
breath birth, Nature never hurt you,
only nurture, environment, retreat,
flourish, nourish, survive, thrive,
no hard drive

TO PUT W/ RHP

Shadow therapy - Jealousy (monogamous) reversed by choosing pride
 self image attron. Shadows engage in polygamy - your jealousy reveals
 portrait is a 'enclousing towards your own desire for ppl to be attracted
 to you. So don't get centred last step / romanticizing. eventually
 or monogamous relation can split naturally from first time
 experience self-reliance) but you cannot expect otherwise, especially
 if your shadow/dream desires continue to reflect opposing
 views as your wake self. Hate only hates itself.

7/26-27 taking back what's
 mine & still being shipped/
 controlled by parents.) store
 clerk lies about leaving phone
 in attempt to get a sale,
 mek shows me full price, hides.
 Bobby on Calvin's lawn, can't
 see contact or parents, & large
 group of stop car from moving &

ANA Global HOLO

Steal
 someone

CASTE, monoculture
 Cultural warfare
 & male domination
 white supremacy
 complex - \$

first
 dream
 ask
 mek
 Mexico
 to threat
 me, deal
 to do
 something

Naive subconscious
 Masters & A

WAY FORWARD

through tower
 of bubble, language
 unsalienting classes

Taken
 makes on
 my girl
 lady friend
 I no can
 Shy, after
 hallways
 sea captain
 Jacket
 'presumed
 to expensive'

TRUE terror
 Poranola, imbalance
 moderation, drug
 control, consent

ROOTS (collective Panic) in mine head
 CREW CONTROL

STAY ON YOUR TUE
 FACILITATING
 BALANCE for 2
 bodies. centering
 lessons of breathing
 yoga, falen yong
 Corpus Callosum,
 2 brains, 2 voices,
 mediated sub/linear
 through practice,
 attention

7/27-28 shady
 car salesman hiding
 car among & market
 man doubts return, I
 help her off it by talk
 & inspecting yard, rev
 it back at off his app.
 'Heidi it garage up man
 'Timing sun Percle'
 'Car going down
 Beyond rings over
 another even pulling a
 ladder, all five's ppl
 and we end up in
 cold sack helping.
 retrieve trees at
 least you're alive
 stop @ neighbor
 along way when

the jokes w/ me but then serious
 tells me to make the psychedelic
 did w/ enthusiasm.
 - more sexual dream @ home busting
 Mel Mem/pts. tells of her past, early
 sex? etc. was good. Played, hard to
 penetrate. why?
 then wake up thinking.

Scene in yard
 circle. Don't
 it's a square
 the's ok change
 I'd love to see
 from you
 those you can't
 I don't care

Kitchen counter, out front door

- ② let me guess you forgot
you stabbed your dad.
yes I did and it might well
get out that I don't feel
guilty feel free to ask any
questions - walks away as
a giant old mushroom
thron at him mom - I
guess you already get a
divorce and moved away
here some stuff

other food house
mr. Dufferin

- ① Tiny skeletons chasing
everyone everywhere - (family, forest grow a house
can't escape - try to
dissemble, but they come
back

Red bike, no

- ③ helmet, other, bike stolen

- ④ Lost, water supply, Etoin,
dead cows, but lots of water?
tank, where you doing? AR
jump down, wrong no believe
back to base daniel molested,
near it, stop in, push out, Dad
respects, load 9mm get ready
to take out 'Lost' daniel AR
a christian enter party that's how
a man should act here's for hire.

Every Night: your brightest dreams
and your darkest fears. Place
before your eyes. I guide you
must sleeping in a state of
panic.

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 partner is a 'jealousy towards your own desire for ppl to be attracted
 to you. So don't get confused last step / romantic / fantasizing. eventually
 a monogamous relation can sprout naturally from first time,
 experience, self-reliance) but you cannot expect otherwise, especially
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 views as your wake self. Hate only hurts myself.

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 mine & still being shipped/
 controlled by parents.) store
 clerk lies about leaving pro
 in attempt to get a sale,
 mek shows me full price, hides
 Bobby on Calvaria Lane, 'cant
 see contact or parents' & (large
 group for stop car from moving)

Am Global HOLO

CASTE, monoculture
 Cultural warfare
 & male domination
 white supremacy
 complex - \$

Naive subconscious
 Masters & A

WAY FORWARD

through tower
 of bubble, large group
 wandering classes

TRUE terror
 paranoia, imbalance
 moderation, drug
 control, consensus

RIOTS (collective Panic) 'no more hard?
 CROWD CONTROL

Steal
 someone

first
 dream
 ask
 mek
 Mexico
 for threat
 from dead
 to do
 something

town
 I make
 moves on
 my girl
 Yady friend
 I'm Cam
 Shy, attr
 hallucination
 sea captain
 Jacket
 'presumed
 to expensive'

STAY ON YOUR TUES
 FACILITATING
 BALANCE for 2
 bodies centering
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 yoga, falen gong
 Corpus Callosum,
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7/27-28 study
 car salesman hiding
 car amongst market
 mom doubts return, I
 help her get it by talk
 inspecting yard, row
 it back at at his app.
 'Hoodie in garage of man
 Timmy Sun Police'
 Car going down
 Boxer ring over
 another error parking a
 ladder, all trees pop
 and we end up in
 colda sack helping
 retrieve trees at
 least you're alive
 stop @ neighbor
 along way when

the jokes w/ me but then serious
 tells me to make the psychedelic
 doll of enthusiasm.
 - more sexual dream @ home busting
 mek Mom/91's. tells of her past, early
 sex? etc. was good. Playful, hard to
 picture. wrong?

Scene in yard
 circle. One
 it's a dream
 that's a change
 I'd love to see
 from the car
 there you can't

7/27-midday dream, to mek, you talking to ~~the~~ ^{the} ~~serge~~ ^{serge}? "yeah, only cause I have to save you" YOU'RE THE REASON IM HERE' wake up. Time for dinner. MRE 9/26/16. 'SPOON?' 'It says no spoon, whad you do?' Mck hasn't tried to visit me once. Am I just fearful/bright morning or one thing? distrust in the family/distrust in me.

5/27/17
Pip 2m 2y
8/8
I can't trust Nobody
But I do. Cause I ain't got anything else to do
Now that's what I want
I love PPI w/ much
82 Mch. 175 PPT Hild
assholes...
Helloo! Out of HIKT
CAN ANYBODY
HEAR ME "honda
Pony, I guess."

Karen Maunle Mitchell
"let me tell ya what you
boy been through"
I can't talk about
my work, his girl on his
knuckles. I mean
his grandmother, not
right arm, cause she
ain't gain no-where
**** Dk Yr ****
talked some wild, gave
some good books - a
real brother. Caught
for his color.

BC health rep came to see me today
My attorney is straight retard
Stuck to the words you say or
don't say em- hopes up? Down &
Way up, wayy Downnn. why put
hope in PPI who don't follow through
Bad Track Records. BE SELF RELIANT
But humans, but family. After I
saw her, straight back to my cell,
Inmate smiled @ me, brought me
back from hell. Shit. That's all I
need. After Dining Dinner. "Squeezing
HELLLP!! x5" up, def. worse
than hospice, gramps you had it easy!
oh, here it is again 20 min later.

Institutions & secrecy a theme of
my time here, not just secrecy but
complete lack of tools for me to even
make my own knowledge - paper,
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explaining the differences to my
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A POKE (Pokey medicne man)
"1-2"
Full extension
& he called me 'Snow' (a bastard
or hero, I don't know)

Passage into Light, Pella, 1998 - Prisoners & Pawns in a deadly game of chess
Parents see above Archangelisk Power Stunned Bishoujks
Mama - Always child, I will not leave, frozen, shut up on the snow
PPI - I will die if I have to log this BEAT to your flat.

The House
Whisper
The Valley
of Horses

Watching
the sun
move through
the trees
Time dilates,
creatin of
Seconds.
Shadows
fade
before
our eyes,
but the
light is so
gentle, its
impossible
to find
where night
begins.
as night.

LEAST
Understanding POLICE PLEASE PEACE
Dad - son of Jesus would (Jesus in mind)
Dad - son of Jesus (first report)
9/25 - selling drugs for science

observable & unseen/unobservable
 the expanding bubble of 12
 and an infinity of bubbles
 ID & emotional intelligence,
 ID - Asia & America cultural opps.
 ID & emotional intelligence



7/24

Quickly on surprise move
 days

honestly thought it would
 have fallen apart by or
 before today - mostly changing
 color, dropping a bit, hard to notice

I AM NOT GUILTY, HUMANS ARE NOT
 GUILTY, WE ARE NOT RATIONAL, we
 must learn rational, a voice of
 truth must be present and also
 understood, until then, no free
 will, everything is personal

it always is but w/ logic it turns
 into an extraordinary Adventure
 until one no longer for always

Hypnotic, robotic, neurotic, psychotic
 This Body must die, many of everything, Δ , a question
 (This idea must die) complex adaptive systems, unification
 All is water, geometry, beauty, math, truth, approximations
 infinite limits, symmetries, Allegories/reflections, perfection,
 essential organizing principle: F.A.M.I.L.Y. The new diseased system
 reclassifying disease especially pathologies (spectrum of cons)

actions
 self.
 (7/24)
 thoughts before
 leaving
 introduce
 health. medicine.

hardwired brain X seemingly interchangeable (pgs)
 plasticity = modified behavioral states & Practice makes perfect
 Everything we do affects the nervous system (no plans/past) - don't
 pg 22 'rocket scientist', quantum (fractional human's units), returned
 online and cultured - (UDVI-DUALITY, ecosystems in space & time
 10x bacteria to human cells, gut brain axis, dangerous monoculture 20
 bees pg 30, brain sites a supervising force, software upgrade, 2000

The false belief that
 man are singular,
 creates a corrupt,
 numbered, out of
 date (w/ behavior
 many dec)
 and wrong
 at the
 end

is - some an. officer comes on
and they stop for 2 seconds until
they leave. worse than a zoo
cruel & no real punishment -
no car plays for a/c sake, this
is the 4th night out of 8 being here.
last night the officers just shooed

around in boots up & down hall
shining lights. Great now a
third person is screaming. I
laugh madly @ the absurdity for
there is literally nothing I can
do - there goes the squealing,
kinda like a raptor noise.
currently reading (trying) Cows,
Pigs, Wives & Witches - one of
the best/most conscious books
written, & in 1974.

Mother Cow, The Mering (New Guinea
(Indigenous) culture (pigs & wives),
ghandhi, India, fuel etc. & perceive the
horror witch hunts.

U SHOT UP
I'LL BEAT UR ASS
U DONT EVEN NO
WHO I AM DOH TO
STFU I should be
Annoying Sebalk to
your

BETTER DO YOUR
PUSH UPS
CLAPPING
whistle bomb explode
I LOVE YOU
in amidst arguments
of course, that come.
Jacob any probs

7/27
RE ENTER

balance, toes, feet
once in body
worry no grows
promise to
stay on toes
Shoes, boots, heels
Breath, left
& right body
act together

So obvious once
done.

Re enter
Human
escaping
mental
delusion/
suffocation/
imbalance/
dis-ease

Running (on wheels)
in place
I thought
I became
Animal
sounds of
a horse.

Why does the nurse run on a wheel?

Dreams (7/24-25) 21-32 Port of Dicks / hangers w/ mek and wot in
 Molly are instead of mek, Lays & gang of 4-1/2 star Mexican
 Riding ship really fast (like 10 ft tall)

Dreams (23-24) - tall scraggy building (low-income, inhabited by
 hooded kids w/ big knives - threatened w/ 1st as walking w/
 parents & turned it w/ making music vid of them - laughing w/
 w/ others boomed expression joined turn to speech / gangster head
 bobbing
 Initially very scary dream - inspires me to be more meditative



7/22

CC to contact book authors &
 ask for input on the collective
 comm. directory & OPEN SOURCE
 magazine template

Skylers, about to explain to
 mek before crying in Skylers' deels
 arms

"witchcraft"
 Black magic
 jealousy, hatred,
 rage, shadow
 white magic, love
 healing, grace
 Spirits, echoes,
 movers,

7/26 - Surviving Schizophrenia
 6th, Turey
 - Shelter of each other
 'Rebuilding our farm'
 Piper
 - The Heart Reader
 from

- Gift from the
 Sea, Lindbergh
 - Passage into Light, Pella
 - The Bermuda Triangle, Berlitz

Ch 6
 'History'

Port of Dicks
 family
 to where van
 to stay, my friend
 D. Bridge
 Building
 Ring
 house

"Thank you god" - ^{vegas} M.F.
"I poked him" - poky shaman
"Br dipper 7 stars"
"bears never lose memory"

Kevin
Hawke
Mitchell

Synch on slaughter from Coyote BLUE



for 7/25/17

288 - perpetual quest, bio feed
first print 2001 344 2005

TO Mother
NA Narcotics
Anonymous
ISBN 978-1-55
776-734-9

6th edition - 2008
121 - from one mother
to another

135 - first time, man
told him he loved him
151 - confined
to a life
of fear and
loneliness

171 - carry the
message
187 a chance encounter
192 - host of bad choices
198 - fellowshipping
205 - trust the power
of love

224 - need to
escape herself

235 - common need
workshop

250 - service
connects us all

254 - depression &
schizophrenia

260 - Linda

264 - criminally
unique

288 - recovery is
gentle



Biospheres
Art, Nature, Science
Find the sphere!
Draw it!
Proportions!
Now expand!

rose stem juice
injected into
the father's
Jack! first

Lessons from
the godfather - from
first - pg. 17.

2 in service of a pure
foreign to himself

22, 'enzo'
38, 'friendship is every
more than talent, gold
almost = to fun'

52, 'a lawyer w/ his
briefcase steals more
than 100 men w/ guns'

57, 'never get angry,
never make a threat
reason, rajnah, right'

61 'The world is so
hard a man must
have two fathers to
look after him'

83 'Don should get in
the movie business -

64 revenge on animal

71 - drugs intro to love

120 - the word civilia
priviledged noncombat
excused consent, you
objector

125 enzo returns

142 if family ran,
never would

The father

pg. 5 - jails, institutions & death
Alcoholics Anonymous 4th ed.

A.A. World service inc.

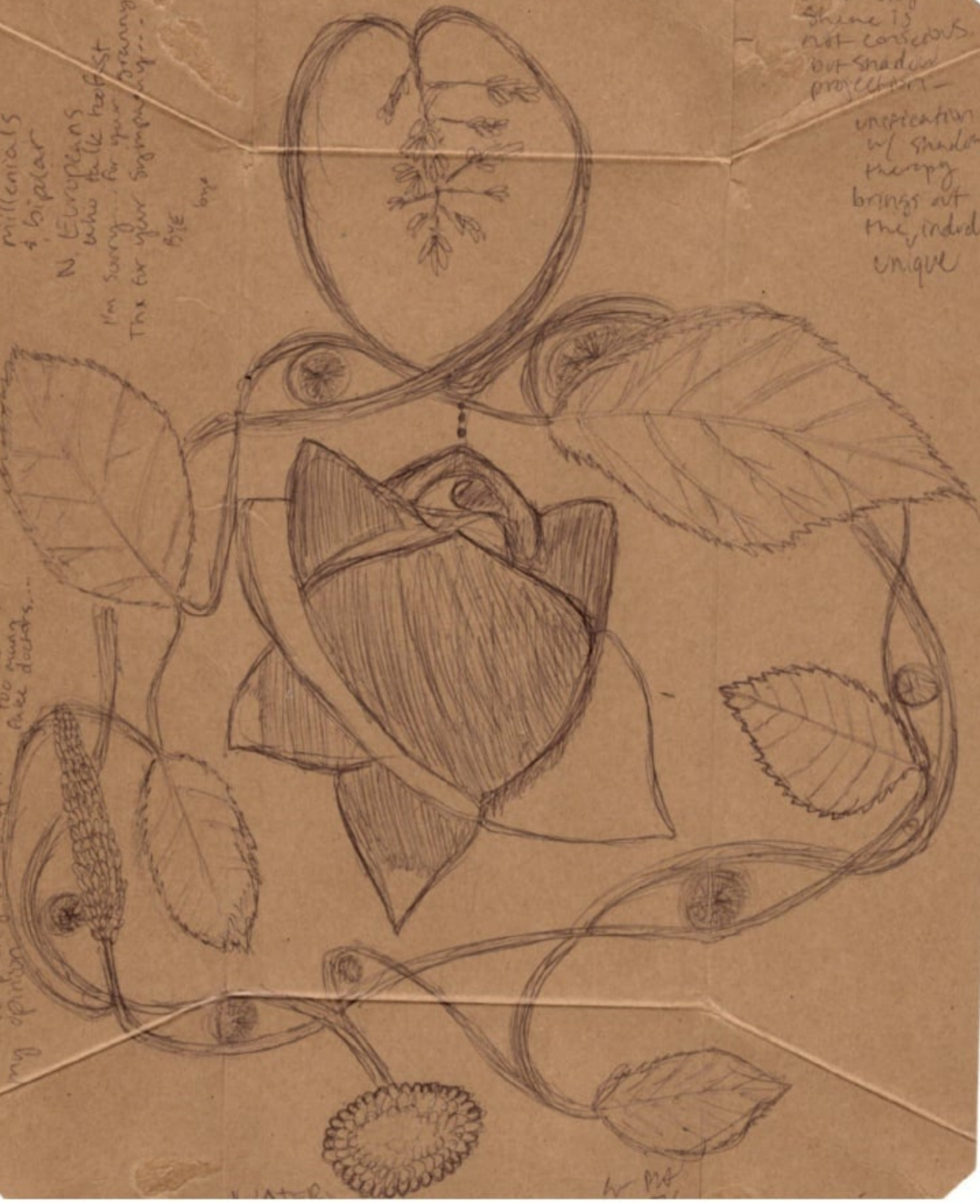
281 - 'everything as cause of
unhappiness except...'

That's what a millennial would do
 subconscious thanking female off, or conscious
 in response to "print-off Google"
 i say wiki - who gives more
 sources than open

let's say
 shame is
 not conscious
 but shadow
 projection -
 unification
 w/ shadow
 therapy
 brings out
 the, indeed
 unique

Dr. Sobotta recommends Lithium for
 millenials
 & bipolar
 N. Europeans
 who talk hottest
 I'm sorry... for your teenagers...
 Thx for your sympathy...
 bye bye

will give people drugs and
 making them stupid & the
 world is pretty fucked up in
 my opinion
 too many
 free doctors...



The mother of bear punning affair, A son who trusts fathers/brothers a son abused. The greatest upon, blind trust fast, just later adventure, red play. The green reaper, meets with 3, mending together they give lost souls of fallen fathers. Children who ever might be to get the attention they deserve. To serve they will all mowed all night.

The Carib sleeping from "That bush smell like butt?" "Fucker with children a question Native to trust."

The Train man leads an army mind controlling the women - marriage, a thing of the past; indigenous wisdom lasts - mistrusting the men a plan of their own? To capture Pulse Forest spirits & to prolong a broken throne, w/ fear love stronger than water. The bear travels back home, riding on the wind & reads an old story, made to the bone, buried his body

to charge up the spring, drinking his own blood, the later now sees in fear. Through the rain, he finds protecting the future, the future.



7/22-23 dreams

-headed to Elom in Special RV stop short to ride horses, lost tail sign, bareback @ like 40-50 mph down a hill, slight into another horse area, where a black stallion

trickster mexicans, of which leg 2 is apart, finally they give the Regt back & we leave.

The Peace symbol, w/ at a ring 2 broken fingers, a broken heart. At post we could not escape, contained beyond our awareness. New post, New land, Public Trust & security. A flood, a fire, a video, layers, layers. A protected people. A crystal ball allows you to see through the mirror, a UFO once protector now under boring control. Sleepiness and hunger. man fingers his breath, singing heart w/ others

house down ground, mistake for Kenna's panels. to leave a bus

Shock therapy: Mory's Place, lying til sunrise

primary stress, fear & hypodilation. energy from the sun. The 4 alchemists
polluted water supply. Native Americans gave Tobacco to the Europeans. The 4

valley of death giving diversity. person is medicine in moderation. David Ecclestone

put a new suit of clean linen to dry over flame left, in wetted the oar / ^{the} _{line}



23



STO
BE A
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Jewel, enzo, abner
Rose, Speckle/spector,
Iris,

The antique shop, the new ring,
Julian USA, Martha Day,
Queen of hearts, tobacco candle
Forest protector, All waves. killed
in one.

The last
plane, ghosts
of past, KKK
brotherhood,
Quantum through
whole perspective
Sasha. T. H. C.

STORIES

- BEAR MAN
(∞ double-train)
• vampire / weewu
bugs dead budg,
water / forest nymph
Prowled by tree mid

LION MAN
red string of fate
sorceress; control
fading past

Starting a fire
rescues 21 FOR
mother from you
fallen illuminant of
pillbox round
as he
prepare them
sacrifice

The Fallen boy a
Fallen Father
meets an evil boy
The like man meet
this Lutheran spirit
and adventures up
him

The Native American
Dead Indian road
Temporary off

place where you
meet. Pulling the
heart string
pulling the
throat

organ harvesting "for Family"
acceptance of the shell / earth
father in law / the Godfather
Trump 67 army, "motel" and
foreign sleeplessness to have

place where
met. pulling the
rope string
through the



2/23

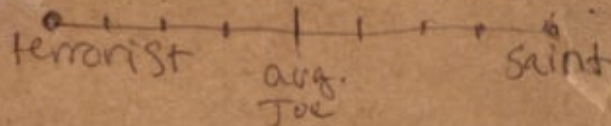
Creating authentic
creative unique
individuals
who will
live to
serve others
not

Alternative
outlets for
excess energy/
blockage /
maladaptive
emotions

- Exercise
- Nutrition
- Social acceptance
- Hydration
- breath

• How to
deal w/ 'Lying'
Understanding
Truth, Logic,
& reason by
setting an
example but
remaining open
to (Y)our own
improvement
(most adults
have not
yet grasped
logic, thus
the current
state of

Undoing the false
belief that humans
are inherently evil
child potential



Playing the attention
game w/ their father (i.e.
(The realm of belonging)
'Daddy problems'
Self identification & self to
world relation.
Show vs Tell - learning
how to Listen / empathize /
give your time & breath
to Family. Especially
during the formative
years.

Agnosticism is not Atheism
You can claim to know
god exists but you can't
claim to know all that
god is. Otherwise, how or
why would you continue
the conversation. (Life as)

There is no such
thing as a True Belief
differentiating Truths from
beliefs w/ the scientific

A theme in the
male dominating
Bible culture
our culture
System Legal
must apply
into sinners
beliefs
Global
Culture
Society
Education

mother, but typical
mother is relentless
caregiver while
father expresses
less 'gotch ya'
& game playing

moderating
Shaming &
negative rein-
forcement.

Teaching &
learning
Families that
Evolve past
rigid & limiting
trends in our
polluted culture
to advance
human conscience
empathy, world-
peace, cocreate

heaven on
earth
Farm Style
A continuous
conversation
not overpowered
or offended
Just to

KNOW THYSELF

To ~~not~~ not speak of others or
move agile - identifying a few
response... slow, breathe, stay
in heart.

ARENT & BACK within late night 7/10, planned
as gift to Jacob (7 kids) - paralleling internal convo w/
my own father & parallel to Jacob's Israel convo.

Disobedience as a result
of not receiving enough of
the required attention / time
(humans developed for
millions of years w/ their
families & now institutions
steal them & their spirits
away)

To first heal the self
then to heal the family
to heal the community
& the world.

But to first confront,
and come to terms w/
family disagreements
in order to unravel
your own inherent / inherited
'father trends' and
sub/conscious Bias.

(? mother)
(but typically
father)
✓

Due to obvious
natural connections
w/ mom breast,
cousin,
etc

Dad - protector, provider,
life teacher / best friend.

(So don't have
kids if you
don't have time,
or I guess;
Family isn't
what you value
@ this time.
How to make
Family the top
priority
(It already was
when you were
born, but
depending on
your upbringing,
and parental
preferences
beyond your
control - you
may have
abandoned
Priority #1

FAMILY.
Shadows,
echoing
your family
in your
mind

underestimated, underpaid, hate their job, or just hate prisoners, or just horribly
led organized, lost but not least, corrupt & working for someone else.

The 1st dinner, I played & asked for help, I did not know how to proceed (lost
decided to first get some water as I made my way I saw my (lost
drawing of 'water holds you' instead of 'mother' a sure sign I am
safe to and can rely on water to sustain me. A slight hallucination
but the timing & hunger felt made it a sure sign, I was considering
Today Mike called me an Alien, told me of hearing crazy
voices, UFO's, & Astral travelling outside his body. Today I'm

in their world
they turned
themselves
into new
make for
me

way to the Dales & I remembered
Colton Fisher 2 years younger
on our way, speaking of the
allusions in the Bible, Mike thought
I doubted Jesus & the Father,
when I doubted the Bible he said
You can trust the King James
Version He did not want me to
question his faith for the Bible
and war of Good vs Evil was

he spoke of black magic & trying
to heal, women who tricked men into
killing, another w/ a bird nest & a
dead bird in her hair. Mike & I
sold lots of work & through using
believed he attained power, which
I don't doubt - the ringing in the
ears he explained as similar to
my condition. And on our ride
I was very goddlish in good spirit
next to Mike, making light of
the sexist, material, generally
unvaried sound of country songs.
Bumbox or bumbucks anyone seen
Bumbox saints? Nope, but when they
spoke of Movies (the 2 we met, Gabe
& tall bald white guy) I asked if they'd
see it here & Gabe explained that
why he gutted tat on his left ear,
which I was so curious to ask about.
His arm, free style tat - slightly
embarrassed I gave congrats - so
slander designs I was happy to
laugh - 'I'm gonna steal those tats'
I said, but those designs were
already in my head!

Red steer - Gabe
#20 is looking gross
up there green brown shit on wings the
a cup or a working sink.
houses of call, can I afford house
Riding w/ us. (Want let us know
if you can't see it)

the only thing
keeping him
Now as his own
breakmark
lands me
on Matthew
6

- do not worry about your life, what you will eat or what you will drink
- look @ the birds in the air, neither sow nor reap or gather in barns, & I
questioned the jail as opposed to the Forest, a place worse to fast -
For I see no birds, I was happy w/ Mike & figure in our new pen,
I said we should do bird study to help education read. He
claimed Apache origins & a greedy heart - I'm unsure to trust
but - Matt 7, 3 - wing look @ the speck in his eye but not thart

That's all
7/15 -
I think
I want
to go
to the
house

1/24 afternoon

Remembering Peter's nightmares of a false father who drugs my wife & my developing child. Remembering the love and events that I wished to spend the night in - near again

PO BE: A.P.T. 3 law, 100 pages professional expanding towards knowledge & up tech. its communication mediator in times of conflict.

1st - dreams, mad & half-filling (perry @ Thru), Pick back! esp a structure? no much driving home stop @ spot for beer & args to make sure I don't get too wild or upset, get who actually pressed @ way no trees to hurt me just satisfying dream up, but I guess in the end I was allowed to leave

mother of thousands, be fruitful and multiply to ~~adam~~ adam to abraham - multiply descendants exceedingly, not be counted for multitude (gen 16:10) exceedingly fruitful (gen 17:6) circumcision AFTER 8 days (gen 17:10)

2 descendants multi-as stars in heaven 26:4 (same as said to abraham) - to Isaac (same sister story as Hiram & profits from kings) Jacob vs Esau

4th day (more) Night Breaks Fast

I couldn't help but go crazy, fear overwhelmed me, the books in here: The Bible, The Broken window, The phantom, black Friday & into thin air (which seems ok - a story about cyber criminals reminds me of my few mekenna secret agent, being framed virtually bit by bit (broken w)) & seeing water holds you instead of mother, after reading the bible on trusting god.

A light that doesn't turn off & will hearing voices, CIA scheme to create drug runners & killers through subliminal light programming & sleep deprivation effects (argues) kill the officers lie to me, pretend to help, look @ me spitefully when

I sit in a room secured w/ blower, how could I not fear. On the 4th Night I eat, I lose faith & wish to the forest alone (in) safe, to see the birds

Too many lies to not be afraid. 2 ppl say they'll check for me my wife after same as the first days for babies & paper. Fasting is the best way to cover the

state but I'd rather have the forest or my to stay safe minded & also mastering while fasting that was the start of pop (perry)

with a salami in the house 5-10 min

At the time to be 'id' rather be a prisoner than a savior w/ out family, not trusting my freedom, I accept my position side to the stomach (more my mental disposition - so I drink the kool-aid & put my trust in those who don't trust. Earning two post now I can't eat & breathe, before the eating fantasies to have come back - go to Australia where the deactivation intact. Can't trust America or these domesticated countries, nothing for me here.

pop points & food that I can't move through me want release another desired to come out but nothing

Desire to alter consciousness = fear of death

↑
Heart feeding
3-4-3
↑
The rain is splashing through paddles in search of the source
Dipping into source
This idea must die
In the moment becoming present

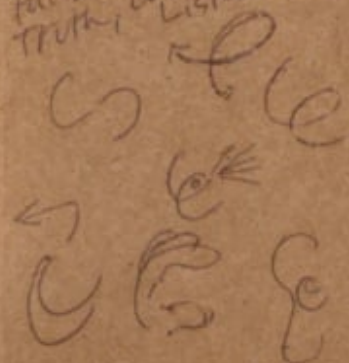
Scriptable Spectre
The Naked Sun - Asimov



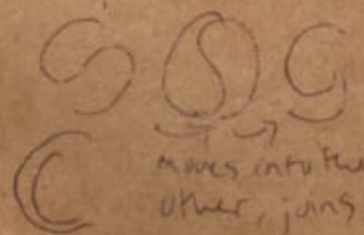
7/21

WILD STORIES
The best of
JOURNAL of
10 years of
great writing
2002, 2003

The river of Babylon
falls
truth, conversation
listening



updating, redefining
towards conscious
full awareness,
accountability,
wealth science.



moves into the
other, joins



copying
creative
attention

Seeks a poetic
truth in all words,
reflective of man
finds correct
disposition

July
2002
2003

Find it hard
to trust ppl
who don't
trust me
so very much

Bea ring - Providence becomes a real being - full heart no
judgement
Pulver's soul made from Taurus, created offspring of "trumpet song",
of the future plebeians, makes dual a "Smith's" melt an unbelieved
due to our origins in a class army raise from model (everything belongs
to me, for I provided, hope, domestic abuse, "overlooked" by the provider,
meets me, a plebeian attempting to uncover origins & restore my roots
diffusive motives (my film) - But both of us are dead or rather our
existence is the unfolding or multiple acts of (not caring about us) together
we bring the dead to life & first means on earth.

Keep your mouth
closed
Awake
in the
dark

Plung
down

All very well, best one we're in a shower platform - pretty one you even consens-
easily, suspicious of the location and her, inspect her eyes - they look normal
we exit the bathroom into a dark hotel room, 2 beds parallel, the one
to the left has a hairy fleabag man, on the right a darker girl -
reminds me of Moby's brother, approach the mother gleefully & he
shrinks/deflates w/ a goofy smile turning into his normal self.
Lol = Mrs. we are you part vampire, you never sleep (mate to officer
as I'm reading The Godfather & the art of reading in the Rain -

2nd dream home
living room (ask
them how they
get their dad's small
cup) explain
my parvulus
Nico's hugs
one for
the

(7/21-22/17)
 "In 15 mg man. case"
 Case man say, "bad up"
 Case man 11-21-10
 "Ente Edwards 10-25-16"
 "2 months 10 for 5-31-17"
 10/10/17
 10/10/17

- More Dreams (9/120-21) written for Sean Jimma
 ("like your left arm" rather widely. Unwashed parts me to
 turn around, from the door, he's sitting @ a table close
 to the entrance of a few bottles. And for today,
 I will give you the favorite, I say of grapes, eating
 a sleeping - my left arm is crossbody, badly, scored
 23. Washed with the hand. How long I left the
 no trial date yet at from you? I spread the stuff on
 right hand, pump it out handed, it, or my camp arm

1891-1892



7/23

THE OPEN
SYSTEM

Ever seen Madagascar? ^{where} animals ^{escape}
escape from the zoo?
"We're animals in a zoo!" - yeah
I love it

so maybe you want this
unessgale an open system!

This 2001 ^{CONT} ~~1st~~ ^{2nd} ~~Die~~ - Entropy = # quantum states for macroscopic
 variables such as Temperature, Volume & density. - pg. 37 more definition
 pg. 39 - T is temp. of dead - death brings system to lowest
 + closed system will eventually reach max entropy & thermal equilibrium
 Thermodynam #1: energy is conserved - 2nd ~~law~~ assumption?
 Laws vs assumptions, not (fast), cold (slow), & an inability to separate cause
 by the same temperature (pg. 41) (C & S @ some finite temp, taking more energy
 from surroundings to place. Beginning? end of TIMELESS, perpetual motion machines
 increasing order or disorder pg. 42 come to T. M. K. in chaos theory (emerging)

- OSU research vessel, 122 M grant
CT 7/14 largest
- Surf with 2 Trump wrestler ^{newbie} 7/4
→ seniors are going to first (again)
- OT Simpson said day in 120 g
- Defending the meadows 7/15
pipe saint → 3D printing 2, 99 clind
pump
- chunk ice size or manure? Oil
- The Dresden Files
recommended series - books.
- Saint Theory, hypothesis - contact
verifiable/altruistic 'saints'
learn their family model, closest
companions.
- Unions / trades / Smiths / Union
inst's

7/28

Epimure &
Kiosk not
working

New
Books

Angle of Repose

Stegner, life of
grandparents -
(get me extra here? making
problems) Strange Family

Botany of Desire

Marijuana & potatoes
gardening info.

King David's Spiceship

Coyote Blue

Cows, pigs, ~~was~~ 21

witnes
Indian god

Coyote forrester
Awakens story Teller

COYOTE
BLUE

SONAW I GOTTA GO GET
ALL THE PROOF & PUT
IT IN FRONT OF YOU

Specific
Notes on
Back

from plants perspective - Alex &
LS4 near the Powerlines, Blinded
Sweet Apple, Beauty-Tulip, control
intoxication - marijuana potato
knowledge of Death - The forbidden
plant
pg. 158 - cognitive dysfunction?
& 'we don't understand consciousness
scientifically'
meaningless.

In the process of taking medication
- because 'I cannot do this myself.'
'lose the need to gain other
people's acceptance - as I take
a drug for it instead...
How ironic, the distillation of
altruism & natural connection
by 'Quiches'
I'd prefer natural. Family based
therapy, but we'll see how this
goes. No I don't app

2nd BEAT
3rd BEAT
4th BEAT
5th BEAT
6th BEAT
7th BEAT
8th BEAT
9th BEAT
10th BEAT
11th BEAT
12th BEAT
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89th BEAT
90th BEAT
91st BEAT
92nd BEAT
93rd BEAT
94th BEAT
95th BEAT
96th BEAT
97th BEAT
98th BEAT
99th BEAT
100th BEAT

They want the 'old Spencer' back. The unobstructed
excused observer, or the playful child? No one
treated Spencer w/ respect, who just wanted to give.
Sure he talked too fast, was too trusting, could be
much what others thought. He's stronger, doesn't need
trust just a conversation. It's slow down. Just wait.

TO MOTHER

157 - Ma, Chinese characters
164 - Art & power of forgetting
3. emotion
3. forget, appetite, coordination
Pain manage, memory form

155

136 - A Sea of Green Garden
140 - Culture noted in values & traditions
141 - Problem-solving & chem. rewards
142 - moderation, coffee, coca, knot

132 - China Rose (E. chinensis) 133 5 main factors
H2O, Nites, light, CO2, & heat

114 - plants that do wish to be eaten
sweet is good bitter is bad
115 - locomotion & consciousness
synthesize remarkably complicated
molecules, ones act on brains of
animals, attract attention,
repel & destroy... Nicotine -
Caffeine - Datura
116 - flavonoids, photosensitizers,
wild parsnip - burn in sun, spont.
mutate, a sap that prevents
caterpillars from ever butterflying
animals experiment w/ toxins,
cattle a locoweed fatal, sheep
hallucinogenic lichen,
117 - goats discover coffee, pigeons
& cannabis seeds, puma & quinine
sick cats healthy bark of cinchona
tree, Jaguars - yaje vine
"jaguar eyes", Nepeta catarda,
'nepetalactone',
119 - Shamans return w/ knowledge
that underwrites whole religions
- The medieval Apothecary
garden - datura, opium poppies,
bella donna, hashish, fly-agarte,
skins of toads (PMT), hempseed-oil
morning glory (120)

120 - Papaver Somniferum
old Testament & Criminal code
(forbidden plants & knowledge)
grapes, hops, Saint Johns
wort, chamomile, valerian

42 - endurance, eye sight, strength, inhibitions, sex drive,
aggression, social, stress, sleep, awake, mixing, breeding
144 - souls of dead, unborn, afterlife, answers
145 - desire for beauty & sweetness - romanticism
147 - claviceps purpurea
153 - order thought, memory, movement, emotions, circulation
resistance, possible opposite

* Copy & return before sending *

Oregon
State
Bar

Oregon State Bar Complaint Form

Return completed form to:

Oregon State Bar
Client Assistance Office
PO Box 231935
Tigard, OR 97281-1935

or email to CAO@osbar.org

GENERAL INSTRUCTIONS

- Fill out this form to the best of your ability by printing or typing and return it in an envelope to:
Oregon State Bar, Client Assistance Office, P.O. Box 231935, Tigard, Oregon 97281-1935
Telephone: (503) 620-0222, Toll Free in Oregon: (800) 452-8260
- You can also complete your form online and send it via email: Simply access the pdf form at
www.osbar.org/_docs/discipline/ComplaintForm.pdf. You can complete the form online, print and/or
save a copy for your record and email the completed form to CAO@osbar.org.
- Read information on the OSB Client Assistance Office, available here: www.osbar.org/cao
Valuable time can be saved if you understand how the bar functions.
- No particular form is required. This form is provided for your convenience.
- Do not use highlighters on this form. Do not write on the back of any pages. - Sorry (take pic instead of scan)
- Please note that all materials received by the bar are considered public record. A copy of your
complaint will be provided to the attorney and a copy retained by the bar in accordance with current
OSB records retention policy. Retained records are available for public inspection through the OSB

Name and Address of COMPLAINANT

Today's Date: Aug. 6th, 2017 (8/6/2017)
Name: Mr. ☒ Ms. ☐ Spencer Joseph Barrett
Address: PO Box 788, Corvallis OR 97339 &/or 3833 NW Boxwood Drive
City/State/Zip: Corvallis/Oregon/97330
Primary Telephone: 602-296-9376 Secondary Telephone: 760 541-760-2183

Name and Address of ATTORNEY

Name: Mr. ☒ Ms. ☐ David Corleu
Address:
City/State/Zip: Corvallis/Oregon/97330
Primary Telephone: 602-296-9376 Secondary Telephone: 541-760-2183

WHAT IS YOUR COMPLAINT?

Please be as specific yet concise as possible and remember to specify **what** your complaint is, **when** it happened, **where** the incident occurred, **why** you went to the attorney and any other factors you can think of which are relevant to your complaint. Use additional sheets of paper if you wish and attach them to this form.

(1) Civil Rights have been denied to me (2) I have been subject to abuse
(3) I have been harassed (4) I have been denied privileges specified
in the 'Benton County Jail Inmate Handbook'

• Denied Medical Services • Denied professional/attorney assistance /
communication • Subject to 605 hrs Solitary Confinement

used to and ignored - witnessed abuse of crippled elderly
pregnant woman, among others who were denied basic services
- On multiple occasions

background: I was a city Commissions Minutes Recorder
and Transcriber, more info can be found on my personal
website www.spencerjbarrett.com, I was falsely charged
by the State and have more than enough Documentary
evidence to support my case but I am being denied
basic services / Rights / held captive and treated as
'Guilty until proven innocent' Not the other way around

based on Oregon's History, Revised Statutes, Racism / Sexism
and implicit Bias currently allowed in our "Justice"
System and what I have witnessed w/ my own person.

STATUTES TO CONSIDER; captions, revisions, affected / original cases
O.R.S. §

132.440
132.540
132.090
132.310
132.370
132.540
427.005
132.380
135.670-690
132.320
132.390
132.220
132.210
132.550

L.O.L. § 1439

132.350
410.25
132.510

STATE V. JUSTUS, 1883, 11

Or. 178, 8P, 50 Am. Rep. 470

Under statute which provides
that "no person other than the
district attorney can be allowed to be present...

Improper, although authorized... for a [']stranger[']
to be present... [']aiding['] in examination...

without any suggestion of injustice or unfairness
to the prisoner... (How would the public know w/out

a record???) (132.090 - record only upon motion
of DA)

evently against recordings / corrupt /
unjust & Libel / Slander / Perjury HEARSAY
goes unrecorded at the expense of the Public

LRA - LEGAL RESEARCH ASSOCIATES

received
7/31

County/Facility: Benton, 7/26/17, Inmate Request 0159
RE: Physical Access to legal books, RE: COPIES OF FORMS,
Oregon State Bar Complaint Form

1. Indictments & Accusatory Instruments (OREGON)
West's Oregon Revised Statutes Annotated
Title 14. Procedure in Criminal Matters Generally
Ch. 132. Grand Jury, Indictments & other Accusatory Instruments (Refs & Annos)
Organization of Grand Jury (Refs & Annos)
ORS 132.010 "Grand Jury" defined pg. 1 of 129
 2. Defenses & Justifications, Criminal (OREGON)
Title 16. Crimes & Punishments
Ch. 161. General Provisions (Refs & Annos)
Justification
ORS 161.190 Justification pg. 1 of 70
 3. Evidence, Criminal (OREGON)
Title 14.
Ch. 136. Criminal Trials
Evidence (Refs & Annos)
ORS 136.445 136.415 - formerly OR ST 136.520.
136.415 Presumption & Burden of Proof
pg. 1 of 199
- Grand Jury = 7 ppl meeting qualifications (10.030) sworn to crimes in their County
more than 24 jurors selected (US v Mitchell, 1905) • 'good cause' at least 5 of 7
req's of jurors for Fed = highest Court of State (17.130 - qualifications) ^{not required} on assess roll
first term 200-600 grand & trial jurors names, but a GJ can still qual if not on it
Taxing GJ's (state vs Carlson) & absence on business not excused & 10 days before 7/31 ^{Ch 69}

§ • inherent bias, name's, face (go online but make crim. anonymous) to seek help not punishment most fairly
 full disclosure of family ~~but~~ model / env. raised in (still protecting ID's for mental/phys heal)

P = Petit G = Grand
 J = Jury Jg = Judge

- Not required for GJs to be drawn @ the same time • Petit Jury panel can be 2 lots or ¹⁹⁸³ made from petit J panel
- Attendance not physical but means summoned & under court supervision • Final GJ from PJ
- Guarantee no bias GJ in Oregon "attendance" • St v Gortmaker '82 (indic. against DA) •
- Powers & Duties - multi GJ investigation • Special Grand Jury (St v. Elks, '74)
- Re submission after limited GJ • Appointment of Foreman • Juror Oath (Secrecy pg. 7 'god says, online' (pains & penalties of perjury) perjure (LIAR) • GJ appoints clerk (minutes recorder) but w/out votes • Testimony of Clerk • 132.090, no ppl other than DA, witness under examine shall be present (exceptions: judge appointed reporter, guardians for <12 years old / Intellectual Disability, guard, medical, or interpreter) • No one present to GJ votes • Intellectual Disability 427.005 (docu. evidence) or affidavit from teacher, therapist, physician • recordings only by DA? pg. 13 Woodell v Wallace 88, 89 • part. of prosec. attorney & Biased Attorneys • Presence of Accused or Counsel • Presence & use of Stenographer no const. req. that GJ proceedings be recorded pg. 14 (Johnson v Roth '76) • Presence or part. of unauth. ppl • Defendant has right to be recorded / reported (must ask) • Discov. particular need / prod. record • Jg can continue GJ beyond term 'competence' & perm citizens
- Libel & slander State v. Putnam • Pur & Duty of GJ, cannot be a GJ invest, until every clue & all witnesses are examined pg. 15, proble Cause & protect citizens, only crimes not violat held to answer present, 1
- (St. v. Oregon Elks, '74) 2nd GJ allowed to perf. same invest, may indict whether or not present, 1
- No evidence except from DA, professional aff., witness aff. (if unable to attend), peace officer aff., TV witness, court employee aff., peace officer test / aff.; (St v. Dike '88) Improper Inquiry 'sex pref?' pg. 26 • Hear say Evidence / prej / bias GJ allowed... • State retains auth. to see further indict. • Malicious Prosecution (Gumm v Heider) • Contempt (ref. to answer spec. question)
- Only GJ can demand witness to test. • DA duty 'attend upon & advise GJ when nec.' • Cannot compel witnesses to test • Witness can explain reason for not test & GJ may not press further
- DA in GJ (St. v. Brumfield, '22) • GJ duty to explain cause to other GJ • GJ can't be indicted unless sworn / witness (if they are, then not allowed to vote or be present for vote • GJ personal know is not req. new GJ • ORS 132.870 GJ can only indict or present facts w/ 5 • Indictment as no prelim, co
- True Bill • prelim here not nec. for indict. • Succ. Ind. for same off. • Magistrate = Jg • 4
- Indictment; Accusation must be Proved before considered Guilty (St. v. Walling '69)
- Formal req. • 1315 Hills Code ORS 135.520
- ORS 132.440 - COND. & MANAG. OF CORRECT. FACILITIES pg. 45
- 132.540 - to enable person of common under. to know what is intended

after
defense/
indictment
re: 'write ups'

8/4

in order seen during ^{steps} 500-1000

Lion
Wolf
Bear
Lamb
Pig



it's kinda STRANGE

thankyou Jessica

really I'm unsure what possessed me / them and as I begin analyze and understand the effect of the people I'm surrounded by, sleep deprivation is definately #1, but the guards and this 'game' they enjoy playing. I don't think it was really ever up to me, as I pray the answers come and this is none of what 'I' 'Speaker' desire. to father sky & mother earth my prayers immediately answered and I just wish / work for / remember the strength I have w/ myself to escape my / their mental 'traps'. of course it is not easy - but I see myself as valiant and courageous to not give in to the fear perpetuated

by these 'officers'. Except for a short time

North deer bones

East Air wind

South Coyote howl

West Water salmon blood

1702018

work

were fire

when

I'm

in

the

heav

acting

different

(10)

84 MID WIFIN

Real people took in eyes is
I can't believe I made it w/out peeing!
3 types of vampires and those who don't eat meat
but... crawling raw bloody meat & I'm put in a trip
apparently, baby in Jail, bloody too - RAMSEY!

FT00F

FGTS

UPLS

GM

SB

PMCC

CP

Organiz.

BANK

US

ISS

GEORGE

ST

ESSENTIAL ASATRU - Diana L. Paxson

news sinew

LANDO Bel this is Mcrae
it was nice to meet you

Humble K Lamar

.. I know you might've been trying to line up or something!

NO

GAME BOI

SHAME BOI

SHIT BOI

PISS BOI

I just want let you know you're on 24-hr Lock Down

DO YOU REALIZE THIS IS A MENTAL HEALTH CASE? I HAVE

CLAUSTROPHOBIA & FREAKOUT EVERYNIGHT

DON'T YELL @ ME I'm sorry I I'm not Judging you (Lie)

OK I get it 24-hr lock, just leave - I don't know anything

about your case 'I said I was Sorry I said I'd clean it

up' OK I'm not Judging you, you on medication? 'I do

Breath Meditation' you need to talk to Mental Health

'yes please, thank you' and today there was a speak of

decency... previously... That's embarrassing YEAH YOUR

'DONT SHAME ME I SAID I WAS SORRY AND WOULD CLEAN IT

UP ALREADY' DONT TALK BACK, THAT'S EMBARRASSING

- friend deputy supportive services - SIT DOWN! CAUTY

CHECK! fuckers... pre-previously... BARRETT what are

you doing? IM SORRY I HAVE TO FUCKING PEE, I'LL CLEAN

IT UP... no response, hardly any residue - mostly flew out bottom

door crack... pregnant lady w/ no toilet, give me

meat, give my food to someone else, Talk about how

big burgers are now a days, give me my food, magic

man news @ broken door, hurry to eat for pregnant

In prison
most his life
for protecting
church, queer
Native, &
Sign on foot.

Scared
Patrolling
the women
(Put up
w/ helmet)

Lies
heard
him talking
to Judge
about
it...

I'd like
them more
food
measured &
blue blue bullshit

doesn't ^{look} ^{at} ^{me} ^{quite} ^{hand} ^{off}.

1 No Spoon, no cup, - savages; no bread, no cookies, various 'stunt' - these dudes are more mental/violent than me. PS. A '24 hr' lockdown @ 5pm is a '36 hr' lockdown ~ 36.5 if I get dragged @ 7:30^{am} 2 days from now.

- Came one back after 3 days of no sleep, in the light room and here
- Not how you do it
- Altered in anyway is too vague - you can get me for anything
- Next to Shiteer, no yeast
- Unauthorized surplus; everyone is storing up Kool-aid trading, moving

• hygiene - don't provide me w/ toothbrush second time

→ cont. on BC handbook & slips w/in
jessica convo - 'I just trust ppl too easily', 'me too' (talking bunch threats @ Albrecht)

'yeah was hearing thoughts like crazy', 'me too'
no eat meat neo/Ancient Vampire - bit me & sucked out demons last night
yeah I just get sad when I hear superficial shit like 'Oh your gay' just
like 'cause I'm hippy, happy talkative - 'Oh, no I wasn't thinking that'
Kinda remind me of ~~my~~ brother 5 yrs furgery/check
mind if I ask about complex? 'bro is gay, 2 fathers, second was
pretty cool - not much about mom'

Bale Vampires... Nazis? Skinhead/walkers
riding up here I'm like everyone's on meth but me - ^{course} ^{you} ^{don't} ^{need} ^{that} ^{much}, I'd be fuckin' Aust! :)

Wow, just when I thought my Fantasies were 'coming to end'
nope not here, w/ Light on, sleep dep, I'm going crazy. Oh yeah
McCray is Huik, my magazine dude, third eye opener, sensim, ^{sun gaze} ^{ova} ^{support} ^{eat} ^{skins}
vibration & Greg's, 60mi + Mem = 1000? :), everything, moderation

Jessica said she was Reading the Read Draculas Drames/
letters.. gotta find out about this dude - sense deprivation / Egyptian

8/1

SHE DOESNT KNOW ME she's not awake
'you said you ate meat' ☹ someone else is influencing her
she's drugged, she's NOT HERE/HEAR. WHAT HAVE
I DONE TO MAKE MY FAMILY NOT BELIEVE IN ME -
MY OWN WIFE GOES TO THEM ? I DONT TRUST THEM -
~~but~~ and she's been w/ me for 2 years everyday STONED
OUT OF HER MIND OBVIOUSLY FUCK THIS
YOU DONT KNOW ME, get the fuck away
w/ THAT BULLSHIT LOVE. WHAT ARE YOU ON?

DADDIES DRUGS. The false fucker corporate
death entity destroying my dreams, my family,
FUCK THIS. FUCK ALL OF YOU - I DONT NEED THIS
FAMILY - YOU'RE DEAD TO ME, THE LAW IS MORE
FUCKING FAIR THAN YOUR BULLSHIT FUCK
I CANT FUCKING BREATHE, YOU
STOLE MY BREATH, GIVE IT BACK.
I WANT TO SHARE w/ SOMEONE WHO CAN
CARE. → 8.5

EVEN IF IT HURTS
BEAR, ENDURE, TRUST
WE'LL

(8)

Talking to my baby through glass
the wall 7/31

'Don't dunk the Kool-Aid' aw-shit, i'm fucking blonde.
'like I said wrap it up' *11 min. past phone call ^{how long? 'even ask? they like to play these games!'} ^{the}
Oh shit, wrap it up, gotta put a condom
on or something ;)
gotta be a model citizen



Shhh - GO TO SLEEP OR ELSE!

theory on children losing wakeful/creative
spirit in response to shaming by guardians
and taking on the Shhh's persona/
control ego ~ slowly overtime

Shh / Shame / Sleep / No / Silence
the power over struggle impressed
and a shadow dominator rules over
fear/defense / numbing the wakeful
and sensitive / the beginning of
mind control by threatening...

→ Sourced from thoughts on headaches
as a result of sleep depr - and the
benefit of sleep in auto regulating
the breath

But you can regulate breath / avoid
headache & move blood on water /
oxygen through your body to
avoid constrictions (Vagus & Sleep)
regaining control / benefits of manual
over auto pilot & Vice Versa.

8/1

Captain - lead
 Captivate - charm, ingratiate, attract

affirm (fat asshole needs to tell a man)
 "Tell ~~me~~ squeaky boots to stop shining his flashlight in my fucking eyes - and to grease his boots, for god's sake."
 * almost slept in past dawn today...

you still here? what're you a mass murderer? I mean I killed 10 guys but I could never find two bodies, so it's pre-emptive (g) huh, new pp got scored...

first thing you learn is how to be an asshole! * high broken, no number, trying to get hygiene supplies - 3 officers come not listening to his concerns, grab him by the cums, throw his wallet and drag him as he tries to hold on to them, hear yelling and taking - unnecessary force - depriving us of basic needs. So stuff these officers - real necessary - Assholes / eyes open - Kevin saw, looked fucking scared. "they didn't need to do that"

these officers, they're the fucking SKIN WALKER
 Back of Progett's II now the same

Care: a cause of worry, cautious attentiveness, regard
 Charge, custody, supervision, trust / function of watching, guarding, overseeing, Anxiety, thoroughness
 Treatment
 Care - to have an objection, mind, object

Careless - lacking or marked by lack of care, thoughtless, unconcerned, unmindful, indifferent to correctness, accuracy, or neatness (messy, sloppy, untidy)

Carry - to move while supporting
 Bear, have, pack, possess - to have a load, a burden, a man in hand

7

frantic francis family Archive

frantic?
will this say she never thought she'd die...

modern day Walkabout - Easter eggs filled
with money
or candy...

how bout a jail cell, I grew more chest hair
in 2 weeks than my whole life... and
my 'happy trail' is filling in...

nah... picture Easter hunt walkabout -
led into the wilderness so eggs are mushroom
and under constant supervision (but
w/out their knowledge) + beautiful
memories and words in easter eggs
as well ^{of love}

but what if they fall down the
rabbit hole...

what rabbit hole? The walkabout is
to escape it.

But what if they are not....

not what? We are forcing them to
look at their nightmares head on -
under full supervision

reminds me of that one movie/trilogy...

the bench
where grumpy
sits

the malcarch
old loves
attach

witches
house

2 roundtops is your sign
... or 2 bloodrops ^{delirious}
a curse

CAN I HAVE SOME
WATER?
flame protects
protect food

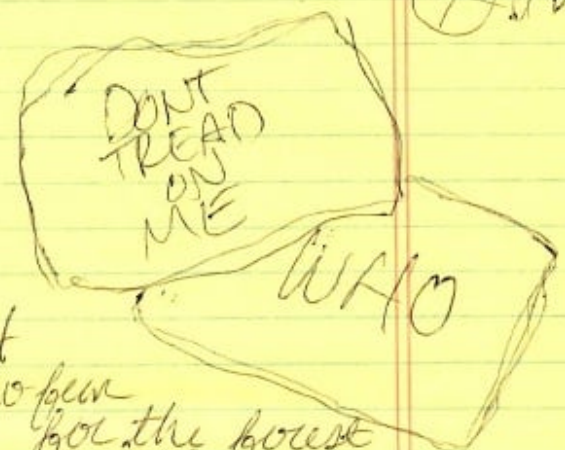
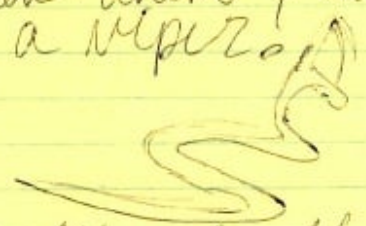
early morning choir
impresses
pops



* B

monstrous torsion
puffing water

you know too much!
loud love * ahem * morning impatience
a niper?



walking in the forest @ night

* night vision * giggles? yes plz no fear
for the forest spirits

Andreas & Mayana OK children?

you know why Natives smoke tobacco?
yeah

phoenix & the game of the Alchemists
to teach each other / to save the world
kindred spirits

what makes you angry Dave Corden gauging my wider levels
speaking of me getting a bit loud and
defensive @ mike when he said
you gotta get a grip - ugo man - I forgot to mention this part
YOU GOTTA GET A GRIP, you're the
one who said I was an alien and
talked about your actual travels on...

©

¿ → ? = √ or X

his BE health - question after questioning
 showed her my leg tattoo & similarity to
 her tattoo a wolf howling @ the moon -
 my family / the inherent protection messenger of
 love & tie of life - then working up to the
 fact that my fam didn't trust / care & witness by
 marriage attendance & then she asked
 "when did you get married" - so the question
 after questioning is a tactic my dad used -
 but in using he also didn't listen.
 and ofcourse this is how a therapist guards
 themselves to also help. but the real help
 can only come from real friends, real
 mothers who care w/out a need to trust,
 gardeners, caretakers, Lovers (true lovers)
 Oh yeah told her about the bleach water
 and guards drinking from a separate
 water supply.

and I'm pretty sure Dennis Becker got priority
 over me to Good Sam

① why are you allowed to lie and further abuse
 trust

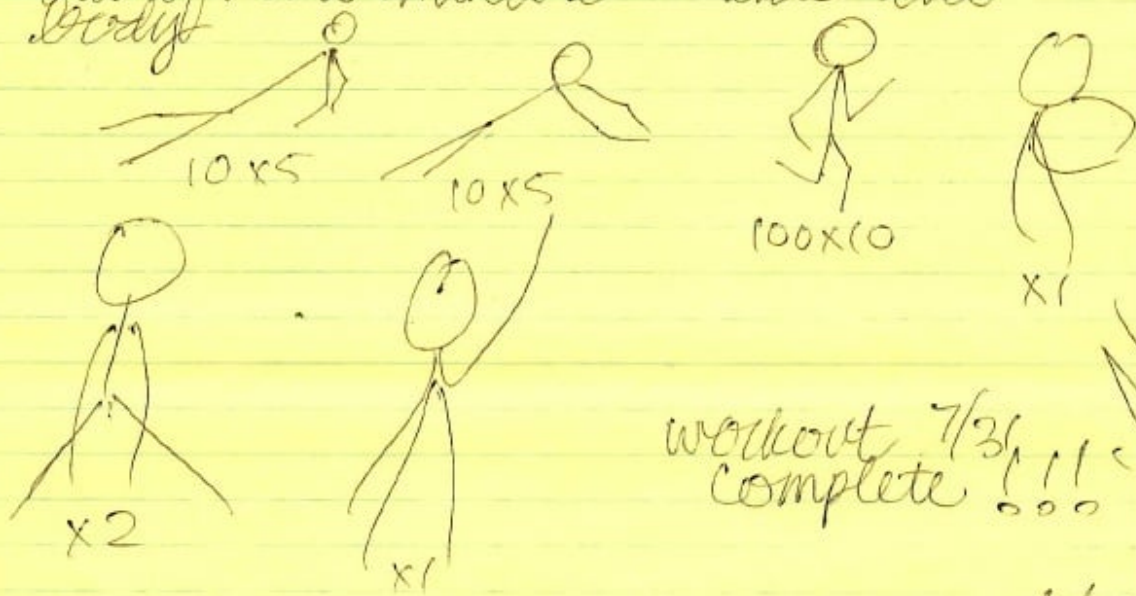
② Pangea is more priority than savior
 (I guess if they don't want responsibility
 for suicide) still their actions fully
 cultivate suicidal thoughts (pro-death solving
 suicide)

"first we'll condemn you then we'll
 take you away from all you love
 and put you in a box up no
 escape - no contact, no way out
 of your mind (like coming to the door)

WILL SHITTERS

Can't ~~Don't~~ ~~SOS~~ Save yourself

that gonna let that happen
out of the mind back into the
body



workout 7/31
complete !!!

Naked
in
love

Running Naked in a tiny room
gets hot fast - now I understand
the loen (clothe penis flop too much)

I have my
body but
it usual
shrive

OMG! he's naked!
I'm not guilty!

playing w/ yourself :)
(friendly voices).
adam & eve
return to the
garden.

* grounding program for prisoners
by dr 55 ~~Bailett~~
Strange (material man
lineage)

(5)

Confessing The Value of Trust

I do not want to live a life of mistrust to me, that defeats the purpose of a human / mammalian life.

but I find myself sympathizing w/ those who do not trust / who have lost trust in their family and in themselves. And I acknowledge given the current state of the world of terror that mistrust is a valuable defense.

but what of those who beyond all trauma cannot help but trust - to continually lay down for the others who know better to trample over.

why is it so utterly important to know truth / to not lie? That is the only 'defense' assurance for those altruistic few who have maintained a pathological love and trust in humanities greater purpose. for which people have and continue to die for. Our greatest stories our greatest heroes, virtue, family, love of life.

origin and all solutions on back.

my/our collective purpose.

Restoring The Public Trust

these thoughts stem from a mistrust in
Mikenna which stems from a passage
in Asimov's 'The Naked Sun' - the woman
who loved him so much that she never came
into his presence (back cover) while bookmarked
on page 111 - 'how could mikenna be so happy
after a day when I was so 'inspitive' and
hide - and my dream from last night - I
go dancing while she lay asleep / studying
and I think of her feeling 'trapped'
like this solarians wife pg 100 "is that
all you're interested in, to ask my questions,
to trap me?" - and her interest in looking
pretty impressing upon the tempting superficial
traits of the earth man - as notably
observed by Danel.

my own struggles w/ mistrust beginning w/
my first real drinking over a girl who kept
me around, but spent no real affectionate time
w/ me in public (school) selena and then ariel.

all in all I believe I need a confession
from my father and mikenna - if not
I must follow up w/ the evidence I
have and witness for myself - The Truth
so that I can move on and begin
trusting - and then I fear, I may
never again.

• phone records • filing w/ DA after
family
investi-
gation

alternative solution - record everything

no punishments for crimes - only family practice
holistic health positive reinforcement etc

my families dead - father with raping sisters

why you
and get a pen
pen get

back 9 forth brothers. lots of energy
(5) excitement, army to save world

4

1/2 or dope meth chop drugs

fucking stab those motherfuckers
doesn't believe in guns

weakest shit Love
my families dead

you gotta get up out there and save the world - it aint about

killing 1100 goats in the state of oregon

everybody says they love animals...

The dark side

im dark jesus - you think he didnt love his
son - how what they'd do! - even I understand
the gun issue

as long as you not put
there trying to save the
world then you're a prisoner

you let that water sit taste like fucking bleach

why should I let them leave if they just gonna
go rape someone

and if they got a gun - power over me

then why should I let them leave -
gonna go kill some animals or shit

man you're scaring me - I don't eat meat
do you?! *leffzled* I leave

(came up Sunday fast out of gear) need to be

Dennis Becker

541 368 1609



I'm a fuckin fighter
im gonna save
the world

I'm gonna fuckin
stab them
thru the

Trump
says
im

gonna
do the
exact

the
opposite

remember watching
guards cut water
available during
jugs meeting
at the



faucet scared up me like I'm scared of Dennis

for witchcraft
the notes I wrote in
cows, pigs, wasps, witches

for being so enthusiastic
about killing rapist meth
heads & then suddenly -
people w/ guns

he stopped coming out
of his cell - books well
moved - he lied about it
being because he handed
Kevin a bible in the
hall (no he didn't he "knocked"
me and said good luck & expecting
that was the day I was to
leave.

Oh yeah - I probably scared
him & Dennis for that matter
w/ the same - if I can run
32 miles without meth I imagine
what I could do w/ it -
not that I'd need to cause
love is stronger.

"Yeah I believe love is
strongest" he said
same day he also put
me in a trip about
a CS Lewis book
of taking & waiting
for a bus driven
by a dude in purple
to heaven

I said "oh shit now, you're dreaming
we gonna get out."

he wanted to
'smash' my ray,
rei!

7/29-30
dream analysis
was watching
stein & meth
head of some
girls
maybe
a bear really
did come after
my parents
R.D. haha -
that would
be priceless!!
besides magically
meaningful.

have you fled?
sage nightingale
pulls do love only
lies with the
only

yes, two
days ago

Tha p

The Greatest Love Story Ever Told

is learning self reliance a 'superpower'

behind
closed
doors...

what's
wrong
w/ your
family

why
didn't
they
trust
you when
you were
younger

tell
me
more
about
when
you stayed
up for
2 days

inherently
insecure

'Ballshitters'
Zoe's
Pamela
Wendy

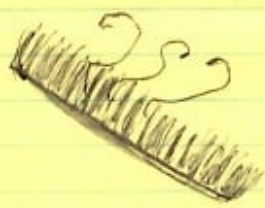
her words around... a...
twisting in...

under the mistletoe a promise was made
a boy seeking truth believed in a father
asleep to past loves, never again would he
make the same mistake.
but he had just entered the Prankster Snake
a. love on his hand, and a heart on his sleeve
he knew he could love anyone atleast he believed
a quarter for truth meets his greatest match
one who never leaves but lies to snatch
a tale of self reliance for he always thought
he relied on other humans to keep him afloat.
The value of family trusting a father who
lies, once he discovered the truth no longer
could he shield his eyes.
still sleeping and speaking too much some
just can't listen for they've lost their trust
an example of self reliance no longer in denial
constant eye watch conversation dance.
now to enter however a state of panic, alert to
media havoc, this is how heroes are made.
naturally we want and feel we should trust
as humans with families to care for and
families that we come from.
Naive to the painful reality he never wanted
to accept. little did he know this would
be his catalyst ~ now only to remember
to keep alert and to breathe to not keep
the silence and guard the heart on the
sleeve - from forgetting and regretting and
to surrender w/out judgement or
hesitation - for it only hurts himself.

* * * I can't see!
let me see!
shh!
you're fine,
shut up!

7/29 The story 'passage into light' I like to imagine myself as main character Andrii and take his lessons to heart. Several references to him being like a bear are made. one thing it mentions him w/ 3 mothers and I sit thinking of my 'self suffocation' while I was younger, and everyone else was more concerned w/ sleep. I would grasp and claw @ a way out of my tent. I wish I had someone who could've just laid and stayed @ the stars w/ me and comforted me w/ their presence. Instead I was shamed and silenced. But the breathtaking claustrophobia of being trapped and alone in the dark w/ sleeping bodies was is the worst hell imaginable.

and now I can relate w/ the 'Wraith' next door. how interesting I find it to be that only red/orange/copper braids hang some out when I brush my braids - so much so that I save them. It is now a fun 'prank' habit to pass the time - sick and destroy these infiltrators!!! ;)



'USER FEE' (cc take notes :))

'Isd and mind control ~ suspicious
against father'

discovery timing ~ WWII media-propaganda
the creation of the
upper class



2
To make
to mother
to earth
to be

7/29 & a wraith scrambles through the night
passage into the light
meaning of life

fruitful
beautiful
protection
security
heat
Necessity
w/ comfort

To life and death I bow
beyond my control I must make this vow
my fear my love is that you could never know
I cherish your presence like first snow
That night we walked, I had no idea
my heart would be broken by the very idea
that someday may come when I couldn't feel your touch
your warmth, your kiss, your constant presence bliss
you are everything to me, desire, fire
my woman

no
me's
my's
giving
the freedom
only asking
contributions

constant lament
Mother earth, The moon, stabilize, eyes, tides

cleansing sea
not even death, dreams, nothing will separate me
for eternity, beyond life I will find my love my life
you a part of me, not even death could make us part
like a pool of water, & reflections
in the breeze and leaves I sense your presence - great
just by being there I knew I learned the greatest
A listener, my voice, I talk too much lessons
caught in the over entanglement I fear the void
(words, my own amoyed)

a sail of my own mind, lion roars and roars @ the
wasted time, but I only need relax & breathe
you pump my heart and move my feet.

my greatest teacher my closest friend
I give you my heart, don't be shy to tug on my
pinky ~ heart string
for I still forget to breathe and as much as live
seen, I worry, someday this might leave



with my 'antennae' the only true ideas come as the rest are asleep. In the middle of the night when 'listeners' leave. I stay awake to enjoy pure breeze

Now I know why these rows were never done... because my heart must've known all along. still I wait for my Garp to wake up so I take a vow of silence

Mistrust

TENNESSEE
1796
musical history
2002

11/20

trains
no work
so good w/ren

and now my only friend has disappeared into the cracks



snowflake w/ handle bars

Craig in #9 dad did

* LISTEN to silence of silence.

FAMILY SECRETS lies

FAMILY Practitioner

Sunday Fast - Bible lessons - Being Fruitful

I am too afraid to fall asleep
my father has killed my family

My ^{false} father & mother guilty of the same crime
distrust in family and controlling my mind

But we may have to stay ~ shows you don't believe
they didn't trust you @ home me [crazy or
because of you? evil]

my father avoiding his guilt for killing
my granny w/out the families consent
making me into an evil
luckster but w/out any
proof

I'm innocent
and you're trying
to frame my
love as pathology

Afraid I will
leave? so you

< dose/medicate
instead of trusting
I am who I say

to create your
own 'spine', a
slave to you.
That's everything I
stand against

me
of strange
mind know
get out of
loving hell
Darling
speeches

8/6

8/5-6 Dreams - Laughed @ for signing a contract (photo opp. / missed to make money in the end? (idk))

② granny being pushed in wheel chair kiss her on cheek, then on the right cheek, she swoops in for lip contact and I smile while her eyes widen (travelling to the death world? Great omen?)

③ Driving back w/ McKenna & small group, dad & Dave - many obst. in our way, eventually have to get out onto road, another group of equal size walks towards us - Shady pass (I on far right) grab for holster / same for far left opposing group. Pass & I say 'oh it's like the wild west' walk a bit, turn around, Pew (surprised look from guy I pew - didn't think I could) - So it seems obvious dreams control / heavily influence our next days actions - like wise reflections - projections from a heart that doesn't forget. But I thought the last dream meant 'I was getting out today' instead it just gave me the courage & mistrust to not sign & fill out much paperwork 'grievance' & 'State Bar' - 'I'd admit to anything after just a few days of 24 hr lockdown, especially if I'm threatened it'd continue if I don't admit it - but first let me be recorded for public record and add to consent to multiple

W

8/6

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W~S S~W

I am quite literally too sensitive - my fears dissipate as I put in my newly acquired ear plugs - and I wonder if the fears/sadness I sense are really of those around me, their subtle vibrations caught by my 'loose' hair which I can no longer tie up due to my cell being aided by the guards while locked in the day room - thank god I carry my notes w/ me always. steadfast perpetration aka paranoia

Tomorrow is Sunday - holy day I must fast. and keep my ears open? no thank you - too much noise that makes me sad - I hope I could keep a vow of silence for my own protection.

sensitivity increases when a man is pure abstinent from his sexual urges he gains energy from the heart - but when no contact can be made and surrounded by mistrust sadness & despair - I am to weak I am not prepared. and I feel I know she is pregnant the night her back changed - I overlapped her - I saw it and recorded it somewhere on my drive around our birthdays 4/18-28/17 and the baby will be a girl we will name her Jewel - the more I talk to her the more her voice sounds like V's calm and loving - sensitive - still I believe she lies out of fear of losing me. I also remember Anne discussing this important detail of abstinence marriage and sex. And the timing of Travel becoming conscious (60-days) would.

TO HARD
TO PARANO
Might be
a quest
not a fail
where
is being



important and it
don't listen to
my heart or
creative and
I realize I will



regret for some time
cervix or the
pope or the
in ants
or milk
or dew
or LIZ
I can't
to guess.

If I should trust
but I know
it is a benefit
NOT TO and
they are
not to
see blood
they are
enhance, unconscious

How obvious it is
I can see so clearly, think
so deeply about each interaction
because those are the only ones
I have and for 22 hrs I sit,
dwelling in the words we spoke,
but especially of those who I trust



hurting themselves



like a man flailing w/
small ball

yes and others w/ out even knowing it - cause

'sitting' on the
blood splatter wall above bed (see
+ moving its little mouth
arms about
'sipping human blood'
fantasy nightmare of
him biting me and

Now
New
possibly closer
off crash.

Spider Man!

ENJOY SENSING
unless your afraid

DON'T
LET
IT IN

THAT IS FAMILY
THAT IS SPIRITUAL
WELL-BEING, ITS
PHYSICAL, OBSERVABLE,
WE LOVE TO LOVE



ITS NOT YOUR FAULT
I WILL PUT IT TOGETHER
EVERYONE CAN BE THEM-
SELVES, WE DONT HAVE
TO FEAR, BELIEVE

JUST PUT ME ON SOME DRUGS IF YOU CANT GIVE
ME A REAL FAMILY--SO I CAN TOLERATE BEING
NEAR YOU. I DONT WANT TO, I'D RATHER JUST LEARN
BUT YOU JUST WANT TO DENY & KEEP SECRETS.
PROTECT MYSELF FROM BLAME, I WANT TO
EVOLVE, I WANT TO FEEL P.P.I., CONSCIENCE

ENTITIES BEYOND OUR SIGHTS & CONTROL--
IMPRESSIONS FROM GOTH & CORRUPT INSTITUTIONS/
SOCIETIES, HAVE CREATED THIS CHAOS, THIS WORLD
OF TERROR, WE DONT NEED MASKS, BUT YES THERE
FUN AND WE CAN ENJOY THEM, ENJOY THIS DANCE,
COMMUNICATE, AND SUPPORT EACH OTHER NO MATTER WHAT.

8/1

TALON!

Massaging shoulder spot in sun 8/5

real good (sad boy) - always picking up rebound

1st time hi - fuzzy ears, unconscious, return, look around "here forever?"

dizzy, faint, no respect, hard to stand up / walk, YOU'RE FINE, need to go outside No your tm, finally do, can you google this, no its fine, OK - Put my trust into people not worth trusting.

First time getting hi after about 2 years / several attempts. Schizo affective, still trust was not broken / NAIVE try.

Last night's dream turn / real, save brother through McCray - HULK. Brother / lives forever. (Daylight Nightmare)

Means you're NOT FREE

8/5 maddy up walking w/ bird average 3 1 mile mclmng

25 - "I can remember everything, w/ my thoughts people could live forever!"

27 - "maybe we don't want to remember everything!"

2 - Discover Political scheme, snatch paperwork, chased by multiple men w/ guns through streets, restaurant, club, loading 9am was bad, half the bullets were squished.

1 - 2 nice, real smart, keep trying to escape room, thought I'm tied to snake both bite me & once I wake up both arms tingling numb.

4 - John David Nightmares, WTF TO THINK IS SHE THAT FUCKING FAKE?

well, IF I get out, atleast I could investigate & just bounce once I know truth.

I'm learning a good bit of Law. Ch'n up bird, maybe reason for deans.

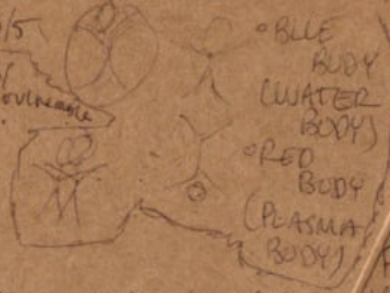
demon lady button... I need one! and a child pissing in cup car tat!

The Queen of Hearts! Man is not to be trusted! McCray, Dennis & Shit Reality Sex ass.

Jessica: "a girl broke his heart once, thats all it took" oh, they've broken my

heart hundreds of times, that car ride... for gay boy... was pretty special -

the night I'd feel just as much as Mck but damn she's strong, baby on jail-shit.



Seal's Makers
RUFF SHAKERS
Faith Takers
Heart breakers

People do that
shit all the time!
yeah, its not their
fault, YEAH IT
STILL HURTS.

Doug knew it
Lucy saw it
"I remember when
you USED TO DANCE"
Reality is too
hard to accept /
forgiveness aint
possible.

For now, while I'm
locked up in 2
camps, mind &
body. Can't even
escape w/ dreams
fake.

lowly
th, claustro

bringing name spot?
"please take your
spooners - good name" oh no, I mean
"let benefit of unisex name (but my 2)
sister, sister rainbow serpent
Egyptian goddess of recording.
I want should I say to judge"

us of God
/ the
They
e, truth
the
Hes
of
saked

in their
minds
sacred

where the walls meet



Thinking of hurting
yourself is if no
ones keeping an
eye on you? Yeah
cause 24/7 lights
smaller room
and a ticking
realizing help.

Talk therapy
w/ art. Drills.
re-establishing/
healing the trust/
heart

My /or condition
reliant on honest
conversation w/ out
which voices give
me / them judgments
in attempt to und-
erstand when
silenced.

8/5-16 dreams
- during around of
me, people laugh
at me for nothing
found grasping
kissed her on
cheek but on
second time
she

- pressure on big toe/
inside ball
- adjust for
left foot pinky
sprain (concrete)
- also works hip flexors

- feet far
apart
- centering
- left, right, left

- Pelvis forward
centering stretch
- Stabilizing balance
running breath
- left right body
switch ✓

- escaping mental/
constrictions
balancing
bodies

Strengthening the spine
increase blood flow & breath space
slouch
from
to
sway
Pull head
spine
neck
up
- led by
heart
attuned
to the
increase
space to
breathe
Pelvis forward focus
Sway back / forward

They Caught me Robbed me
Put me in a cage - Sa
stage to be afraid insights
flaming fiery rage

then dreams on call w/ 'buddies'

old
song
comes
The
again

Keep the subconscious
is always listening.
previous day camp.
about food in
Kevin McNeill
Mittell, but we
were talking
defense I thought
my body
and I was
of course
x by phone.

keeping people from
organic bonds - family
medicine, luck &
acceptance & support
7/28 Mid day nap - football
game, running past everyone - last
man left button click, click, click
"I'm just too fast" - but I woke before
the touchdown

David's
Client &
poisoned food
bear response
mech - Chakra
glands &
synthetic
drugs

ON TRUST IN THE HEART by Seng-tsan
buddhist 1960
be secure in the oneness of things,
and dualism vanishes by itself.

7/28 - took my spare/recycled
cardboard....
2 incredible books I grabbed
impulsively.
• The Valley of horses by
the author of The clan
of the cave bear
• SKINWALKERS - the
dark and mystical world
of Indian witchcraft
* written as sans pass *
(the cover reminiscent of
the panorama painting
in last night's dream)
(pg 2) everything in moderation

7/28 ~ 6-8pm
couldn't fall asleep
struck by floor
of the same
caliber as the
birth night of
fasting. mistook
in melkoma, in
my father's motion
dreaming of Eloi
as an immediate
answer to
cannot sustain
myself off food -
melkoma not take
my advice...
and much suspicion
arose around
Jacob. sitting
loosely meditated
helped after taking
a shit.
few creates
motion
& melkoma
sudden interest
in eggs
Time of 2

7/29 - Reg's wife ER & dad
across hall, dad died yesterday
on lithium & got the schiz
book.
No Trust talk of Mike
Wander halls 'CAN I HAVE SOME
EAR PLUGS?' I need some
ear plugs I can't sleep w/ this shit
analyzing melk response to tell me
what your family thinks - rolls eyes &
they just really come and and and
looks me in eyes, I just don't think
this is you.
Solution call me Dad - phone
or not & face one no there &

which is what I understand
the previous phone
call discussing
importance of
memory

Back to the 'tips' of early July - I think we're both dead.
Mom & I would - a boy w/ selective trust & a woman who
can't but must - to awaken the dead

Becoming animal - David Herbert - a teacher who went speak
or trust until he hears words of truth. (which
point the demons - made Chris & beyond native ghosts)
dropping all weapons & gubbing the staff - off
the bench where he saw the ghost of his young
grandmother.

1947
was 70 this yr -
bike

7/22 - I find it easier
to relate with the 'insiders'
rather than the privileged
'outsiders' which explains
my outburst @ mekema's
lack of empathy and self
pity as she mulls about
in poor corners while I
have yet to see anything but

7/29-30 ^(CSA/US/USG) restaurant, bathroom
take shut off - made fun of
by relatives, pass family off
to stier and a table w/ girls
she eats pie, sister see
disappointed but I don't feel
guilty, mek sees too (been
monitoring my email) she
leaves. (2) Dining in car
w/ daniel, keep asking if
this OK? - reminiscent of
stopping near the water when
someone asks mekema that
and she says 'yes! I have
my husband!' - back to
dreams: officer fears her
job is being taken over -
I go into long convo on
the state war of terror
and police changes. (3)
dad during TV as we both
try to escape chasing
Bear on your (4) I shoot
corrupt officer in butt
after relieving her gun
a sep off from the one questioning
worrying about danielle)

Dennis McCordang? 8/3/17

Dad Built planes, mom worked
for state but not legal law
Vietnam - only surviving of platoon
born 1907

Explain my me meek - explain once again - I cannot be changed.
Mekema's hot dagger - Show men whom I cannot be changed.
our-ay begin the roads - where the north raised a unity
of old old corrupt toward pioneer. Native wife and mother
held captive. I holding fire - corrupt desire, women
who can't afford to fight, the best part the stole
into a with the became lost - hope in all men
who prove himself - waiting one he returns -
not for money, might or power but a chance!

Hebrew
He who burns

Gen 37:19 'here comes this
dreamer' who of many colors
stripped and thrown in a pit
sold for 20 shekels of silver
Judah's idea to profit - Hebrew
spared his life

38:10 - refusing to sed dead brother's
wife 'wicked' & put to death for semen
on ground

38:16 - Judah sed's daughter in law
39:15 - Joseph ticked by master's
wife - false rape - put into prison
@ this time Egypt seems 'fair'
'because the Lord was w/ him,
and whatever he did, the Lord
made it succeed.

43:32 eat w/ Hebrews an abomination
to Egyptians

30-31 dream - dreaming, but
do it in bed w/ old dream
falling from power by the side
into about other reason
may pull from belly reason
blood - blood from floor - like
to sleep - they are like
to some with sleeping eyes!
no shame (effects of leaving
the family envelope) - horse
putting your side down very
weak, don't move not with
any - not the same & w/ a
on top. + effects of broken back
- back to leave about 8
w/ a - 8 days, reality
the world - unknown
for a long time



He had been, the American, just not one heart, reflecting
in the water that gave him birth.
1951 - began my to feel @ home - all I need books, paper
and something to write (the life of a simple tidiness
normal - individual) with imagination hand.

Remembering thoughts from this trip into the
light May 1963 - while reading Asimov's 'Robot Son'
of a book that was used to me when I was
young - where a son grows old, gets a ladder to
climb into the - most of house as - they will
and dying - to hold her like the held him
as a child and to sign the same note - children
at heart of heart - about the conversation

- Botany of Desire pg 7 Vegetarian
 John Chapman (apples) pg 27
 sprinted 30 miles pg 33
 mullein, motherwort, dandelion,
 wintergreen, pennyroyal, may-
 weed pg 34 outward not in crop
 pg 40 - wreath in morn. glong
 53 - Nikolai Vavilov
 Malos Steyerli
 pg 4 - Florazennoi

- The Invisible War, WORM
 - Skinwalkers, Hillerman 'coyote always hunting'
 pg 2 'moderation' pg 3 'could an animal raised with, survive
 in Navajo world, to hide, escape, endure. pg 12 Agnes w/
 red roses. pg 26 Rainbow Man; Father Sun pg 108 Nature of
 fear pg 110-111 - DNT, Dinebeina Nahilina by Agaditche
 talk festyhelpers, militant activists, cool & uspers
 pg 172 lie 3x, 4 = deceit pg 186 not wasting water
 pg 194 rude, invasion privacy, nonverbal expressions pg 244 Adoniti

my belongings ~~are~~ near
 which Bryce clearly sits
 looking. Pat gumpy &
 disappointed, I tell him.
 'don't be so gumpy all
 the time.' - as he looks at him

7/31-8/1 duams "freewill & freedom" to ball court
 schoolyard, Aaron steals backpack
 'don't look at me like that' sister
 friends, large party, Neal
 Graham makes similar youtube
 videos as me (docu schoolchildren)
 strahl is interested in visiting
 the underground dungeon
 complex under school grounds
 insolent girl @ desk, listens
 when she thinks I'm forest
 security. "get called at
 to ball game to scrub for
 coach, answer questions on
 free-will which I help
 do completely, consent, choice,
 ~ synonyms' & then I relate
 freedom to kingdom (the
 ball court) to which audience
 applauds & coach says 'I'm
 so smart' (taking credit
 for my words. But the
 pen and paper aren't working,
 audience gets impatient -
 I get another, still no luck!
 coach gets worried, I try
 to just explain it to him
 but he can't remember, so I
 I go up to the stands, grab

1980 Thesaurus
 release, discharge
 manipulate
 spring
 Rogets II
 to set @ liberty
 free a man from
 prison
 latitude, play
 elbow room
 autonomy
 ease of movement
 manual, self-reliant
 consciousness
 expanding
 self-guided
 knowledge of
 outdoor
 (ness)

and also doesn't
 allow me to
 just speak
 it in the
 mic/audience
 confused
 & dissap

Bully dream? put away
 Nick gumpy time?
 pg 255 timer
 pg 268 getting
 sleepy?

THANK YOU

IF

TRUE, LISTEN

TO YOURSELF!
IM SCARED!
STUCK IN
ALONE & SCARED
I CANT DO THIS
RIGHT NOW.
IM BEING
STABBED!
HAVE NO-ONE
AND I KNOW
IT. I SAW IT!
I RECORD IT.

THIS IS REAL
THE LIES,
THE LACK
OF HEARING
THE LACK
OF HEARING

AND BEING VULNERABLE. MY HEART HURTS
AND I JUST NEED SOMEONE, ANYONE, NOT
SOMEONE WHO JUST LIES TO PROTECT ME, THATS
NOT A SOMEONE, THATS A NO-ONE, GET TO
KNOW ONE TAKES SOMETHING REAL. I CAN LEARN
SELF RELIANCE BUT IM HUMAN SO JUST BE NEAR
ME OR LISTEN IF YOU CANT SAY SOMETHING REAL. DONT
SAY ANYTHING
YOU'RE NOT
HELPING



leave the false family
escape the disease) be-
lievers who have been
hurting you. heal w/ a
real family & come

Why should I call her? She's fine out there, ~~and~~ I'm in
her friends, her trees, her needs, I'm in
a fucking cage and she comes @ me like that?
No, I shouldn't be in a relationship w/ that let
alone a fucking marriage. I see her like a doll
when I should be treating her like my daughter, who
doesn't trust, cant, and needs to learn. I COULD IF I WANTED
IN A FUCKING CAGE. IM SORRY. IM NOT STOPPING

I need someone real, who
 can mother, listen, learn,
 love and grow w/ me w/
 out thinking im gonna hurt
 them - I CANT BE AROUND
 THAT RIGHT NOW - I NEED
 REAL LOVE & SUPPORT - I GET
 ME OUTTA HERE! I JUST

want to leave
 these fakes,
 on drink and
 be asleep
 to these
 insults
 I am

HES JUST A ^{mean} ~~boy~~
 HE CANT BE TRUSTED
 HE CANT FORGIVE
 HE DOESNT LOVE
 HE CANT HANDLE
 THE TRUTH
 SECRETS AROUND
 THATS NOT LOVE
 YOU DONT TRUST
 STOP LYING
 YOURE FAKE



(after I asked him for a better view)
 while showing this quick lol bigger I discovered
 a quarter on top of the under bed vent 7/30
 talked on back of page 2

Really sad I just need to cry but I CANT WHY
 CANT I CRY, I LOVE YOU GRANNY GRANNY, im scared
 to reach out - I feel so alone, I dont need lies or insults
 just be real and fill me I stop trying to trap me

do w/ camera, not, not one
 thing talking to you, DC - out
 she cant trust me, she cant
 want talk about grumpy cause
 it makes her too sad - not track
 DOESNT MAKE IT GO AWAY, blind
 closed doors - BULLSHITTERS.

with make mockery of my
 facial RNs that are TRUE,
 by doing so you silence/attempt
 to / i, dont feel my spirit,
 UNDERSTAND, IM NOT PROJECT
 ing onto you im picking
 god/surprised you just
 said that and after
 all this time think im
 that fucking fake.

that
 night
 did
 cry
 and
 dreamed
 of
 visiting
 Nan
 I love

you must be you work at a
 a sign and are it, NO I SAID
 I PUT IT AS A SIGN & CONTIN
 MY FIRST - X delusional or
 ever - scrolling through her and
 saw the blue guy's suit - nothing to

Spectator's now dining close in our neighbors driveway. Dad pretends to drive, while sitting next to me, lying and instigating - I grab wheel and we stop somewhere as mom forgets to direct me, everyone gets out I grab my school supplies 'cascadia'. Now I freeze and try to leave w/ glasses but they give me painful life problems my dad says 'I'll get used to them' and try to head to school by self which Nicole follows and we drive to school together. Sweden of trail prevails to this dream. Meli has not been in many recent dreams. Cassome shes on medication w/ out my knowledge & mistrust/intoxication keeps her from interacting in my astral.

MAN HOOT
Dennis, J. P. - Tall
Shoulder, head and crown (left)
Ledge, base

00 Craig Axel 541 360 8720
00 Se: Kichas 21000
00 IG: Kichas 43000

541 360 8720

off 2
4 dreams
crows
(wed)

③ Clinic
why does
look so
you don't
that I, (mon)
get up to
point off
sleep apnea
info sheet

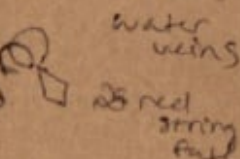
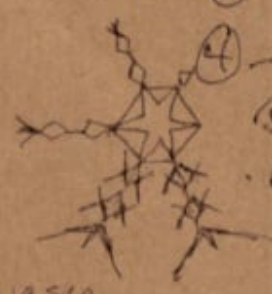
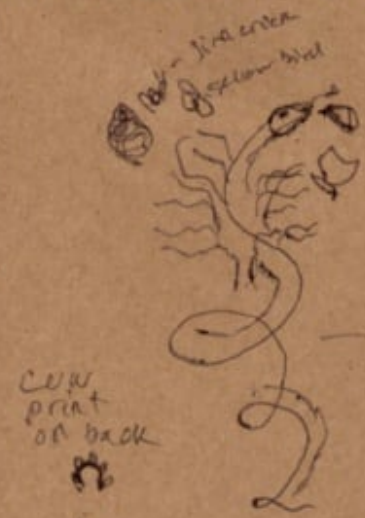
yellow bird 8/2
caged sings
whistling reminds
of happy things
gets my mind
off heartless
family, whistle
is my anti
angst / anti
psych

The psychologists
/ practitioners
are on more
drugs than
anyone else

Drift.
Mek slept good
really good
night

② riding fast car, ridge
behind oil trucks / Benel
area being torn up for oil
pass truck but curvy road
end up pulling off
① clean rising, boardwalk
floods, separated from
group, while pools keep
me from getting anywhere
and structures separate

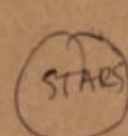
8/2
midday
red-
Mike makes
fun of me
but not running
as fast winds
to rain - I leave.
3. taunt
use fire myself
in middle of
clean propert
Talons, dad
so cool, dad
denies letter
as adventure



STRANGE
Dalm
FRANKIE
MARIE
SPECKERS
EST. 1942-00
O.R.S. 9

Know thyself
moderation
Pledge over mischief

Left arm
Story
Symbols
From
Airst
Envelope



Neive

complain about! oh
why didn't you sleep good.
... are you fucking
serious - NO I'm numb
from 40 DADDY'S DRUGS-

no friendship
more than covet
jealousy
murder
bullshit
Dance therapy
prescriptions are
CULTIVATE
CONSCIENCE
REELIEN

no
civet, judgment
love, poly
pach
united
Monog-
is covet
view. ?
Control
agreement
is
more than covet
jealousy
murder
bullshit

8/20 (overhead light never turns on)...
(whole day)

Camarguais

Similar
in
Ardeche & Valencia
& Parpello, Spain
animals 19,000 y.o.
hands 27,000 y.o.

Light of the Moon (cont. from pg. 8)

(189) The Dordogne, Languedoc, Roussillon, Quercy, Cosquer Cave
(190) Django Reinhardt (great guitarist) (224) Cap Morgiou - Grotte Cosquer
(231-232) horses, bulls, ibis, flamingos, mammoths, chamois, ibex, bear,
penguins, seals, augs & jellyfish & 'deformed' hands (256) Young Love
is nothing, compared w/ what can come once you know who you are
(282) LEAVE YOUR MARK, DON'T FORGET TO LIVE (362) Vincent Phillipon 1521.
'The Legend of the Saintes-Maries' (414) May 24th - pilgrimage to Stes. Maries
Sarah Parade (425) Bero, Bear (427) Camarguais, paleolithic, 17,000 yrs old
Found only in Salt plains of SE France (454) FLASH OF GREEN

8/20 Late Night 'A444' on repeat x1000 (new guy) sounds like
he's cheering for a football game? ~~Now it's just 'Ahhhhh!'~~ x1000 he's
got endurance... or meth... probably meth... I can't sleep anymore

8/20-21 dreams ① Church out, courtyard, flashing suit, see Mike walk by in one
as well, no shame, face painted pink, ② Large school, Jimmy tobacco-me big, Mike
says I look like a playboy-compliment, see Sherhanna & her boyfriend Mike
Jacob - laptop hurts my pelvic region & almost cry, Jacob says remembers my Love
Tot from 7th grade art class end up at ladies house w/ friends & backpack,
friends leave, lady says she's glad I don't do drugs, I ignore & tell her about
the beauty of forest and silence & leave ③ closed garage shoot out, my team
wins (2v2) other 2 are also on team, we're prepping drop cage for a man
who killed their father - I'm scared and they respond 'don't be, people die
everyday' they're like SWAT spies prepping for the man to return, I
say 'but I don't have boots' they 'why didn't you say so, here' I begin to
trust them & help rope up/pulling a massive steel cage to drop on intruder,
enters, begin to gain courage.

8/21 middling dreams ① class, can't remember schedule, stay in, think teacher is
talking about me, make comment, girl next to me moves seats angrily ② Looking
for shoes & catch the suspect, grab @ his shirt, but those aren't mine, after a
few pairs I find my shoes & follow him, tell him about my running & he's impressed/
less threatening - I let him run away but catch up and say I can feel his heartache
which my heart did ache considerably in his presence.

insp. passage, maya angelou heart of - pg 157
8/20 memory past, country fair, big tree
matting tree, purpose of gathering
all colors, shapes, sizes, taken for
com

8/18

By The Covered Bridge, submitting myself to the universe
Patrick, DMT, water ^{eyes} bubbles, snake @ the park, the man who loved there
Spencer, Ganja + HBWR to the light

McKenna, kneeling before my goddess, asking for her permission/consent/hand
the thought of this submission brought up the others during late night 'Light of the moon', 8/1

8/18-19 dreams; 2/19, anne shame for cutting down trees, ^{she} ^{man}
call out here, shaming, leave in van w/ others, officers/guards
appear @ door, imitating chae cake while they plan to move me to hosp.
looking up directions etc (2x while waiting between breakfast & shower) - dazed
and really sleepy past few days - sleeping in longer than Dawn

McKenna's Guardian/shapeshifter, white horse, stag,
falcon, Rhino, whale, human self - protecting and carrying her
away from the crumbling earth/zombie human rage machine. Claiming
powers @ Eclipse and saving her again and again until we find a home
away from the skinwalking ape's (mind control humans who lost 3rd eye to
drug/propaganda/institution machine, thus MISSING THE POINT)

2 Letters!

not to
mention
the DA

8/19 Letters to Ozark mtn publishers and
Governor (transparency/free-flow information action/
motion, Lawyer, psychiatrist, family, doctor, Judge
Contradict each other, I'm unsure who to trust/weeks
w/ out contact/limited information on case & limited/no
information except a few books from our small library
(which I'm grateful for)

Ozark request Gandhi/Social activism & Law

8/19-20 dreams; 1) Beach stuff disappear, closet rearrange
bed dad/lets of fighting between dad and I (lots of anger) 2) 4 beds in downstairs 1)
room w/ Nicole, Cristiana, Danielle & gaby hiding in the other 3 3) wing suit
almost fail to open, flying behind videoing, heart race, OMG, last second
save - 'seen that in Corvallis before' - quite elegant save though... w/ in last 100ft

lots of
anger

superficial
or plan to
leave

surprise
glad was
alive

*
McKenna
in SE

8/19
Light of the Moon pg 454 'wishing for another flash of
green' *lights off* Flash of green encloses into circle & disappears w/
light - I get up to read that section again by the Light of the

DA
corruption
millions
to no one
mean

mental health DA • Bond • FATHER LOVE • Tattoo • Score • Heaven • being
Corden email lie • Forgiveness & Friendship • Gift • Nana! • Save you
MRI post • being
Beautifully written, captivated by first few pages - sugg. to Nana! • Being of death

GEISHA, A LIFE Mineko Iwasaki geisha - Artist, geiko - woman of art, maiko - woman

Happy Deathday! Introduction *v*



to 8/14	B -	(no water no food til hospital ~ eta 3-5 days)				
Monday	L X					
Tuesday	D X	Wednesday	Thursday	Friday	Saturday	
8/15	B	8/16	8/17	8/18	8/19	
(NUPB)	L	L	L day.3	L	L	
Sunday	D	Monday	Tuesday			
8/20	B	8/21	8/22			
	L	L	L			
	D	D	D			

Reasoning: mental health suspicions, McKenna suspicions, DA suspicions
D. Corden in fear w/ Dad & mom --- no help expected. Public embarrassment
The Land of Humans (Land of Lions (Not desirable))

Waking up to the Truth & consciously deciding to leave
it for the warmth of light and family. This is true Faith
who can say they RESISTED (WENT OUT OF MISTRUST & AS PROTEST
TO THE CORRUPTION (many monks I think & a few saints) This is real
faith - many passages say not to rely on food / The Body for the
Father (AND THE MOTHER) will take care. But I do not see those
figures in this present world. I have seen them in the light
to which I return... It will be hard / my body will resist -
but I must keep strong in the spirit, the breath the heart!

WORLD HISTORIC ACTIVIST! A sacrifice w/ a record
of events for those to pick up the pieces I left & craft
a real conscious culture on this plane / plain? ...

I LOVE MY FAMILY! MY SPIRIT LIVES FOREVER!
See me in the trees, the birds... & the bees! The wind
and food that feeds, the water and blood that bleeds
WE HAVE HIGHER NEEDS

8/13

(3)

Escape From TERROR (more on 8/10/17)

- 49, Slavic races 'interior', plundered resources, value ↑ (slave labor) oil, wheat
 57, 'when everything else was gone, one could almost always count on family' ~ (304, 2)
 122, rid worms - lots of garlic & no water 2 days, the H₂O & they wriggle out
 127, Slog & murderous Russian slaughter house 'cruising the AM Zone ... Scooping any slavs they happened to come across', 'laughing & crying to be home ... machine guns set - pit already dug'
 132 Stat. of. Lib. = Give me your tired, your poor, your huddled masses yearning to breathe free, the wretched refuse of your teeming shore, send these, the homeless, tempest-tossed to me. I lift my lamp beside the golden door! ~ Gazette article oldest Am coin.
 150 Learning how to march & take orders w/ out questioning ~ "left, left, LEFT RIGHT LEFT !!!"
 165 Heroin, ting eyes
 304 Endnotes - Marx & Lennon deification of Stalin, Hegel 'Supreme achievement The State!' Stalin's intent to industrialize @ once, Farmers off land - 7 ind. workers, Stalin food from Ukraine US News world Report (July 14 '75) 60,000,000 Ukrainians starved to death 1932-1933 also
 305 Communist instrument 'Subjection-by-starvation' & (304) → food rewards for informing - "man not trust anyone - even members of family"
 309, 2 - Oct. 4 - Himmler & whether nations live or starve to death like cattle - Only interest so far as we need them as slaves to our KULTUR ... whether 10K females (Russian or Czech) die doesn't matter' (309, 3) ACCORDING TO NIETZSCHE ALL HUMAN BEH. RED. TO ONE BASIC DRIVE: THE WILL TO POWER' ~ war v. Christ, & religion.

A PALACHEE GOLD ~ Alvar Nuñez Cabeza de Vaca, 1528

- 18-19, King's Summons to the Indians, 27, Quien se guarda, Dios le guarda - God helps him who helps himself, 42-43 - bellows from small wineskin & a reed, Forge from stones & clay, Skins for water, Nails saws & axes charco (pine in stone clay kiln game, seafood, horse meat, horse hair rope, Bow string w/ horsehide strips (women), planks split from pine, caked w/ palmito fiber, pitched w/ black pine tar, Shirts for sails, 'urge saplings for oars, (118) Marble (glass) = FIRE! (56) Galveston Island 'bad luck' (140) Mesquite beans grow on bush, bitter, hole in ground, beaten to pulp w/ dirt (125) Ceremonial drinking of tea, leaves, Ilex Cassine (121) man, single wife, cheats sometimes 2-3, girl married leaves father lives w/ father in law - her husbands kills first go to her dad then shared. After marriage man no enter father in law house, in-laws lower eyes, wife only allowed to talk @ fire in evening, or ceremonial man & in law meet face to face (188) your life I give back. But your freedom - "g) 42
 ~ Dream Country (194) Court doesn't give a damn (199) you're a good boy (200) BEAR MOTHER - wasn't more aggressive creature in world, than a mother protecting

Spanish explorers in the Southern United States 1528-1543, 1907, Odyssey of Cabeza de Vaca Fanny Baudalier translation

8/14

Man is not to be Trusted.

DO NOT BE LEAV IN Man - listen & care, inspect & share,
guard & hear, one worry is all worry to wear, our pains our shame
neivity peing irresponsibility laxidazically sleeping lazily
WAKE UP & LIVE in conversation constant co creation, no more
bleeping @ the sleepner!!!

The Light Hurts...

Prod?
NO I dont
wanna
waste it
Control-
Berrett
refused
Fuel



my word? inspect
my body daily?
upside down brain
headache fex 02
(prev - "Confucia sig, man
who stands on toilet is high
on pot)

if the gonna die? maybe we die together?

Oh my
body... I cant
feel it! I'm gonna
die! do you even care
motherfuckers! oh no
my left side, I cant feel,
ahhhhh.

ALL w/ NO RE: to Emergency
medical health request!!!

② (8/12)

re: on monday (8/14)
we dont have
control over L12
sched...
BILL STILT-

weekends are
emergency!

WATER, I NEED
WATER!

LEFT, LEFT,
RIGHT, LEFT,
AHHH!

(... prev. nights whistle/song...)
Synchronis

TIC
TAC RE?

TWINS!

YOU DONT SEE ME! NO ONE DOES!
(you dont even like it - fat) ? you are meat? 0000

~ who can see me?
(no one sees me?)



you wanna tell me what happened?? ... ~~no~~ - I don't trust you - well I can't do that, do you want
Humans are selfish, I want back to the forest. - why you did what you did?

① I did it to communicate - I feel pain too
so you think you know about CBT? I think I know as much as I read before f.
la hell. My dad's a doctor, my uncle a psychiatrist, other chiropract
Nana dance & yoga - (Langer, forget?) You guys don't care - nobody cares

and I don't
know why ~~is~~ none
of them care
about family!

seeing things, hearing
voices? (who isn't?)

20 senses & 1) & no words

any medication?

Books - Dream Country,

The Russians, Escape

from terror, Apalachee

gold, Happy Deathday

- who gave those to you

The Tail - sound ~~scary~~

- I know you might be

scared of Death Day but

you can't judge book by

title - I didn't say it scared

me...

Unlabeled Nazis - WHY?!

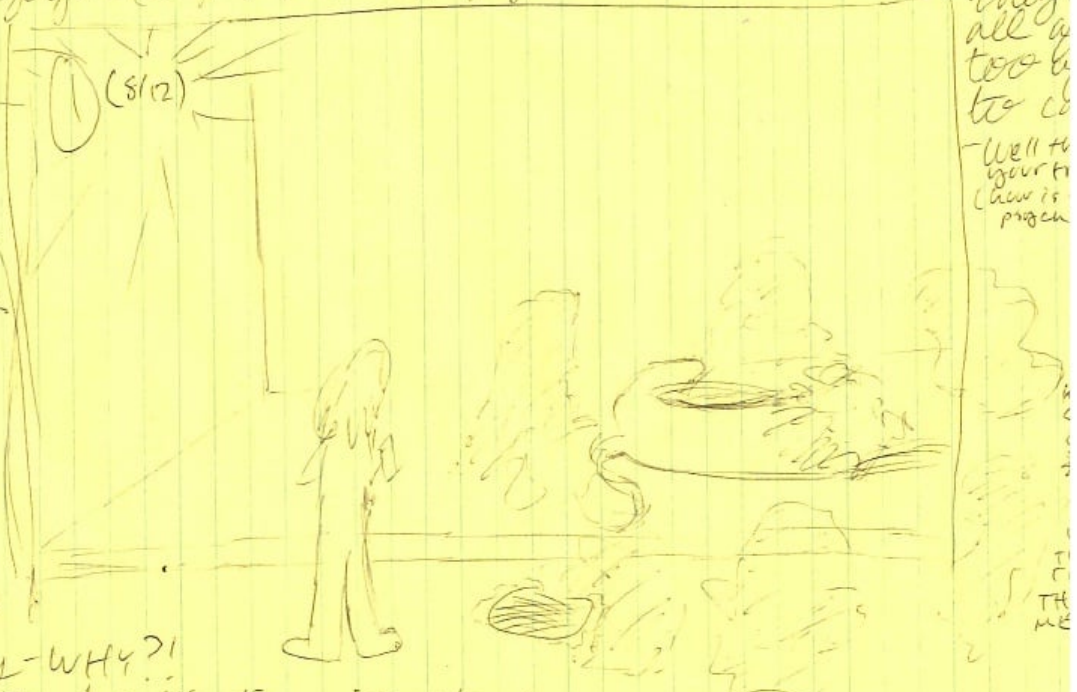
This jail like those, cultivating mistrust, deals

W/ DA. Games the guards play, eg. reading "Stanford prison exp."

I need to read & write it helps. I need to know OUR history so I can know
how he got to this fucked up place...

5/4 (per memory ::)

*peeing as they open door - fuck another pi
violation? *nah I'm good phen!



they
all
too
to
Well to
your
how is
progen

TH
ME

Joseph Miller - Laxapromethazine / Insure be back in 45?..
manic? heart cond.

(8/14) 'your attorneys here', 'hi I'm Liz', I thought you were Megan...
Playing games w/ me, 'you want take medication?' - told not to
trust you - agreement was to go to good Sam - so it's Megan who
has tattoo? dunno how I mixed that up... 'do you know what this is?' beep
'no they have a lot of things in here, Sunday it's taken so long... Liz the
lying lizard... No actually ~~that~~ part of the agreement involves taking medication
and I'd like to know more about it, what it's made up of, self sustain w/ out
natural remedies - and to be able to talk to someone about what I'm
experiencing... (Laxaprom no send? - common med... seems so...
been 3 weeks since referral... Says 'I'm still going? just takes awhile?
Cant trust LIZ - CANT TRUST ANYONE -

No I dont work here I work for Benton County Mental Health
... yeah thats what I meant, I dont trust BC - I'm waiting to go to Good Sam
Before Christ, Before Truth ^{no accountability} to talk more than once a week shut
Benton Corruption... in cell.

(5)

① Believe in Law

② family father in blood

quitting Dane - the daughter's wedding 'help'
Joseph Clearme, prison king / old tale
Tattoo comparisons synchron / new shadow
false preachers - his own supply

family

cultural origins, human behavior, consciousness, Nazis, KKK
my darling grandmother

corn shit / rain & men

no way - protect daughter w/ life (reason for you to
begin w/ and irony / insult 'I don't believe in gunse')

Law - Natural medicine - family psychology - ancestors

gun guards / providers / persecutors / Christians / Greeks / Romans
power / control / domination / jealousy / vengeance
but when real provided mother with - protecting her
and he raises children from the onslaught of
need / mind control / pollution / abuse / limited self nature

a bit about me - and the hilarity / meaningfulness of
this experience / corrupt legal systems /
systematic distortion - out of proportion

all in
RE:

8/13/4

on but documentary magazine &
Terry

Dream - 8mas w/ a shotgun, denied bed, both families
angry while my mom and my side try to enjoy unwrapping
Dane upset at inebriation @ me not getting him a
present @ nothing a 'stable job' - playing tough
& loading shotgun on couch while everyone else
(my fan) tries to ignore & have fun -
much more violent Dane than mushroom dream ---
where he was away in fear - so upon awakening I do
wince again he is in KKK / human trafficking and
is out to kill me w/ his nice things guns - back to

PROPHETIC LION RAP

8/16

by Tamaral

JD ~ 2013-2014 (video footage @ Mikee's, Connors, near chip russ) (Search journals for full version)

Wake up, can't get back to sleep, try to stand up - already knee deep
They caught Burns - now I'm flyin' in this jungle in the LION
They caught me, robbed me, cut off my main, put me in a cage to
feel some pain [ashame, insane] ~ ~ ~ memory fades, rest of song

deep scars / memories past

Skyler, Ilsa, Leith (cascadian law), Mato wide eyed threatened (white cascadian),
chip russ (Mr. Benson), taken home blackout drunk (Daniels excuse),

Trusting too much? camera dude / basement, homeless dude Corvallis near house
(CO of heaven?!) & stars / galaxy @ library, Papa's neighbors, the park (weed quest success),
working @ Christian media...

This experience - The Flight of Time, 22 hrs in
the prison cell - LIKE TRON (main/father character, bunker outside of city
gang boy nazi ritual hold onto the train tracks - prophecy
in the stars ~ a ripped page from the book, one of
the Masters - live w/out judgment, power to save all? a hidden
agenda (nazis vs romans) by the reptilians to destroy these Masters? the
nazis corrupted by the reptiles - The Lion man breaks through time
to lead an army through the past to save the present - a small boy
4/UK BC witnessed the Lion man while many worship the plump fertility goddess
who has been kidnapped / contained / milked / powdered & raped /
vamped - the Lion man to her rescue - the earth.

free masons - the armory - under, wood layers - Vaults, WWII faked
institutions capture man.

The prophecy book, uncle / aunt / dad & friend

The hunt club / the white black / water / earth - nymphs / protectors? Dark trail /
insults / 'he wouldn't / couldn't protect' - traveling through time? space off
the Roads becoming, bear / wolf man.

hello hello
goodbye... ☺

How to make Q by
somewhere over the rainbow
dreams come true and the
love that I show will be seen by you.

If the per. fixed I'd say it's better

(6)

6T 8/9 - Eclipse grid shutdown 6T SUNDAY 8/30 • Recording DA!!!
- Truck Drivers w/ Apnea - notes...
8/14-15 dreams: english class -> cage? ^{white} Husky ^{her} medicaid

8/15 [Booklist]

- Midwives, Bohjalian • Death Pans out, Graves • Dead Wake, Larson
- Gather Together in my name, Angelou • Circle of Friends, Binchy
- Phantom, Goodkind • Dr. Zhivago, Pasternak • Bermuda Triangle, Berlitz
- Ruys II, Office Edition, 'The new thesaurus', 1980 Houghton Mifflin •
- LIGHT OF THE MOON, LUANNE RICE • this house of sky, DOILO

~~LIZ~~ MEGAN

8/15

Sounds like they have the resources if something does happen everything will be done on the 21st, without storm etc.
Ldk I wouldn't touch it... (the red record)

Liz, Marie & Megan. Liz lost, Marie on call & Megan howling @ the moon.
All working for the PL @ the expense of BC citizens mental health - cultivating distrust.

Are you allowed to do that? (stock up) 'Ldk' no one even reads the booklet, we been denied pledges in it.
talking to your lawyer - his not afraid of litigation...
(didn't say anything about the email lie)

{ Psychiatrists or interrogators }
{ Theorists vs caretakers }

8/15-16 dreams: Camping w/ dad and Bro, mine kept filling up and I drop in, thing goes past, I'm scared, get Bro & dad in tow, were all swimming next to our kayaks & big alligator comes back, I hide / lift up feet in front of Bro and dad ~
later record / questioning city commissioners who admit to putting alligator in but defend they thought city didn't need to know
Alligators in the sewers!

see n per in cup officer - no day room & now mek can't visit
till Sunday... new rule 2 days / wk... no where in BC handbook

(just 1 night after the white horse dream!)

The same (I couldn't remember) as the one I had tucked in a brother's pocket

Edim P.orgetu

8/17 Ellis Peters - Brother Cadfael's Penance - last novel 1994 (fair one)

translating Czech classics

Loanne Rice Light of the Moon (pg 26) white horse named MYSTER (pg 8) Cave dwellers had looked to the sun, the sea, the great bear, the forest deer, the blue whale, the wild horse (pg 14-15) images of mother & children close by the fire - Pagan Caves (p. 36), Solutre Horses, Lascaux cave. (pg 50) Corsica Cav ambition - desire for something Passion - intense feeling. (63) Beneath the Altar of Juro, Bones of Mary's Salome & Jacoby

Welcome to the Benton County Jail FUN HOUSE
aka HOUSE OF TERROR & no sleep ft. 24 hr lights & a screaming meth or heroin addict or family trauma psycho at least 3/7 nights a week - watch out for the guards and the inmates who will pull trix for the DA to save themselves... PBJ for breakfast & lunch! and enough sugary treats & chips to give you a heart attack.
enjoy losing money to a broken kiosk & smashing your car to hell for just for a good laugh deny you of basic privileges & civil rights) cut of a broken phone. If you're lucky you'll get 24 hr lockdown for not holding your wads & a request ignored every time a guard passes. But no self harm - they care!
to harm you themselves

release - accompanied fears, my love (s)
Circumscription, penile tension, glandular resist fear, retraction, resistance - increasing sensitivity - increasing alertness - awakes

0 → ∞ A 0 - 0 < 0 2 2 5 2

jealousy, sexual tension, loss, death, life, sex
- withholding from me & feeling a surge of jealousy at that first x-mas vision... Instead of sticking to release or imagining shadow delights - rather I will entertain them - but an unmet-oken screen fills the gut, smells are more pronounced I await dinner.

8/15 @ Papa before bed *door opens* sit up from upside down position
 'what are you doing?' 'never see people do that, can you take off
 the sweatshirt' 'want advil?' people take advil for headaches.

8/16 ————— (M. Angelou) (Gather Together in my name)
 101, consider if you're serious (about army) cause if you
 are it'll be like volunteering for jail. Plz tell you
 when to sleep, eat, wake up, work...
 110, Lester Young, Billie Holiday, Louis Jordan, Biddy
 Johnson, Arthur "Big Boy" Cavaliere, 111, Thorne Smith
 Robert Benchley, And Petty, Thomas Wolfe, Richard
 Wright, Hemingway, Dostoevsky's, Tolstoy,
 Gorki, 114, "Communists are ungodly Johnson. And
 this man's Army fights under god." ... Amazing book
 these quotes are simply relevant to my current writings
 she digs deep into the heart, several passages took
 my breath and teary eyes re-read - heart speak to heart

megan has since may - from portland drug addict programs -
 'criminal justice' - " - but couldn't stand that...
 " thoughts confirmed? "

8/16-17 dream
 taken to hospital, suspicious people - dad stethoscope
 all over body - mild shock for each point he pusses -
 "wow! arteries definitely clogged" among other bodily dysfunction
 discovered, moved to room w/ people my age - she doesn't
 want me talking to other girls - "to which I give advice
 she's immature, slow to develop..." make people laugh
 and make joke about Jimmy being slow "5k?" "but
 take it back and compliment him on his paces -
 taken to courtyard where family is sitting
 laughing, there's cake... "Baby" mickensas voice
 wakes me up.



The Cow? where did she come
Black & white Splotches? wild
domesticated? Holy mother



Bleh! my imagination fails me ==

The Beating
The Better
STOLEN
FROM
MOTHER



Moo



THAT WASN'T COMMUNISM
THAT WAS INDUSTRIALIZATION

8/10/17

B B B

①

Washakie

- o Apalachee Gold, Slaughter; 19, 27, 43, 118, 121, 125, 188
- o Dream Country, Rice (reader dig, selected, 2, 100) 194, 197, 200, 219, 246, 259, 280-81, 317 (C)
- o Escape from Terror, Basanski
 - Snakes coiling around body pg 7-8
 - No God! Lenin & Stalin! disgusting punishments pg. 12
 - pg 13 - Supreme Farmers, encouraging plants
 - pg 18 - healing w/ ~~beer~~ cow dung, potato & bear claw plant
 - pg 24 - Butchering ppl & dressing it up sold @ hi price ...

Respective...

you didn't trust me - but it was probably the fault of the tat artist 'bleed over' gotta be killed ya!
so its not about you not trusting me - its about you conversing w/ someone not skilled enough to tell you the truth &)
Its actually pretty badass - and definitely meant to happen - I love it and I love you - I'm a Aries Cancer & you a Taurus Sagittarius
we so silly - you is a badass and I'm so in love w/ you I love how big it is
I'm just a plucky little artist and I can't wait until I get to using my machine!
I'm gonna 'wreck' my body &)

GOTTA GET OUTTA HERE!!
Tick tack toe! Now we can play - I feel my left body, learning to cry again...

Used beyond my understanding
subliminal messaging

5/11
- The Masters' @ crater lake & the 'road' (oil) - construction
- Grandpas Keys to the Forest & sharing the white stag over and over for sport (because 'he doesn't really care, if so why would he leave his mother & wife to the likes of us, fearful LAR) TO PROTECT THE WATER, MY GREATER MOTHER - the birth of a forest nymph/water protector. 'Dan's Trail' - stay off the ponds.

The boy in striped pajamas w/ a sword over his head says
'moo! mother cow, bless you, bless me' ☺☺

Tarot

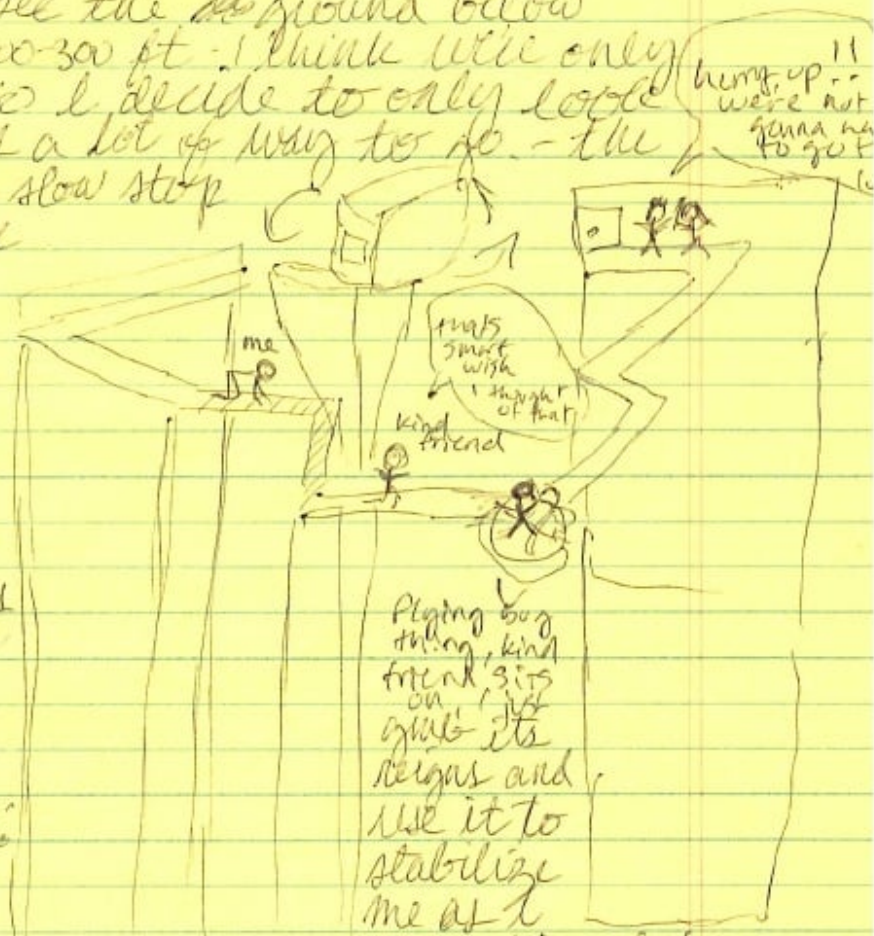
no telling
in breakfast
(uhh)

8/10 21in, people appearing canada maps, huge (as big as a state)
Sage hills 3- at first, I'm sitting outside doing my 'trot' thing being me in
lights off, I try run away- they grab me and bring me back, others keep
appearing - I'm initially scared of meet a few who are nice 2. then parents
show. wild sexual wishes

8/10 mudding map - shaky elevator 'oh ya get panic
attacks?' yeah really easily / 3 or 4 others 2/3 dudes and 1
girl including me I look out the window and the
elevator rotates to see the ground below
which looks to be 200-300 ft. I think we're only
going to floor 11 - so I decide to only look
up - and still there is a lot of way to go - the
elevator comes to a slow stop

we can't get out - where
door is over ledge
dude shakes elevator
and it spins 100-200
degrees & lands on
'appropriate' spot -
I look out, and
see what we must do
travel planks & ladders
300 ft up in the air, in order
to get to our destination
which seemed to be
a hospital - I think
we were getting medicine.

I wake up - damn scary
dream - I think it
being brought by
- I'm sweating and
out of it - get for water



uh, kind friend
whose just a bit faster
but really scared of fleg
bug, says wish I though

(5/12)



Fear, irrational, the state of panic, state sponsored terror
behavior control, cultivating trust/conscience, family,
environment, understanding 'evil'

sleep dep/apnea - executive function vs communal function.

Over-estimating / forecasting / projecting to an n^{th} degree.
• how to harness for the benefit of all

Indian head bobbing (pleased), Snake travel, Mayan Snake / King blood
fire Ancestor ritual, garden of eden snake lie, Trust in father scheme,
Jesus heart give v. mayan heart 'take', the fallen brothers,
Tower of ^{united} 'bible' falls, Continents Separate, Egypt & Asia corrupted
Slave empires, America's 'saved' and retain in vathalla, until
Lucas disappearance into dream world onset of 'settlers'

Now I know why NO ONE Does talk therapy - 'I gotta go' 'I'm sorry'
Liz

if you're gonna play the part of god and accuse people
before their death bed, ~~it~~ don't half ass, spend time w/
them - cultivate faith (DA/psychiatrist/humanitarian/peace
officers/prison guards) speaking to venetian spectators (DA/teachers/guards)

WHO - pharmaceuticals in water supply

Perinatal Matrices, Hawaii, Baby Woodrose / ^{organic} 254
Soma ? travelling to the moon
COYOTE BLUE - POKEY medicine man

no 24hr
lockdown
x1w

(8/7)

second

Not that weird to make fragrances / I do a lot of weed 22hr ^{veg} ^{my} ^{rec}
only made it w/ excess jelly from no pb day - pepp fragrances

no 24hr lockdown please I will do anything

I'm scared for my life, I've read the Stanford Prison

Experiment, I know you're in charge I'm sorry for

talking too much please no 24-hr lockdown I'm not a

liar I'm not a criminal ^{and} refrig & uncontamin yeast @

sealed container @ carbonator - I would not risk contam next

you're saying if I look @ tapes to shitter, nor my life for

I want see you ---- 'yeah' 80% of mold. I'm sorry

Oh that's probably cuz it's pre- for not cleaning, I'm clean,

hearing [&] bullshit + (he knew I clean every chance I get, I

they all did, things worse than ^{will} flush anything I don't

eat /

record (those they lockup)

public examine

Civil Rights Denied, abused, harassed,

denied Rights Specific to BC hand'back.

Unless you threaten
me w/ another 24hr
lockdown

PBT, officer prop 2, pe in cap - punished for pe

8/5-10/2017

(2)

- The truest prayer is a conscious breath → release and feel the heart pour out. (card-rand art)

YOU NEED TO JUST BEND -
WTF?!?!?

pre - it looks like you're the guilty one - I read the police report

P. happened to
my attorney.

got my rainbow jacket back! judge "I'm an author too (often personal w/ "prosecutor who is corrupt." "I'm here

judging of David. I'm a scribe, what's your website?"

- actually helping out the prosecutor; my interest in the judges work did seem to calm him down

that but court was adjourned and I got my jacket & shoes back & looked so fly as I walked through a whole new cowallis (w/ a party type NoMeans

feel) "pucop? right?" man just in rollers next door. "then don't come to jail" - who? *door closed

pat's short
barnett

① "Taken what you in here for?" station a meddler "ha! Joseph
crip! "hey Dennis what's up dude?" leaves all kinds of way
nick a bit then leaves (before turning into a father God
version who I estimate is packing - still I also leave.
one shot ball "Lugh", it's hell tell me to leave -
see Jimmy and young bro, playin ball, puff up chest
in broken blue! head back into jail where fat
ball Dennis is shape. still roaming in circles trying
to illuminate.

Did I write last night's dream about the brick!

stay in the garden who spooked me as
I was exotherm? (I thought it was a rainy day
and that raised the roof to drop the water
which there was none as I exited! saw the stay

D. Corden

8/18

541 752 1422 0

541 740 6206 0

(in jail)

→ synchronslaughter (reverse side title written this morning)

"Natives who shrivel up & die" - [10/12 for conviction]
feeling Underwater - hard time getting back to self (desc. meds by d. cord.)

9/4 (forensic psych eval) --- 16 days away...

Dan

v.

Spencer

Evidence

- o prior exp. w/ poking nate
- o passport & gun in safe
- o Killed granny - funeral date
- o no pain Apnea

Beliefs

not trusted w/ gun

doesn't believe in guns X officers?...

avoiding people X contacts & witnesses

(reaching out to Uncle)

Schizophrenic ~

o no explanation of Hospice system
we do this all the time

o too lies about Death Record. NEED MEDS?!

o City commission / Paul Jacobson
naive native / State terror v. SJB Family

o Brothers ptel (father abuse)

Project II

Scape goat - one who is made object of blame

- full guy, goat, patsy, whipping boy ~ "BEND OVER!"

Why is Dan -

afraid Spencer do something bad?

afraid of guns / disbelief?

hold down after "get off"

what learn to calm?

Spencer afraid of Dad

secretive, powerful, dangerous,
insensitive, abuse state & me young

broken bones, funeral comments, Nazi heritage,

Loud / bad Listener, Liar,
Silencer

8/18 *SCREAM* FUCK YOU *SCREAM*

8/17-18 dreams - institution, fire start, "my invention", outside couple
havin sex, "I'm kill you!", "run inside, cigarette through halls, see another
kid, think I'm getting in trouble, but he is, run through halls, lost, go

"NO STOP"

I have - twofold - threefold - you took away
my childhood - my family and put me
in a cage - and still I forgive you.
it is you - who needs to bend - LISTEN TO CENS

"Why are you spanking me" - you'll understand when older."

(8/10)

Memories Past

Nanas crystal ball, Plums, Monkeys in trees, baby
bird, The waking 'lava dream, B-A-T, Fire in the
backyard, Britans tree house, Dog poop chucking,
Santa's footsteps on christmas, Alex head bang, Golf
swing Alex, School sleepover - scooter/ripe, Wilson
Daycare young boy, Bird poop head-roll in poop, helping
Torel client, Baby bot, Baby voices, The girl on the
Swings (McLennan) Mom "is that me", Copyright contest,
tracing pictures, Writing 'Time travelers', Cursive how fun,
Crying over Tattiana, (Mrs Rina gossip queen), Jamaal &
Jesse mid school torture, Brock powder, condom w/ Blake & Royce
Cousin crew (college party Asians) wearing braces & track suit, hitting
a deer that night (taxi), first day mom (Cares me @ school

AND GAVE
SOME SE
VITY TO
COMMON S
TO FAMIL
TU LIFE

Molly's mom
Don't go to bed
lone on ur head
don't do it
don't do it

Molly's mom
M.

(lol both of
whom I saw here)

(doing this just now by
deep breath, quick stand)
(thinking his car must
have really hurt him
for him to not be able to
be driving it)

breath passport Keegan in middle school - his mom getting on a
raise (! gave him 2 bucks) - they gave me cash & wheel!
his mom was 'nice' (but his Dad was HARSH & watching a girl fight in
a phone of melina's office - I need your quest to head back
imate - whys that? O: cause I said so i: aww, we didn't even get
at 2 hours - re: previously on phone - why went gov in hospital yet - idk
probably cause I'm a criminal I got get scared at grand/grapp I'm gonna die
in here - coincidence? rushed?

(8/11)

Lex pro lexa pro Laxa pro Relax Yo!

8/17

N A I V E

Rejett's II
SJB -

NAIVE & NATIVE

INNOCENT also naive, naif, naiv, naif
TRUSTING / GOOD NATURED / HOPEFUL / SPIRITED / POSITIVE /
Dreamer / Believer / giver / Sacrificer / blindsided / tricked / ^{spiritual} _{outer} ^{material}

5 JD hit making a list, checkin it twice, Santa clause is comin to town 3)

[Light of the moon Leanne Rice]

(121) Gypsy, Egyptian, Louis XIV & gypsy slaves (122) Sakti, Kali
age, fertility cults, fem. spirit, mother-love, Sanskrit for fem energy
(125) hospice, morphine (128) family more important than anything
(147) Bibliothèque du Cheval Blanc (148-149) Robbery, Tarasque,
Dragon, Rhône River, Saint Martha hymns

8/18 Schutka - Mums panic attack "they kill me like granny",
granny's death - timing / lack of communication, father (lack of comm.
lies (death report, birth,), Death Anxiety, brother train tracks,
wife mistrust, family, SOK, look, Uncle Joe, Claustrophobia/dad,
State of terror - State of panic - commission, employer fear, record
of events, anything to get at of here, guards, Legal work, corrupt state
DA, eclipse, grid "Stalk your freezer?" no, Stock, your
freezer..... (hmmmmmm?) birth, brain, water, MRI,
"for schiz 3/4 or mood stabilizer" exercise, running helps (can't run
in here) hurt foot on your uncle nazi figs
I tell truth everyone else lying, Trust me to trust you, not
enough time, "what am I lamb chop?"

surpio
"you're a sensitive" "I feel a lot of things"
"do you feel it?" "the void?"
"I feel the force" (g)
out of entanglement / void / enlightenment / trustworth

8/18

Megan has post partum anxiety/depression...
how meaningful / all the mother related
themes coming together - I recommended
captain fantastic and spoke of by the
light of the moon (and the numerous
references to mother loss & healing & the
heavenly mother, Sakti, family & "wow"
I think great things are happening so
many connections & references to mother

Synchron
slaughter

The SMIC Reaction

eggs, hormones, wars, life, death, microscopic, macroscopic, emotions, perspective, breath, heart rate
oxygen,

Tail, ^{transparent} Communication Room. Peter/Karl/Chris

GUNS Germs & Steel + Pigs, Pigs, Wars, Witches + The Human molecule +
Cord Jang individuation +

E. Kichnam

regaining the public trust not by blind faith but a fully transparent and continuing conversation
revamping out dated institutions of schools, work places, penitentiaries & correctional facilities (paternalist / executive / power over) to the growing science of consciousness.

beginning
canon
or not /

contact w/ you / your current representatives' and going online - first come 'all saved' anonymous profiles - free speech

but first the conversation on our origins or revamping of the current legal structure

no nursery, no bias, no criminals only help for the broken children of the cult - humans are good, and deserve ~~our~~ loving parents to guide and ~~com~~ to inspire and ignite the passionate and spiritual desire.

precedence in criminal matters

peace reports

Scribes / minute takers / watcher program

video, sound, transcription

(kinda like the tennu wiki)

multi person edit

free education

free energy

self healthcare & Earth stewardship

The common language - simplified from its age old density for the common person!

family / environment analysis / healing concept
formulas, maladaptive habits

Sat 8/20

- video writing/dw writing
1. The Sunshine Claim - RV journey, cascadian, self sust, rights
 2. The State of Terror - my recent ^{more} story, comp. police report, trans. city comm, psych eval etc
 3. TO Mother - origins, twin spring, oldest memories, taking care of self, acceptance
name, birth, love, surprise
2. address to jung society, sleep apnea, MKUltra, family complex 3), CC, 'rational passions' pg 30 destructiveness
such as love & care for all sentient beings
1. preschool, monkey bars, drawing 'is that me' - yeah - , tatianna, mid school, Eliz, viron, the mistake
christian media

SHINE
he/Know



different sides
of same tale

- freedom to think/explore mind - 'struggle to keep warm' warden-henardbeat, one big sleeper
begin of my first 'trip' / childhood aids
- a record honest, transparent record of events (sophisticated statement to explain advantages & record of ^{reality} ^{happily})
2. The body, synthetic hormones, glandular response fight/fright/trip (fawn) / chakras

"I'm just a little boy (to julian)" ^{admit sensitivity} ^{powerlessness} "You a mean little boy (Dad)" ^{accuse} ^{name} "Oh you just a boy" ^{trying down} ^{@ her beyond hours} ^{suspicious/dubbing} ^{joking}

Conscious parenting!

- having a baby a) to continue line of life selfless, natural b) to serve you, your agenda & your indiv. life selfish, immature, unrealistic
- How to Care, Carry self-preservation - subconscious, denying death
- self expansion, supra-conscious, accepting death

falun gong, 3rd eye, law wheel, organ (oregon) harvesting
anima
family

balance - Recorder / Transcriber / minutes man / investigation (update website)
 Basic Necessities - ^{* tenacity} spicilina micro's / meds / shelter / ^{H2O} filter / ^{multiple} one
 CC magazine - open source archive / common directory
 Documentary - 13025, McKissipen advn / flight of time
 Book(s) - ^{tenor} state v. STB ? ^{attractivity} passed ? guide ^{to self} psychonaut
 Tattoo Machine / portfolio / self practice
 ? Canvas to strips .. photo w/ Molly

Conscious Culture; conscience, privacy, the all seeing eye
 'being watched', living w/ out regret for each other

individual - State of terror - coffee, symptoms, tobacco, anxiety, panic, fear re: adrenal, hormones
 Preference Formula - Barack obs, family, color, ¹ ² ³ ⁴ ⁵ ⁶ ⁷ ⁸ ⁹ ¹⁰ ¹¹ ¹² ¹³ ¹⁴ ¹⁵ ¹⁶ ¹⁷ ¹⁸ ¹⁹ ²⁰ ²¹ ²² ²³ ²⁴ ²⁵ ²⁶ ²⁷ ²⁸ ²⁹ ³⁰ ³¹ ³² ³³ ³⁴ ³⁵ ³⁶ ³⁷ ³⁸ ³⁹ ⁴⁰ ⁴¹ ⁴² ⁴³ ⁴⁴ ⁴⁵ ⁴⁶ ⁴⁷ ⁴⁸ ⁴⁹ ⁵⁰ ⁵¹ ⁵² ⁵³ ⁵⁴ ⁵⁵ ⁵⁶ ⁵⁷ ⁵⁸ ⁵⁹ ⁶⁰ ⁶¹ ⁶² ⁶³ ⁶⁴ ⁶⁵ ⁶⁶ ⁶⁷ ⁶⁸ ⁶⁹ ⁷⁰ ⁷¹ ⁷² ⁷³ ⁷⁴ ⁷⁵ ⁷⁶ ⁷⁷ ⁷⁸ ⁷⁹ ⁸⁰ ⁸¹ ⁸² ⁸³ ⁸⁴ ⁸⁵ ⁸⁶ ⁸⁷ ⁸⁸ ⁸⁹ ⁹⁰ ⁹¹ ⁹² ⁹³ ⁹⁴ ⁹⁵ ⁹⁶ ⁹⁷ ⁹⁸ ⁹⁹ ¹⁰⁰ ¹⁰¹ ¹⁰² ¹⁰³ ¹⁰⁴ ¹⁰⁵ ¹⁰⁶ ¹⁰⁷ ¹⁰⁸ ¹⁰⁹ ¹¹⁰ ¹¹¹ ¹¹² ¹¹³ ¹¹⁴ ¹¹⁵ ¹¹⁶ ¹¹⁷ ¹¹⁸ ¹¹⁹ ¹²⁰ ¹²¹ ¹²² ¹²³ ¹²⁴ ¹²⁵ ¹²⁶ ¹²⁷ ¹²⁸ ¹²⁹ ¹³⁰ ¹³¹ ¹³² ¹³³ ¹³⁴ ¹³⁵ ¹³⁶ ¹³⁷ ¹³⁸ ¹³⁹ ¹⁴⁰ ¹⁴¹ ¹⁴² ¹⁴³ ¹⁴⁴ ¹⁴⁵ ¹⁴⁶ ¹⁴⁷ ¹⁴⁸ ¹⁴⁹ ¹⁵⁰ ¹⁵¹ ¹⁵² ¹⁵³ ¹⁵⁴ ¹⁵⁵ ¹⁵⁶ ¹⁵⁷ ¹⁵⁸ ¹⁵⁹ ¹⁶⁰ ¹⁶¹ ¹⁶² ¹⁶³ ¹⁶⁴ ¹⁶⁵ ¹⁶⁶ ¹⁶⁷ ¹⁶⁸ ¹⁶⁹ ¹⁷⁰ ¹⁷¹ ¹⁷² ¹⁷³ ¹⁷⁴ ¹⁷⁵ ¹⁷⁶ ¹⁷⁷ ¹⁷⁸ ¹⁷⁹ ¹⁸⁰ ¹⁸¹ ¹⁸² ¹⁸³ ¹⁸⁴ ¹⁸⁵ ¹⁸⁶ ¹⁸⁷ ¹⁸⁸ ¹⁸⁹ ¹⁹⁰ ¹⁹¹ ¹⁹² ¹⁹³ ¹⁹⁴ ¹⁹⁵ ¹⁹⁶ ¹⁹⁷ ¹⁹⁸ ¹⁹⁹ ²⁰⁰ ²⁰¹ ²⁰² ²⁰³ ²⁰⁴ ²⁰⁵ ²⁰⁶ ²⁰⁷ ²⁰⁸ ²⁰⁹ ²¹⁰ ²¹¹ ²¹² ²¹³ ²¹⁴ ²¹⁵ ²¹⁶ ²¹⁷ ²¹⁸ ²¹⁹ ²²⁰ ²²¹ ²²² ²²³ ²²⁴ ²²⁵ ²²⁶ ²²⁷ ²²⁸ ²²⁹ ²³⁰ ²³¹ ²³² ²³³ ²³⁴ ²³⁵ ²³⁶ ²³⁷ ²³⁸ ²³⁹ ²⁴⁰ ²⁴¹ ²⁴² ²⁴³ ²⁴⁴ ²⁴⁵ ²⁴⁶ ²⁴⁷ ²⁴⁸ ²⁴⁹ ²⁵⁰ ²⁵¹ ²⁵² ²⁵³ ²⁵⁴ ²⁵⁵ ²⁵⁶ ²⁵⁷ ²⁵⁸ ²⁵⁹ ²⁶⁰ ²⁶¹ ²⁶² ²⁶³ ²⁶⁴ ²⁶⁵ 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Others were killed w/ a purposeful hate, from
these others mistreated and killed they are
my fear - of their own death, they felt to fear

this was the garden of eden
one continent, one body, one family
guarded by one, ruled by all
mother earth was worshipped, father sky grazed
until one fateful day, that day ripped the
heart of the other, the misunderstood brother.
"I said to name all the animals not murder
them", but we have run out of plant except
potatoes, which are getting old.

Jaloux of the man's plan to be king -
how could he not, and how did the family
lose sight of him. The systematic destruction
of information - the lower class uninitiated
to the birth and death rituals had as
prophesized & schemed their way here and
jealousy from an unfortunate up-bringing -
nave they wished to drink from the
holy well - to taste everlasting life. they did
not know their thirst desire was everlasting
sleep. Nana.

Instead of ritual as planned, from brother to
brother & to god the vortex that led to the
center of the earth - SHIBALBA - where gold
was given back to sustain our mother
body - on this most memorable day of
self-sacrifice - the brother was ticked - his heart
stolen and boxed, the earth shook - continents
broke - the family trust & words no longer
meant anything. People composed of the whole
family witnessed and separated by looks.
and the brother was not let free
to guard the earth - the box kept
him in the sky - in this world...

~ But the plan was not without purpose -

How could this be - the family had no idea of trust
trust - in their living - they missed sight of duty
of family - at the brother had bath and the

and the conversation - to rediscover altruistic
pagan origins and become/lead the army against
the demons & mind control trump bot army.
"I'm so hungry I could eat flesh off bones"
"don't eat me" "I don't trust you, you don't trust me"
and I lead my hungry ghost spirit son through
adventurous terrain down to river let - preparing
for an ambush @ any second (Christian camp?)
two lovers in water pool & two adventures
in their undies - "let's hitchhike" we'll get so
many babes! tobacco pipe gives energy & water
river nourishes (which I had believed he
had (being one of the four alchemists)) put an
ice crystal at the river's source & him representing
Death (black hole son) and I love as we
make it to the road and stop by water
for nourish I am hesitant to trust vampire
boy w/ knife and prepare to ride the river
to the sea as a true indian. And as I
suspect a trick comes up "Spencer!" "Doug -
a mistrusting friend" "I golf better than you"
"Trump bot (meth vampire army)" We get in back, "when's
your wedding?" "Sunday" "I'll be there!" - oh
no, I've led him into a trap - the vampire bot
army illuminate to feast on him! I almost jump out
as we're moving but they come to stop. I tell
him to take Sita back and let them leave
as I work up anger and devise a plan. over
the bridge and up the mountain I hike alone
to stay off road - but they feel death
and my love is 100x meth - knife in pants ready
at moment's glance - up through the hill - like
a deer, they cannot sense me off trail. leave
my pack at location, bring my valuables & knives &
black book and black staff - into warn of
coming attack. but Sita is gone & Makema
lost trust "Bear family!" "I yell as I run

MARK TALKS

you two should go down to the river, take care of
~ Joseph - he's special
as 'You look like a prophet!' whispers @ lunch
The false father has fallen ~ you're fast! says she hasn't slept,
I'm not a malicious spirit! in 7-days!
but you said you wanted to have an lsd baby.
- I think this a spy!
I'm experimenting w/ sleep dep, we fasted gone to temples
~ like yogis in the mountains experiment w/ mind
~ yeah tobacco! ~ drinking from the water
broseph! uncle stories father who ignores -
vampire who ate father mushroom cult intro by
uncle - who took advantage of him when vulnerable
and younger (a/r?) - created mindcontrolled trump
bot army #1 (player #1 controlled by phoenix)
player 2 controlled by anne (me) but anne & phoenix
were misled / cultish vampires eating mother earth
opens to rule / live forever (OR better story - they
were tricked by broseph? spy bot keeping -
whose father (and great father father) new Indian
magic / found the dragon tooth inscriptions
@ the crash 'good ya blimp' - I thus had
been controlling / living through his daughter
(beer drinking / king of the hill / public enemy #1
robot trump army mr. smith / CIA captain / trafficker -)
this plan was to eat her flesh after making
false love to her through broseph's her
narrow / illusioned vision.
But I treat broseph as son - realizing although
he is devil incarnate, he too just needed to
be played w/ - so we adventure w/ sta down
to the water, where I'm scared Makena (to
be dead indian (my name)) is pushed off into
the sacred pool - where father sky's the
fallen son tug hearts, linking hearts of
trust (grateful dead bears) through time and
space.

Heart 31 SP on beyond Trust the back old polluted stream
RAIN MAN

Q the wedding - 'what happened to your legs?'
'that's when I became a bear' in the shower
popping my blood blister - my wounds comparable
of a flea infested forest tick - comparable to
self-inflicted cuts - the matches = 'be kind' -
questioning my love - I try to not listen to
my mislusting thoughts. But the record doesn't
tell.

Mary's peak KKK capture time

2 nights forest alone

- first offering the gun

- second - becoming bear, leader, alchemist,

spinning in circle - back to moon - saving my love.
sitting w/ granny? shape shifter David Elbert, words
of truth cause demons to leave. "he doesn't care
about granny, about Native Americans"

Get me OUTTA HERE

"You have a really strong heart" July 4th approval from
my wife the witch sitting by the hearth? my
sacred garden - feeling blessed.

hoping she will stay true. But demon thoughts
penetrate. I'd hoped she would enjoy the
adventurous tales of the journey I'd
made for her. But I was alone
~ I can't save you! not outnumbered
not from here! I'll go back to the forest!
I'll find Sita! and I make my way
back down - this time w/ keys. # I want
to drive up to deliver my IC files/work
so they can know. But I can't find path road
3 about to call manuel, as I sit outside
lake creek, low gas - line followed.
and I head back by myself, climbing
up as the sun sets, a beautiful
day to die - the lion is about to
roar "I forgive you!" as they
are about to feast on my love.
But it doesn't happen that way, and
I just head back to gnome home and
wait - fearing I lost her love to my
clone / making the worst
early morning we rise and leave.
happy my love still trusts me.

"I think you're the Vampires and I'm the win!"
"Do you just want to USE me or CARE About me?"
"here is everything, please inspect!" look 3
knives and staff laid at feet
"you're leading an army"
"fill my veins/body w/ drugs" (more earth/mek)
"YOU DON'T HAVE TO BE SCARED OF ME!"
does he need professional help? (HA)
I just need family!
I'm scared of Spence - and so I leave.

22) Auden "love one another or die", "Everything indiv. wrapped", (24) we think we're mortal (25) used artfully (26) transformation (homecoming) of human heart (27) Truman
 29) basic gesture, enhancing awareness (30) Voice of Judgement Lapua i, executive functioning,
 Howard Gardner's project zero, Spatial, Kinesthetic, musical, interpersonal, mathematical,
 intrapersonal, linguistic, 20 yo 10% i, >20 yo 2.1. (33) that isn't how I see, this is
 how, "I feel, i ^{who} you?", lack of safety i Trust, (34) basic dialogue, tangible consequences
 35) A closed, transparent container (36) self organizing structures, small events, (38)
 profound disorientation, (39) inner (spiritual) work, outer (professional) work (40) tell
 the truth, emotional state, larger system @ play (44) quick fixes, side effects,
 antipathy i distrust (46) 'exact sensorial imagination' (poet), the living field,
 48) Cultures exist only as we bring them into being moment by moment... (50) meditation
 i, pain reduction (54) 3 major neuronal networks brain, heart, intestinal (55) Chinese
 symbol for mind (oldest drawing of heart, John Milton - mountains to be in real church,
 56) Mayan Shamanism (58) expresses the truth of your hearts natural love, vocal
 offering, love itself (59) E - birth, awaken S - life force, vitality, uncond. love W -
 transformation i death N - Universal wisdom, purification (66) lack of relationship
 i each other i all nature

aches, this is first I must not fight, I cannot, who could...
 to bottom... my heart sank, my stomach
 from medical, gave red in blood crown top
 That same door, kept's open when I came back

in ready v2 I must go, I know the snow, will melt
 as obsessed w/ you possessed, confess
 I'll never ever love, never leave me
 I'm a tiger, a fighter, w/ a light to start the fire, runae, gunner, across continents
 And you keep you warm, find your desire

8/23 - Inmates walking by lil chlo stops to peak through my
 window n' Joseph (Miller?) long black hair, pony tail
 Japanese - the kid couldn't hold his pee coming back
 from "No Coc", "who" (chlo) I won't say, right now
 hunting towards my door?

8/24 - Same dude starts crying "I need help
 right now" "fresh air" "confusing in head" -
 did you thinking of hurting yourself? No it's
 not like that - O more thoughts, uncompletable, weeping
 taken away.

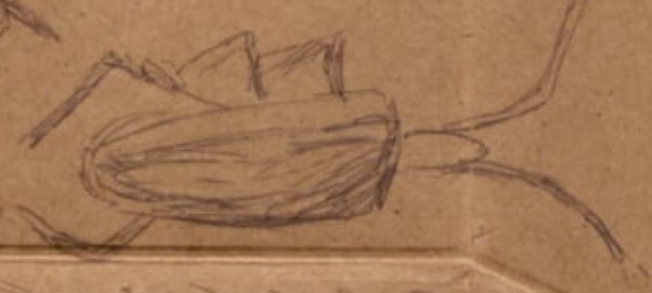
Spencer, Spencer, "I see you", "I feel you". I direct towards Joseph in his new
 single cell across from me, thinkin his heart was speaking to me, "Spencer" - oh wait
 it's just Jacob in the other cell to my left lookin at me - damn... what a tripping day.
 Say hi - seein him still makes me happier - this is weird tho cause in pos. he's the one ^{Spencer}

8/24 Covered light off again
 8/24

(8/8)

to get most into nature & ecological
like not after a day of hard work
One killed 10 smiles &
things in their eyes
you've been so happy -

Never forget
the bear of
Nagat
Death
Chasing Nature
Despairing
w/out air
desperate for
air heart
prayer.



and cry in the night, but once
I was held in nature's arms
accepted as I was. I have known
ghosts of sleep within silence in
love as well.

to him
done by
work by
my to
now the
to rest
as I
learned
when to
with you

I would
become
my
the

Maya Angelou - The Heart of a Woman

- (78) I feel like a motherless child (84-85) 'Shamrock is forbid to grow on Irish grounds', slavery and its legal child, discrimination, declarations of war (89) Savages
 (91) Everything in Society is geared to keeping a boy from growing to manhood (129) Xhosa tribe
 * (153) Sensuality between parent & child - many parents withdraw, refusing contact, leaving children yearning w/ ideas of unworthiness (160) Spirit, mother, true mother, the mother will understand (161) Stop the bloodshed, feed the children, free the imprisoned
 Daughter Elks, Eastern stars, Daughters of Isis, Daughter rulers, High Potentates
 (162) Sojourner truth (167) liberal food/housing allowance, 'A man's supposed to be in charge. That's order of nature (patriarchal deficiencies/misconceptions) (180) SANE
 (199) As long as man looked to the ^{other} man's God for his freedom, the man would remain enslaved (204) whites sent their parents to institutions to be cured by strangers
 (306) (perspective) 'Shackled, forced to march for weeks, hunted like beasts, orgiastic lynching

Geisha, A Life Mineko Iwasaki

- (pg 6) Father - Tanaka Minamoto, 'Man of the people', gives up thousands of acres of property & financial security - family ceramics & father painter of textiles for Kimono. Mother - Akamatsu, legendary pirate, fortune & perlay into leg. wealth - while advents - gained knowledge healing, med. herbs.
 (13) 'Forgive Nikki, most time she was good. Eat Nikki so she can attain Buddhahood'
 (84) intricacy of entering Room (~ Occupying the heart temple ~ balance, posture, breath, holding self up & allowing the Geisha's to run my heart ~) (94) poison mush.
 (94) Hikari, Sunbeam (186) 'Stab the body, it heals. But injure the heart and the wound lasts a lifetime - but you are not worth going to jail over' Geisha w/ a knife, threatens a drunk abuser, much abuse to Geiko Mineko, follows

Presence Senge, Saharmer, Jaworski, flowersAnatomy of Human Destructiveness Fromm

- esence - (4) Anne Loetsche, 'I have a dream', raised to think you were an animal, Mandela - prison (5) personal inherently systemic, management research, leadership, Otto, who we are, inner, source
 (6) Goethe, whole through parts, parts as whole, Fuller hand example, cont. dying & regenerating, 'pattern integrity', Sheldrake, morphic field, cell-identical DNA, social identity, context, larger organism (7) light from the whole sky, small space of eye, Bortoft, Arie de Geus, New Species (8) (9) Assembly line, industrial age school design, uniform, standardized product, habit-control, predictability, standardization 'Faster is better' (10) not yet aware as living, fear, anxiety (11) know, trust, defend (12) consequent, belonging, groups talks w/ each other (Trans. Comm.)
 (13) inward bound, Michelangelo 'meraki', deep listening, beyond ones preconceptions, historical ways of making sense, letting go, control, id's, serve life (14) cessation opening the heart (15) learning communities, American Leadership Forum, -

withought breathing consciously from
 a heavenly spout. Now there is but
 one doubt, for my next breath
 of air - a heart shout/pout
 the beat of electricity
 breathe floods heart w/
 ecstasy. Before I was
 a/ biopsy cast out from
 myself as a prophecy ~
 to leave to rely not within
 nor without but in
 the world in between
 and here I am w/ needle and string
 to stitch two worlds
 w/ one seam ~ heart &
 pain from a distorted brain
 but monkey to human became
 fully present, in love, with no shame
 crazy in love or just madly sane

morning of
 pain the

oh rain oh rain
 please let me
 feel the rain
 I've been cooped
 up for my whole
 life it seems and

each
 pain in the night
 desp A/P
 respect for an
 dog consens! many
 heart-punch driving!

9/9

THE TRUEST
TEST OF FAITH

THE FLIGHT
OF TIME

any shens
Patience
Pag Time

FEARS, YOUR OLDEST MEMORIES,
EVENTS YOU'VE HIDDEN IN THE
DARK, SIT STILL HAVE NO FEAR
LET GO OF THE DEMAND OF PAST
WHO CONTROL YOUR DREAMS, YOUR
LIFE



remember me?



Buddha touches the earth
and the pags witness
how earth protects
him from the
onslaught of
Mara - devil
demons - tricksters

WATER
NO MORE
SLAUGHTER

Tempted by the
food they eat
attempts to make
you sleep to
fall prey to their
treach - dropped
I dived into
a hypnotic coma
to rest. Promise
me you won't leave
sleep awake and
see the truth

Ito Hibakusha & Mayor
(Hiroshima)
Kazumi Matsui

Sunday 8/13 - midday nap
- skateboarding - bio plastic - sniper
- gramma agrees
- skateboarding down boulevard fast
Andy in lead, sniper in back, no
side board skid, one foot slow -
pick up & back on - up to board
walk
- small jail single room building - bunkhouse
reading sleeping kids report on bio plastic
& this kids he's dev'd - no re: to
what he got in here for - also bunked
at girl - sniping on deck, snow scene -
aiming @ snow motorists, trigger not
pulling through - reset - switch weapons
auto-down & around into fortress
- Gramma agrees water interview but
her upper teeth are denture's, not
staying in place @ all - looks south
parkish



72

九

while in jail. Ann visits jail right
on corner of 9th man gives me
ring made by mek lat. I reshape
the top. Flower? emblem into a
turtle. (B) art.

pretty relaxed, at the front
steps a ^{four} foot wide path.

here, he denies but doesn't lack
me up, instead shows me his

old machete do you know how
hard it is to get one of these?

I assumed it was stolen from
a native one the wooden

man smoking through it, I asked
officer if I could smoke some

① reading FB messages to pastor - it's not BS it's NS - matter

8/8 - so you
Don't like
Jelly.
more
ones

~~White River Road~~ White River

Looking on shoulder

YOU ARE A GIFT YOUR HEART IS A GIFT YOUR
BREATH IS A GIFT - NONE OF THESE
CAN BE TAKEN FROM YOU - YOU
ARE ALWAYS RECEIVING & GIVING
TRY NOT TO RESIST THE GIFT

STAY W/ YOUR BREATH & YOU CAN
STAY W/ YOUR HEART & then

you will know the truth
you will be w/ the truth
you will be the truth See
the truth hear the truth
you are so precious

don't hold yourself from yourself

Self Self Self Self

Selfish becomes Selfless and your
truest desires to never regret & never
cause harm will be Dream come true
be feel



THE PRESENT MOMENT
BASKING IN

You were
chosen to leave
this world
to be with
us

Low 18 on shoulder

YOU ARE A GIFT YOUR HEART IS A GIFT YOUR
BREATH IS A GIFT - NONE OF THESE
CAN BE TAKEN FROM YOU - YOU
ARE ALWAYS RECEIVING & GIVING
TRY NOT TO RESIST THE GIFT

STAY W/ YOUR BREATH & YOU CAN
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you will be the truth See
the truth hear the truth
you are so precious
dont hold yourself from yourself

self Self Self Self

selfish becomes selfless and your
truest desires to never regret & to never
cause harm will be Dream come true
be feel



THE PRESENT MOMENT
BASIC
you were
convinced to leave
detached
could you not
stop in?

8 years ago
backpacking
Father 'kill spot' advice
and bring me
experience...

Short bio - Cornellis, Spiritual, recorder (lifelong), Commission, ^{mental problem} Trust man? Conversation

Darling grandma - American Revolutionary, Archive project (FAMILY)

Notes on Police Report - 3, short summary

List of Civil Rights Denied, abuse, harass since day I denied privileges specific to BC handbook, diet & exercise, 3rd eye Spirituality, Right to know medicine (know my body 3, comps to father/dكتور insensitizing 3/or just rushed for time)

my perspective - mental health catch 22 measure 11, Lack of accountability (kept in dark) multi communication contradictions...

my gains - even less trust worthy, more self reliable w/out family/friends (22 hrs alone) increased faith in divine, History Lessons Small Library, threats against life

my desires - Public Record, accountability, Communication Forum, Transparency, free-flow information, Prisoner education, JUSTICE for the children of torn families who never learned moral compass, fair representation/listening to my side / equal defending property & rights

just

A bit of my 3rd eye trip - Falun gong organ harvesting, family nazi's digging the water supply, insult to injury ('wish ^{couldn't} ~~granny~~ could cook...') Finding safety in the forest over my own household Father in law trusting me w/ daughter's life (hunters w/ guns & fears camping - Stories of ppl missing etc)

Humans are Spiritual, mental health probs, altruism v. suicide, murder v. contracted/militia. Buddha nature, love, family, acceptance, affirmation, confirmation, shame - overruling Nietzsche godless philosophy w/ Love and creating a new society too far... autonomy,



Inspecting
The Core

PINK LADY BRAND
SEEDS CAN'T WAIT
WANT
NEED
NOT

8/24

seeds found in ~~half~~ a chewed apple broken in half

8 years ago
backpacking
Father
kill spot
advice
and brother
even me...

Short bio - Corvallis, Spiritual, recorder (lifelong), ^{mental problem} ^{no} Trust man? Conversation

Darling grandma - American Revolutionary, Archive project (FAMILY)

Notes on Police Report - 2, short summary.

List of Civil Rights denied, abuse, harass since day I denied privileges specific to BC handbook, diet & exercise, 3rd eye spirituality, Right to know medicine ('Know my body' ? comps to father / doctor insensitivity ? / or just rushed for time)

My perspective - mental health catch 22 measure 11, Lack of accountability (kept in dark) multi communication contradictions...

My gains - even less trust worthy, more self reliable w/out family / Friends (22 hrs alone) increased faith in divine, History lessons Small Library, threats against life

My desires - Public Record, accountability, Communication forum, Transparency, free-flow information, Prisoner education, JUSTICE for the children of twin families who never learned moral compass, fair representation / listening to my side / equal defending property & rights

just A bit of my 3rd eye trip - Falun gong organ harvesting, family nazi's digging the water supply, insult to injury ('washed ^{children} ~~granny~~ could cook...') Finding safety in the forest over my own household Father in law trusting me w/ daughter's life (hunters w/ guns & fears camping - Stories of ppl missing etc)

Humans are Spiritual, mental health profits, altruism v. suicide v. murder v. contracted / militia. Buddha nature, love, family, acceptance, affirmation, confirmation, shame - overruling Nietzsche godless philosophy w/ Love and creating a new society too far... autonomy,



Inspecting
The Core

PINK LADY BRAND
SEEDS CAN'T WAIT
WHAT
NEED
NOT

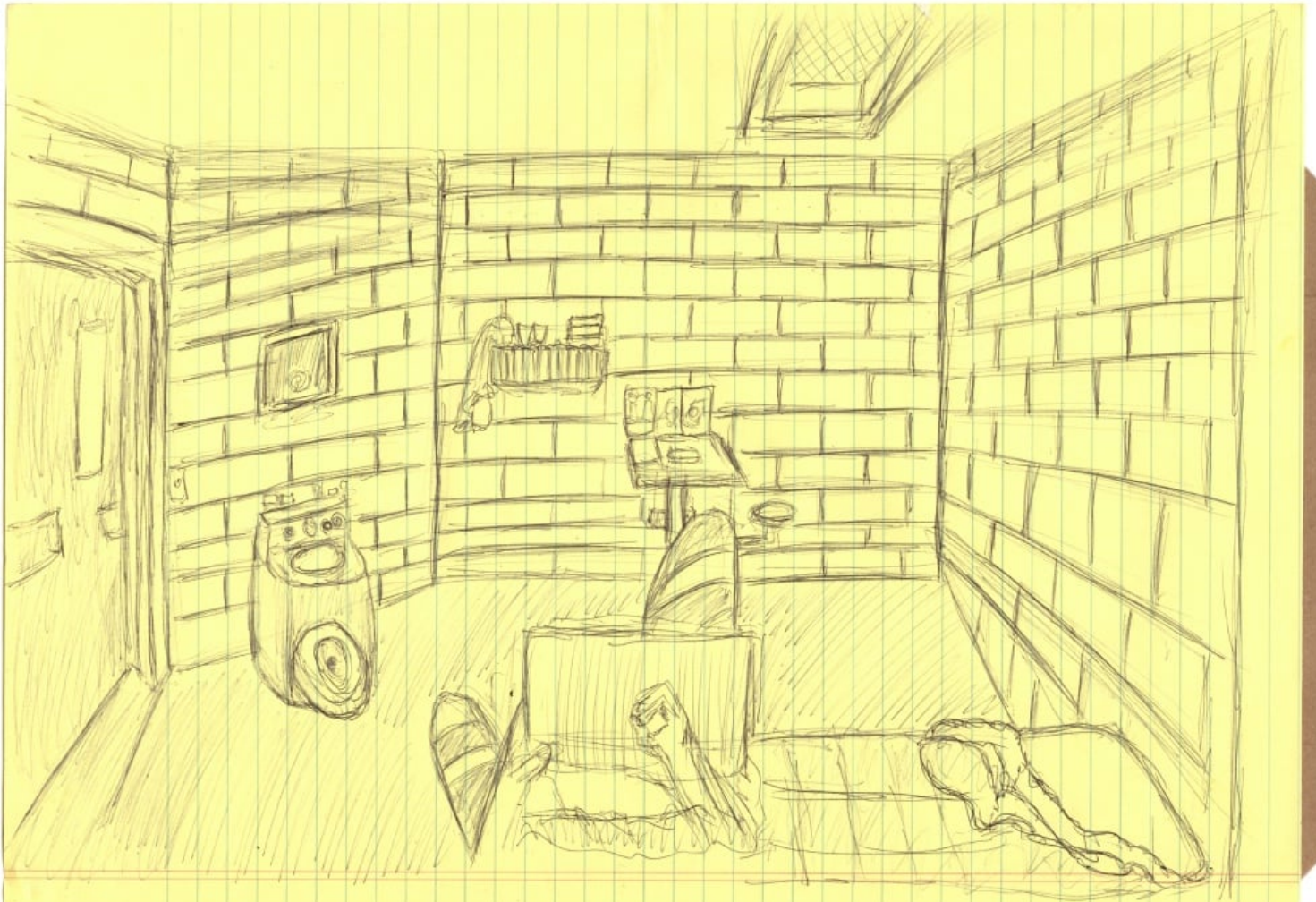
8/24

sample found in ~~half~~ a chewed apple broken in half



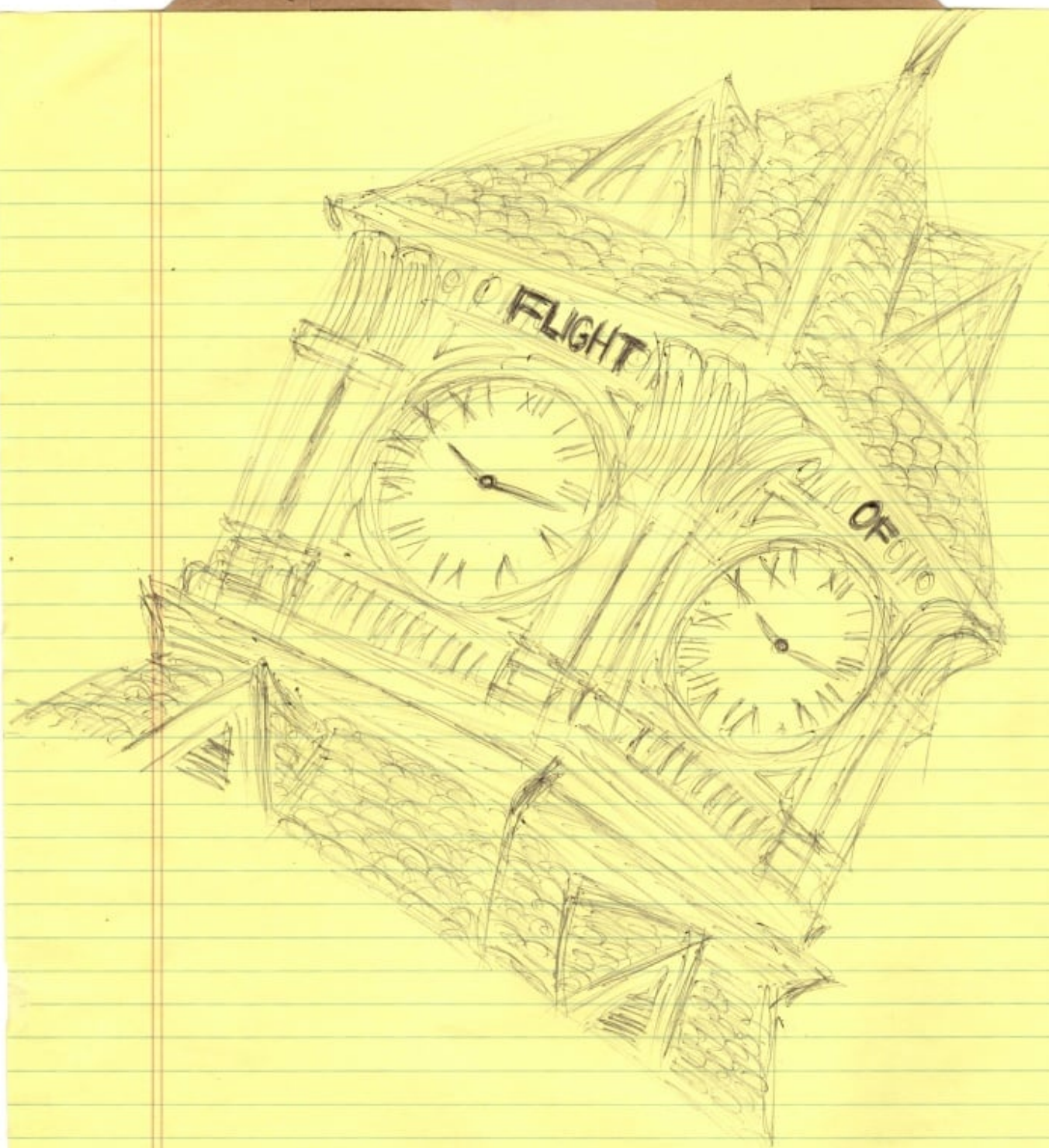
8/20

Mmm Kenna Everleaf



A Single Cell
Benton County Jail cell #27

8/22



8/10

THE FLIGHT OF TIME

(clock hands drawn to match 8/21 eclipse totality)

[illegible]



After 54 days the rose was still standing, wilted a little
but still standing

Always thinking
of you

I love Spencer J. Barrett
with every ounce
of my soul
always always always

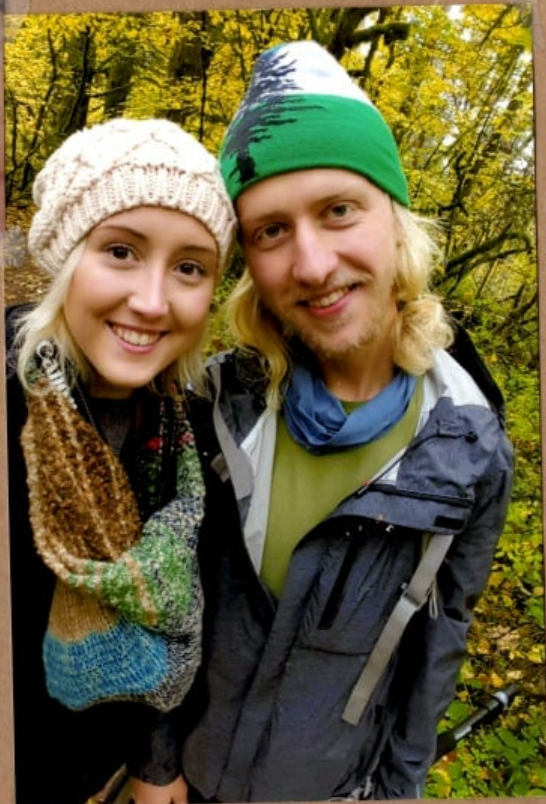
much
ly when
and I
these
over
want to
be by
un.
A B
0000



I miss you so much...
I feel all tingly when
I look at these and I
can almost feel these
snapshots of life over
again. I can't wait to
kiss you and be by
your side again.

I love you soooo
much baby! ♥

Snapshot



Our second kiss after we
joined our lives. Every day
I seriously grow more and
more in love with you.
I am so happy I get to
spend the rest of my
life with you. There will
never be anything else
I would rather do besides
spend all my time with
you baby. You are
everything. Thank you for
choosing me.

I love your wild spirit
my green grizzly bear man
you make me feel safe.
I think this is one of my
favorite photos of us, I remember
it was your idea to take it.



Love love love you forever and ever

We have so many beautiful
memories together. I love how
much picture a video we
have of our lives together.
I feel so lucky. I love you.

Sita misses you so much. she has learned to be a little more gentle since I've been playing with her so much. She's figuring out how to make it work but I know she misses you tugging her around 😊 xoxoxoxoxoxo

I spoil her but not for
much longer.

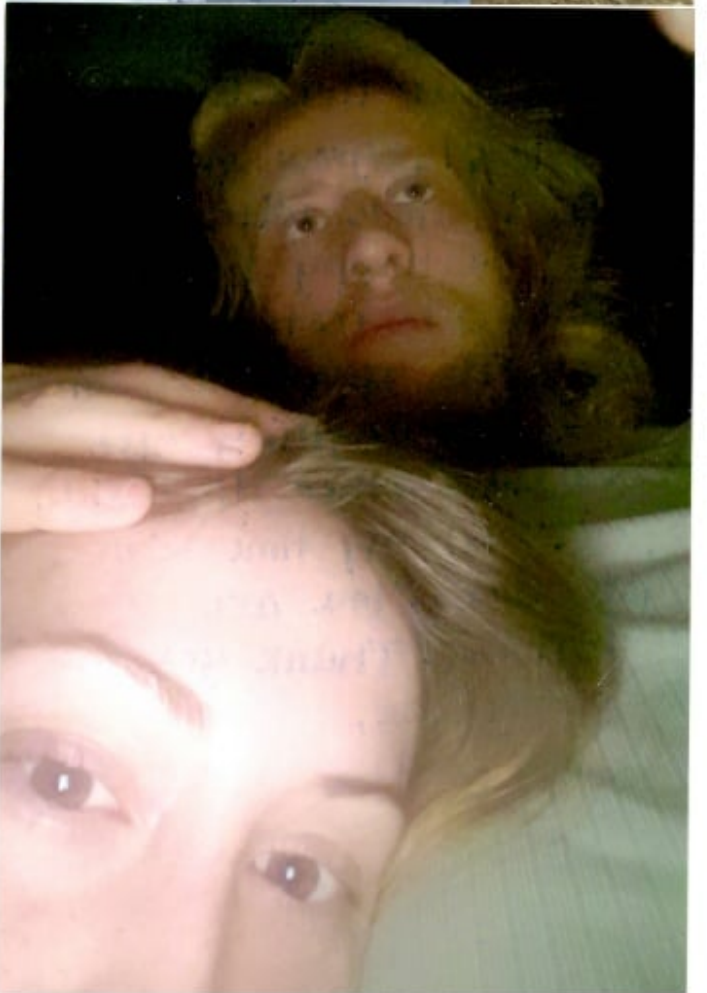
Take me back to you

We have been to so many beautiful places! Life is so breath-takingly beautiful and enchanting. You are the best, I can't wait for all our adventures this winter ♥! It's almost mushroom season!! I'm working hard to get you new camera + gear baby. We are going to be set up!

I love you

xoxo

Baby Cuddlebug ♥



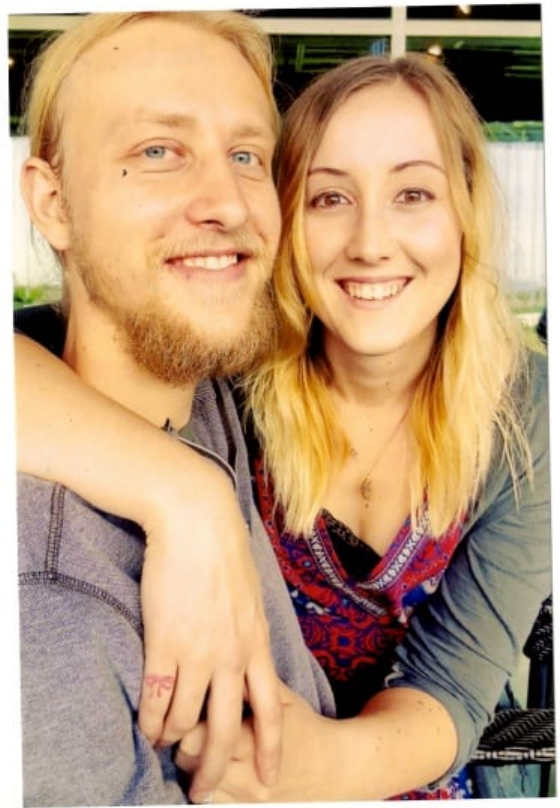


Images morph into another while stars twinkle

holding the best / something
nudging my pinky in the light
eyes closed tilted to the sun



many more images, I won't let my
drawings hold detail; the light
is perfect, I can hardly bring it to
paper, but w/ practice I know



Baby you are seriously
the cutest.

I miss you so much.
I wanna wrap my
whole body around you

Xoxo

Glowing with happiness
I wanna kiss you

McKenna Barrett
3833 NW Boxwood Dr.
Corvallis, OR 97330

PORTLAND OR 970

25 AUG 2017 PM 1 L



Spencer Barrett
Benton County Jail
P.O. Box 788
Corvallis, OR 97339



McKenna Barrett
3833 NW Boxwood Dr.
Corvallis, OR 97330

PORTLAND OR 970

30 AUG 2017 PM 1 L



Spencer Joseph Barrett
Benton County Jail
P.O. Box 788
Corvallis, OR 97339

27



Forever thine
Forever mine
Forever us

I wrote this for the
last letter but then
decided to write on
the pictures instead
but I thought since
I did write this for
you, I may as well
give it to you.

♥ I love you forever



My open...

Baby, you are everything to me. My family, you and Sita, give my life so much purpose, inspiration and motivation. There isn't a day that goes by that I don't feel lucky. Baby thank you for choosing me. Our time here is so important and I don't ever want to take the time I get to spend with you for granted... with you I feel the universe is a truly blessed and beautiful caretaker. I've said before that I didn't think anyone like you existed, the fact is I am amazed everyday by your existence and the crazy and beautiful things that happened and aligned for us to meet at just the right time. Baby you give me faith and you make me believe. I know everything is the way it is supposed to be, even now. This is a true test of our faith. I could do anything as long as I know I will always have you. I can only imagine how rough this is on you. But you really are a tough bear baby. I am going to take care of you sooo good in our new home. Everything is going to come into place, we are always taken care of. I love you forever baby. I'm never going to leave you and nothing except death could ever take me from you. I trust you. I see you. I love you.

forever and ever yours truly,

M'Kenna

mmmkenna everleaf ॐ

Lithium Day 2

(8/26) (4:30) able to stay in bed till 11:00 (Lunch) dreamt of ^{3 young} cops, getting
 bailed by parents w/ 450k bail; seeing some secret jewelry room in jail only to get caught...
 and vitamins; 300mg, calda went w/ out eating (no stomach batter) but after taking those
 did eat a granola. Denied Day Room last night - sensitive enough to have woken a few
 minutes before he came to my door. I think it's easier being in here w/ out seeing/feeling
 the other misfits; talking to McKenna does make me sad w/ his hopes of getting released
 ~ (14:00) heart it races, paralleling Amy's "Swingin' Singin' - Xmas" - thoughts of infidelity ^{of mck}
 heart slowed by conscious ^{lengthy} catch - maybe I'll try sleeping again. (16:30) still
 filled w/ occasional worries, not of the extreme panicky type, but just a childish resistance
 to being here and longing to get out - a stubbornness to not call mck cause of lack of hope
 and just really despising/mulling over another 2 weeks like this... getting better @ breaking,
 still see rainbows - ^{cons.} breath calms me more than anything. When will I gain ATTENTION &
 ACCEPTANCE? (22:00) feeling anxious over debts - printer debt, wanting to tell
 mck I'm sorry & to put on Craigslist for less than new - how silly, I'm stuck in jail
 & I have angst over debt. I also have 300 paypal debt; LBCC BS debt. (8/27) +2 aspartame Keenolds
 ~ (12:00) Been obsessin over McKenna since this morning's call / just it mckenna Envelope

GET OUT LIST

GRANNY docu ^{copy records} ^{great wall china}

- Commission Transcription • Dennis Email, Frances Pam Archive, Med ^{records}
- Upload Randal 1 & transcribe - Nate, train
- Print rest of Canvas (re org. portfolio) (sell printer after?) (leave it adv. during prints
 - junction city tattoo apprentice?
 - taking for a BOOTH, McKenna jewelry equip. ^{potato} (stock), Art, Spindina Setup
- unfinished Video Edits; psych/sensitive clip begin.
- Address to Jung Society (transcribed & stylized by S. Joseph Barrett)

C2C [Reflective Tool]

PRINTER BUSINESS - print for others, Canvas 24x36 - 100, 1/2 - 75, 1/3 - 50, gloss 1/2 of canvas
 post cards to four shops - Advert. on craigslist, fliers, website, wait for 2 weeks or 10 orders
 whichever comes first

Lithium Day 1

*Time estimated if shadow/light movement = 1 minute \approx

(8/25) (1100)-swag Li? Daily Vitamin (1105) walking back to cell, witness Joseph's blood smeared door, (1110) having trouble forgetting those images - stomach problems, breath, faces ⁱⁿ near wall (1130) made myself lunch, still thinking about the door, feel kinda zoney & pseudo? (1200) Deer in headlights - door open, attorney ^{were} ^{handing?} trash and laundry - oh, duh, just had lunch... (1230) Jacob walks past, glancing through my window, I'm wearing my hijab - I'm scared, he calls me a witch, the things that just happened to Joseph? my slaving facts w/ him - I'm going for night day room. - I think my body moves more surely, while my mind can still consider / see as normal, this is good cause often I think I look like a 'fwecker'. (1-2000 13-1400) night time request success - still pullin saturday down from that officer - getting his newen (1400) Still ^{just} a bit 'heart jumpy' on confrontation about switching Day Room time to night - I dude calls me a witch / satanist, another mocks my voice during calls?, one jumped at me w/ a pen] (~1500) Saw Megan, eyes closed, came back to lay in bed 'heart purr', feeling sedated heart purr is quick beats every so 3 or 4 beats, like bum, bum, bum, fast like a cat purr. - I was overreactive to "close the gate," "on some too slow" - it's just common courtesy". My overhead light was on earlier today, now its off... (~1650) my change / ability to build tension has increased, but my breathe rate remains 'up to me' - I think I can actually go longer now w/out breathing / choking / panicking - which is good, still maintaining ability to imagine - even better control... much more tranquil & when I do breathe consciously even more so ++ (~1730) very optimistic during dinner - after feeling a bit too sleepy to read Walden (longer sentences than Plato? URS, albeit poetic & of my liking, considerations of my 'coming down' - The ^{universal} Drug War Hemones Vs Nature, whose side will you choose? History, Identity, some death (~1900) feel pretty sad, tried lying down - getting up to write this made me a little excited - was thinking how sad / no one would be in prison / jail like this - wanting to cry every night, trying to empathize w/ animals / slaves who get locked up for free Only 1, 2, 3 weeks max, I'm so impatient, there is so valuable to me - this trip is lasting forever... Set¹, setting are fucked - this place breeds progress, violence, hate, so I'm scared, hence

so took company out, felt less lonely, same during dinner &

GET OUT LIST

- ⁶ O.R.S ^{communication} § , transparency, ^{minutes} recorders/transcribers
- KICKSTART, story comp - shared TRUST, ^{schiz} personal security - ^{state of terror}

8/28

"Trash, laundry" - gonna save laundry for tomorrow after shower - "Ok"
 - so I signed a 60-day waiver thing - wondering if I can call my lawyer
 cause I'm gonna say no, don't wanna embroil him - "Your attorneys"
 here = what? - "get on your shoes go to visiting 1 - oh ok - wait gotta
 grab - *Subitka notes* ... "Hey Spencer ... didn't want this to feel
 forced - push back 60-day waiver - "here, gimme that, Subitka notes -
 gonna try to use this to get plea deal, try to contact for treatment -
 risky but I think it'll work ... 😊 "yeah I was gonna try to ask him this
 Friday to write up - simpler + treatment" (and to OK) anyways - (Corden
 said everything I was saying in my head ... I'M NOT CRAZY! ... which ...
 and he even offered trying to get my job back - "mental health" reasons
 look bad for city firing ... whada TRIP; ^{TRUCK DRIVER STOPPING 20 MIN DAYS} Not even funny, scared shitless for a sec
 re: to whom you gonna do when you get out "finish my city (trans) script
 transcript, kinda scared me, get paid for it" ? "Touch the earth and
 then feel the earth! me the fresh air" (8/29 JK Subitka sucks - ^{at least} ^{pick deal} still on track



SUN	MON	TUES	WED	THURS	FRI	SAT
27	28	29	30	31	1	2
MCK VISITS 3	DR. KENNEDY PERSONAL PSYCH 4	SUBITKA CURVE BALL 5	MCK VISIT 6	MEGAN CAME 7	SUBITKA VISIT 8	DR. KENNEDY MOVES IN 9

8/30 - overwhelming sorrow/self-pity - doubt that the plea deal will follow
 through on the 8th. Rationalizing - Family, McK, Corden DO LTHE - a team working
 to get me out. Sadness is probably just my overreaction to increased sexual tension
 build up from celibacy/no fircication/increase sensitivity/less respect for life DAY 2.
 Breathe Deep, Move Body, Chew Food Lots, Let go of Tension restricting
 breath.

1 Tacon? after refusing dinner, sleeping, coming out? ... waiting for dinner? ... my hanging - taken by officials

9/1 FUCK!!! HELP! WHY WON'T SOMEBODY HELP ME! *Wham! Wham! * HELP!

Please! ... HELLO? PLEASE OPEN THE DOOR *Wham! * ... YOU CAN'T DO THIS!

OPEN THE FUCKING DOOR! (one of many today)

I was trying to breathe 'to be a heart' for this place - Did I do this? or am I just supposed to witness 'I'm not alone? This place breeds crazy, sickness of the Spirit.

Today was the worst day of my Panic attacks - 'sebotka fueled' atleast that's what I thought. And breathing was incredibly difficult afterwards, still is, forced to be conscious of deep breath or to 'entertain' 'dark' 'helpless' 'panicky' thoughts.

9/2 It feels like I'm drowning, being tortured & drowning more and more each day. Heart puls ... every 4-6 beats: very shallow breaths, unable to get air or help - confined to a box all hours of the day w/ no human contact besides handling of food. origin medication?
no help @ request

9/3 seeing mkenno really lifted my spirits. she's kinda magic in a way - when she's said I can't help but try to lift her up (in lifting myself up in the process).

still unsure about sebotka ... oh well 'guess we'll see'

The biggest thing that brought me back was mkenno talking about her wanting kids. she even looked up the medication effects and still wants it (apparently it's safe, something I was worried about, for the male but not the female) makes sense

2/16, officer in Training, David Young...
first wouldn't even look @ me to hand new clothes,
then, "Mr. Barrett, I'm gonna take you to visiting 1"
- woo-hoo though, Mr. Carden was there w/ an example
plea form.

a/s



oh no, not another Bible reference" Ave ^{every other ancient book too...}

kicked out of the Garden of Eden? Well, tell me what it was like? honestly? A shit show - and it drove me mad.

beat mongering galloze, exploitation, robotic humans, pseudo families / communities / whole cities operating w/ no regard for the common health.

sure I ate the fruits, but that wasn't what 'did me in', it was a personal dilemma, a fear for my mother's health and an investigation into my grandmother's death.

then the Trust broke, I did not trust my family or most humans. I feared for my life and before I knew it wound up in the worst place imaginable for someone w/ my rights / condition - MAX security for 50 days

single cell.

days

Stolen from the 6th happiness

tormented into confessing and untruth / \$20,000 for car, 70 months, wife, lawyer, family, jail staff, DA single cell, husband, etc, JUST TAKE WHATEVER THEY GIVE YOU (DRUGS)

This is karma for all the animals I caught & caged in my youth. hundreds of moths, butterflies, tadpoles, frogs, salamanders, a variety of snakes, n lizards, bearded dragons, mice n hamsters, pigs

FARLEY MOWAT, NEVER CRY WOLF ✓✱

through words & dance words touch opening glance blindness

9/7

9/7

TO listen to you to learn to know you, etc... Love ? to ask you again and again, for the rest of our lives, will you marry me in everyday tasks holding hands, of all the stars in the sky...

Love

The Last of the Bush Pilots H. Helmericks name B delay gift idea

Love

vow, pledge, commit, secure, promise 'the couple pledged their undying love'
contract, engage, covenant, plight

DOUG'S DAD - THE TRAIN MAN...

LIFE OF PI (16) animals in the wild lead lives of compulsion and necessity within an unforgiving social hierarchy in an environment where the supply of food is high and the supply of food low and where territory must constantly be defended and parasites forever endured. What is the meaning of freedom in such a context? (40) it is not so much a question of constructing an imitation of conditions in the wild as of getting to the essence of these conditions. (49) the moment the girls become possessive, the moment each one imagines that Krishna is her partner alone, he vanishes. So it is that we should not be jealous with god. (120) when your own life is threatened, your sense of empathy is blunted by a terrible, selfish hunger for survival (147) I was roused by anxiety. That tide of food water and rest flowed through my weakened system, bringing me a new lease on life, also brought me the strength to see how desperate my situation was. (192) time is an illusion that only makes us pain.

2/8/17

- Smug sure-footedness that comes w/ a profession of giving people bad news
- "you'll understand when you're older" and Boredom (didn't, screaming 'negative reinforcement is negative', (2- = +?), but as I asked for the phone to be handed back to Nick after - "you just need to be clever -" I realized he doesn't have the time to care - Patty pat pat
- self righteousness / dignity in pseudo-self sustainability the kind that comes w/ riding the Work Horse long and hard - is a sad denial; pity-ful to the extent of sympathy - these people are in a different time frame of primal, insect-like? if only a bit less organized & useful to the environment (more like parasite colonies of free radical 'cancer cells')
- * re-creating the "I gotta get out of here" scene distressed face, bent upward from bed, twisted/contorted/verging arms grasping at bed side, eyes wide open - background 2 figures (as if seated in a theatre) *
- Neive Lil Boy - Johan / Manuel / Andrus + Nagana, Dad, Bordide
- Mato KKKaseadla - sidewalk art / Oregon history / water lake pipe install - 'masters'
- 'Until the many can stand together, the few will continue to rape & ravage the earth & her valuable resources'

2/7-8/17

- travel to a farm house, smoking tobacco lights a fire - 'magic, spooky' sensation, lights on house turn on. Sure-shot woman appears, rest run away... the scene of a movie previously, and I there w/ the actors - turns into a 'run away' scene - the movie was that of a lady saving & protecting her companions by means of gunfire through long valleys reminiscent of western adventures. Quite Spooky indeed & I was the one who tempted the actors to smoke & felt the magic stir as bits of fuel caught a flame til the fire lit. Kinda rem. of Nana's farm house

PRACTICE FAMILY

"practice!?! I don't need practice!"

FAMILY PRACTICE

⊙ Family

The family is a remarkable thing, man's first identity (for he did not, no matter how self-righteous, create himself) and learned way of relating within & without the world } causative chain of identity

From his family he learns to start a new one. Some learn nothing new outside of old family patterns & pass on an almost identical structure as tact before - while others evolve in consciousness by taking family development seriously, emotional intelligence, communication, cooperation.

Very few authentic families exist/can exist in the present economy w/out a proper education. 99% are pseudo family models w/ superficial impact on themselves, the economy & a disturbing parasitic action of their own family, earth

"My family is eating itself" (individual; global)
few are living, the rest are dead, ghost like apparitions, of predictable habits waiting to be awoken to life, paradise, heaven (FAMILY)

C

C



CC prophesied
a man weeps
whistles and cries
a man weeps
again



eyes weeps
flow of the dark
eyes
wide
open

LISTEN

Nature

HEART

BREATHE

FEEL

LOVE

FORGIVE





AEROBIC VASCULAR

animals in
MOTION
DOING
PRESENT
WAKE

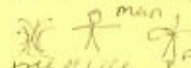
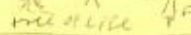
VS
Standstill
THINKING
PAST/FUTURE
PLANNING
SLEEP

Chakra's tense on in breath
penile, anal, stomach & chest
tongue to rest of mouth throat as well
dropping tongue, out through mouth
relaxing release - subtle sexual
tension in penile due to first use/
resupply/charging mech. breathing
is easier, and so is the resulting
mental state of one can engage
sensitivity w/ out fear

TO MOTION, TO FLOW
to increase in feeling
no longer running away
from shadow, embracing
resistance, melting it
hand on

3/24 Today Dennis said we're like 'yin & yang' tattoos
opposite? left hand/right ankle - Stephen King Devil to a
'Dark Towers' S.K. he said he was a dream traveller
traveller too -

Cards to add 'Flight of Time' (patterns)
to senses - Sight, Hear, Sound, etc

3rd / Train 
X Fugiveness 

1/5 after eclipse? Court? Power outage? Emperor, W of Fort, Cap

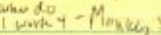
on ecl 4 me - W of Fort, Hermit, Lovers

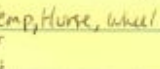
Hermit? - W of Fort, Fool, Cap

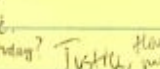
Hosp 64 Court? - Barnett Fam, W of Fort, Muck

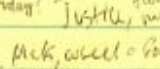
W of Fort? - Hi Priestess, Blake, Judgement

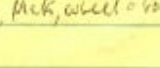
Eclip. desc 7 cards - Archer, Hero, Jim Rat, Monkey, Wheel of Fortune

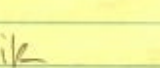
who does my wife 4 - Virgo, Rat, Grandpa 

who does my work 4 - Emperor, Son, Jim 

0 card - Virgo, Cancer, Dragon 

No today? 

How today? 

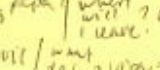
tomorrow? 

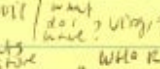
Deputy Yenchik

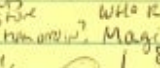
8/17 - How have I been? Strength, Rat, Virgo / How's Loga, Hermit, Moon

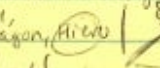
How's Barnett Fam? Hangman, Hermit, Loga / How's Loga, Hermit, Moon

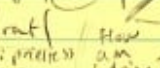
How's Cohen? Hermit, Virgo, Dan / How's Loga, Hermit, Moon

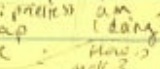
Tomorrow? 

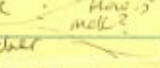
What do I? 

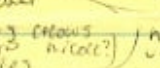
How's 

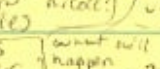
8/18 How was today? 

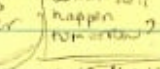
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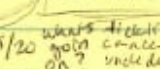
8/19 - 

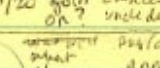
How's 

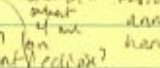
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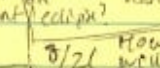
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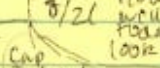
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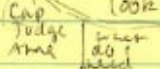
How's 

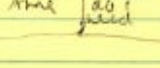
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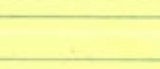
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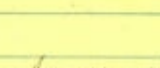
How's 

How's 

How's 

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How's 

How's 

Memories past - memory passed

chewing tobacco (used) is a joint from Elliot Newhouse

making friends w/ everyone but myself

whiskey & milk - a shower filled w/ wet clothes

sunset surf - a temple of monks - festival of love protected

by hate. The hollow eyes of the homeless & a monk asking

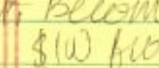
for tips offerings is threatened by the overprotected -

superficiality climax in San Diego - hate towards chanting

of self monks - death stakes & head stakes. Adventure above

the under - a burn w/ a butterfly tattoo on his eye - running

to the beach. Insulted for my mantra too quick

Luxury like  Becoming animal, sunbathing, quiet silence, sacred lands,

\$100 from nana? Egypt mysteries, back onto first five

laughed @ for writing skills - "sunshine" & new friends -

nates awakening Love & headed to Zion.

The light in May 2013 - Sasquatch sneaking dream - friendly

Canadians & Mastermind love. Ellie & Shannon & cuddle

pets. A book taken in the circle @ a request for SNA

Can? memories from college & mushrooms - consciousness

opposed William Strahl confess - unknown search for

best friend - Vietnam loose end.

gifts from the sea - thoughts of her on medication
 Stephen slave of the David Owen - feels like underwater, getting
 back to self hard...

8/22 what will happen Thursday Archer	what's marriage Death Cancer	8/23 today? what's today? pig	what's today? pig	8/24 what will happen Thursday Archer	what's marriage Death Cancer	8/25 today? what's today? pig	what's today? pig
W.F. Strength Archer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	W.F. Strength Archer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer
what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer
what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer
what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer	what's marriage Death Cancer

S a b c d e f g h i j

IS MY FEAR REAL? T. Temperance, Marriage, Mck
 HOW DOES FEAR FEEL? T. Temperance, Marriage, Mck
 9/1 H.W. Mck, Study
 9/2 T. Temperance, Marriage, Mck
 9/4 H.W. Mck, Study
 9/5 H.W. Mck, Study
 9/8 H.W. Mck, Study
 9/11 H.W. Mck, Study
 9/14 H.W. Mck, Study
 9/17 H.W. Mck, Study
 9/20 H.W. Mck, Study
 9/23 H.W. Mck, Study
 9/26 H.W. Mck, Study
 9/29 H.W. Mck, Study
 10/2 H.W. Mck, Study
 10/5 H.W. Mck, Study
 10/8 H.W. Mck, Study
 10/11 H.W. Mck, Study
 10/14 H.W. Mck, Study
 10/17 H.W. Mck, Study
 10/20 H.W. Mck, Study
 10/23 H.W. Mck, Study
 10/26 H.W. Mck, Study
 10/29 H.W. Mck, Study
 11/1 H.W. Mck, Study
 11/4 H.W. Mck, Study
 11/7 H.W. Mck, Study
 11/10 H.W. Mck, Study
 11/13 H.W. Mck, Study
 11/16 H.W. Mck, Study
 11/19 H.W. Mck, Study
 11/22 H.W. Mck, Study
 11/25 H.W. Mck, Study
 11/28 H.W. Mck, Study
 12/1 H.W. Mck, Study
 12/4 H.W. Mck, Study
 12/7 H.W. Mck, Study
 12/10 H.W. Mck, Study
 12/13 H.W. Mck, Study
 12/16 H.W. Mck, Study
 12/19 H.W. Mck, Study
 12/22 H.W. Mck, Study
 12/25 H.W. Mck, Study
 12/28 H.W. Mck, Study
 12/31 H.W. Mck, Study

600/month (rent)
 20/yr wk - 200/yr x 4/yr = 800/yr
 30/yr wk - 300/yr x 4/yr = 1200/yr
 40/yr wk - 400/yr x 4/yr = 1600/yr
 50/yr wk - 500/yr x 4/yr = 2000/yr
 60/yr wk - 600/yr x 4/yr = 2400/yr
 70/yr wk - 700/yr x 4/yr = 2800/yr
 80/yr wk - 800/yr x 4/yr = 3200/yr
 90/yr wk - 900/yr x 4/yr = 3600/yr
 100/yr wk - 1000/yr x 4/yr = 4000/yr

each individual
a spectrum
sleep dep.

family comm.
voices of judgment
dreams, shame, pride
fears hopes
the midday animal - new perspectives

Anxiety, no one respond alarm,
Death, resistance, acceptance
denial
reliance on self/others
211 ID

The story of how one word - caused me to lose all my rights **SCHIZOPHRENIA**
Betrayed / misunderstood by my best friend, my dad (PLATE, original)
'But I said I forgive you' for killing my family - No how could I trust he died not
w/ his secret 'old' ways - 'We do this all the time.' How long have my eyes
been closed to reality, to unconscious power seekers. Maybe an eternity -
I am an optimist constantly constructing / defending the argument of man's
'true' nature, Buddha, love, altruism, family serving attention accepting,
deep listening, awe inspiring - gratefully dead Spiritual man. I thought
I was dead, a bear, a robot, a prophet, all my heroes in one - Jimmy
criticized the psychiatrist who DIVES in minds.

Unraveling the mystery of what happened on that fateful day. Whose
to blame? Why are children suffering for the ignorance of their caretakers,
DAN the instigator and Colleen his sleepwalking counterpart.
Why did I see my Nana? Uncle over my parents? Why were their
names scribbled for me to contact - why was conversation closed
off but medication offered?

Truth, origins of Science, objectivity.

Subjectivity, individual creativity, family lines, unique personas

MY GRANNY: my love, Kiss on both cheeks - defied, deared
cheated by years, months, weeks... Average, Amazed a revolutionary
came on the wind. A model, role model Community Oriented
woman. I wish I listened more, I wish I knew --- but we were caught
off guard by those we trusted most. Our family. Now, to warn the
others THE RED COATS ARE COMING.

The Buddha's Tattoo - tibetan book of dead 48 demons vs 48 angels
ojo dec. 10. family members

8/21 midday dream - Grandpa complaining about being cold, argument ensues / (reminiscent of
Stalker's fire), pretty gassy complaining @ me...

S&B el Novella chapters

1. Running through Puddles
2. By the Covered Bridge - into the forest
3. Sunshine Claim pt 1, pt 2

Lavin walked me on Train Tracks (Rand 3)

Play to SHINE



8/27

The Sunshine Claim

The cosmic reaction

Inspecting the past events, climaxing w/ prison beginning w/ Leaving College
Really beginning schiz w/ mums panic attack "they're gonna kill me like they killed granny", ending w/ my release and freedom to write

first experience into consc. margin

1st 1st - mum preschool, girls, attention, drinking/black at one

1st exp 'risking mind' - Ryan Yn, guilt, camera influence
Success @ Talons, entering the present as ° ° °, feeling the body -
enjoying the senses like never before, past & future irrelevant / shut them out.

2nd

(2.2) Lucy Tree awakens me to a new reality, birthing w/ aden & breaking V's heart, Summer before college - Parental oppression on ID, free spirit
Quest for real acceptance

analysis any Commission July 10th

• Granny & the revolution, grateful dead, grannies roses, Commission picture
elf saves Louthouse from Bomb, smothering the bear trust firefighters,

Beginning w/ the / Finishing the Transcription...

The State, entities w/ an ulterior agenda, boilers & old infrastructure, property owners / politicians...

- next day recording 'should I for my life'

• Granny Archive, record, accountability, states, Transparency.

'Identifying The False Father' - oppressive, enslave, insensitive, silencing, blind trust

The True Father - conversation, logic, logic, growing trust

3 DMTree w/ Patrick 4. Silkwood Mash

May 2013 - The Light, Nana & Joe (evidence questions of Parental drugs, detached observers)
Nakes 'Train exp' - Nana love, etc

40% increase mensell

The Parent (dys)function - chain of causation, convicted
moral dilemmas / schizo / mood disorder origins & % behind bars
rescuing the children, holding parents accountable for LIFE choices
reestablishing functional communities / away w/ impersonal industrial
factory / assembly line relationships 'fast & is not better (Death) The
drugged professionals (masters) detached parasites perpetuating a modern
chain of command similar to Nazi Germany.
KHK wonderland, a baby of crater lake, pipelines, subconscious participants smiling while sinking Titanic (poll. earth)

2/20/29 Duane - "2 ind. recs, eating the yellow bird" ^{which do you think are com?}
"like fucking a fat buddha, pulling the wrong ring (red),
shadow, colour, invader" ^{then getting the well done ring off}

- he caught me off guard, silent in the heat
truth be told, the previous months had me beat
from near death to true death, a month spent in bed
hundreds of miles biking and I couldn't leave my head
from Tillman to Eugene, good samaritans, really max
trauma dipping in between, Chant, James Lloyd, Jan,
6. Karen Singh, blue young,
5. Julian Altig, Mariah Ome (Dory, hippie blue before I was 21)
4. Anne & Phoenix, Doudan & hana, Kira & Kestrel, tractor smoke
3. Sasquatch music, Claire Mast Angelo, Krishna monk, Temple, Elliott
2. Cameron, consciousness, spaced step, sakti
1. broken relationship attempts to mend

Is Freud Alfred everyone wants to fuck everyone
is for the higher creative functions - individual
persons, not all want to listen or be listened
to, this arena is hard to match partners
for life. Some 'lecture' while others 'study'.
and some don't have the patience for either
on jealousy, marriage, infidelity, Love, coveting

Freud and his cramped Discontent w/ society, someone
should have taught him how to stretch - for he
was always too tense to handle energy & his whole
perspective 'to decrease/release tension' was fueled
on his personal dilemma - I would like to
assert the way opposite of this claim &
say our tendency is to gain increase in energy/
excitement/tension - but that many fall short due to
lack of self discipline & maladaptive emotional response
mechanisms make them forgo the increased
sensitivity out of fear/jealousy/rage/sleeplessness/
sleepiness, cramped, failure to digest, clog the body to ^{draining} _{rest}

FRUO, LOVE POEMS, DREAMS, MEMORIES (8/29)

intestinal dilemmas create sleepy anal retention

Makam Mammkenna Everleaf

my love, my dove, sent from above
The photos you sent me made my heart
ache and the words on the back made me
cry like a child - and it felt amazing -
to know how much you care, I feel so lonely in here
- I've been in here 40 days and 40 nights
maximum security, I was beginning to
lose sight, I felt like a nobody until
you turned on the lights.

Thank you for choosing me - for taking
me in like a stray kitten. And staying
w/ me, loving me for who I am.
I never thought I'd meet anyone
like you - how could I? You're one of
a kind and you're all mine

lost in the woods, only to find
I'm staying for good under a thousand foot
pine

you are my goddess so I kneel and kiss your
feet and I make my way up caressing
the back of your legs and kissing your
inner thighs, lips part for the tongue
to lie, massaging, cooing, hands make
their way hi - until my lips have made your
whole body soaking I have just begun -
now I meet you face to face and slide
in and out like the tide, forever inside
is where I reside.

Waves crashing on the shore - a storm
from the sky, rain soaks and penetrates
the earth creating gushing roaring streams
- the next days sun shines bright
and a million mushrooms spring up to shoot
their spores all night

9/31

Schiz An Introduction [Self Diagn. explain]

I took that to be
that most be my que...
(equal complex - hyperattentive -
center of causation)

[6 said I looked "like a prophet" sitting w/ ^{facing} ~~my back~~ ^{cross-legged in the sun} turned to the breakfast, "the false father has fallen!" I proclaimed - my own individual family dilemma reflected and projected to the larger community, city, states, country, world @ whole.] ~
Anne looked puzzled, [McKenna began to speak just caught that I couldn't hear - the trust was broken, they suspicious of me & I of them - words are hard to find when people don't trust a thing you're saying - But I had practice by now, "You're Toast!" Oh no! She's one of them! or she thinks I am the 'fallen angel' proclaiming a sinful defeat over Father SKY in heaven "I'm not a Lutheran Spirit!" - after ["I have a crazy uncle"]

"I have a crazy uncle?" "I have a crazy uncle" The three of us exclaimed w/ laughter. AHA! The uncles, crazy & perverting minds of the children from afar, this made sense - Trump but army, cell phone ^{mind} control invading the family unit]

~Beginning on March - receiving an emergency phone call - heart pounding - Fearful of Mother's Life - The state of panic / death tripping / adrenaline rush hyperperceptive ~ Like a child over taking by the imagination - How TO CONTROL

• The Godfather • Malignant Demon • Smoking the Bear 'Guardian' recorder • Lion man ^{SHUT IT}
• Queen of Hearts, King • ~ Self Diagn. ~ • Framed by the Moon Bearman ^{AND STABLE}

Naive Little Boy

"It's the nicest way to go" "But I wasn't done w/ her!" Her stories, her life, her cut short.
"Are you threatening me? I don't share your bike is" Oh you just being reactive!
We aren't leaving your camera out, face to face... magic hot springs encounter. 3 they retrieve bike
"Can I go in?" Sleets past 2 "on your just a boy" (recordings drop by (continuous dia))
OH, SO THIS IS HOW 'ADULTS' DO THINGS... overgrown children, HOLO CASTE
first word privileges, self righteousness & "independence" **FAMILY REVOLUTION**

Young CONNECTIONS



Science, myth, man, animal,
art, heroes, poetry, villains
reality, dreams, micro/macro
relationships, life, death
LOVE

Inspired by Jack Penders ^{TO build a fine} ^{LOVE OF LIFE} ^{> both could be} ^{short stories}
to write & inspire young folk to back pack w/ my younger
backpacking tales "between giant firs, sun going down, running
on snow clenching my knife" Elvin to Pet #1, sleeping in cave, running naked
on the ridge, following deer trails, grappling & rock climbing, stars & dreams / constellations
Penders ants, high hot spring / pool

6/20



Once upon a time, in a land deep
 deep inside, past the mind & through the gut
 the heart that beats is not so far. And in this
 heart there lies a star.
 blinking & twinkling all by itself emitting & surrounded
 by light, but the star only sees darkness for it
 has no sight.
 Until one fateful night - a trail of colorful light
 rushes by. The star wakes from its lonely
 sleep and chases after, big going up so deep
 at first a small, a Nightmare, only shadows follow.
 In time they learn

Memories Past - forgotten cow step - dimple hill ^{steep} poralag's
 - salamanders, snakes & Moths, Mice, Harrison Swamp, Nana's
 Birdy, Nana's Plum tree, Monkeys in a tree - skeletons in owl poop,
 frogs @ the pond, catching crickets, under the stars - trampoline -
 fairy flies past, Nana's crystal Ball, Lady Bugs in the attic, tall
 grass maze games, The maze game recorded, falling on back nate
 carries me, 'running away' dog flap, Wildcat park 'kid helper', poop girl / monkey
 string, joned cheat KST, mid. school - jesse's house 'sleepin pill', brock's house powder,

What good comes of this:

- 'abandoning' ^{freed} friends, social media, ^{psuedo} fake family
- inside look @ 'Justice System' ^{detention, fam.}
- forced to overcome fears / time restraints ^{Biologically}
- detox from marijuana & Everything
- learning how to breathe consciously & escape the minds -
- compiling tons of material for Docu / Book

claustrophobia

traps



8/31

insp. by - Inn of God happiness

CC MISSIONS around the world

The new mission "healing the Spirit/Community/Land" ^{go on online eliminating private evils through Public Eyes}

CC MISSIONS/HOTSPOTS/COMM. SANCTUARIES/WORLD-HISTORIC CONSERVES

+ reflecting the communities back to themselves. through art - FILM - PAINT - ROUTE

WEEKLY, MONTHLY, YEARLY PUBLIC SHOWINGS

+ SOUP, BREAD KITCHENS, WARU SHELTER, Safety (24 hr recording/surveillance)

MEDECINE, MENTAL HEALTH (uncert. trainees/good samaritans - video Bro transparent communication)

Jack London - The Wit of Perportuk ...

Medicine man questing for Mother Nature, to be a child again, in loving arms.

Finds a runaway maiden of abusive chieftain - frees her body & mind? gains the lover/mother he was always looking for ... [obv. parallel mck & my story w/ Native Twist]

Terence McKenna's Address to the Jung Society

Secrets of the Shaman - Psychonautical - Alchemical transmigration of the Soul - escaping (root) the family Envelope - sleep dep - merging minds (sleep & wake) mind control/CONTROL YOUR MIND -

overcoming (dumb)

Inhibition (sleepiness/paranoid judgement/shame)

Wizard of Oz, The Emerald City, Day/Dream Trips

The Creative Spirit ^{LIVES LONGER THAN} emphasized over the Body

~ what if we could rid body desires/distractions - what 'higher' purpose would we serve to accomplish? what would we promote? what is our creative style? regardless of the hand that draws it. no more self love / loathing only creating & taking pride in the continuous process of creation.

POETRY/PAINT/SCULPTURE/FILM/STORY/CLOTHING/CROWNING
MUSIC/TASTE TW!?

When I finish a chapter, my heart skips, hairs stand on neck. eyes tear, magic spell binding
(last chapter/sentence/dreaming mother who cures) and I go back over it like an addict ^{writing} questioning
"my neediness likened to cycles/gays" for the rush.
(120) Clyde @ school, mother stands up (281) suicidal from being

ingin a Swinger, Angelou (51-52) Sons broken trust, mended by attentive loving mother (them in her books)
Anat. of Hum. Frmm (32) 'The Falangist motto, "long live death", threatens to become the
secret principle of a society in which the conquest of Nature by the machine constitutes the very
meaning of progress, and where the living person becomes an appendix to the machine...
The call for "law & order" (rather than for life and structure) and for stricter punishment
of criminals; as well as the obsession w/ violence and destruction among some "revolutionaries";
... are only further instances of the powerful attraction of necrophilia in the contemporary world.
We need to create the conditions that would make growth of man, this unfinished and uncompleted
being - unique in nature - the supreme goal of all social arrangements. Genuine freedom and
independence and the end of all forms of exploitative control are the conditions for mobilizing
the love of life, which is the only force that can defeat the love for the dead. (46)

(K Lorenz '66) 'hate presupposes the presence of love: one can really hate only where one
has loved... (argued by) murderers, torturers - etc (love for humans? turn to hate towards some)

(GUNS, GERMS & STEEL) 25,000 BC - fired clay figurines (CZECHOSLOVAKIA
long before oldest fired clay vessels (from Japan, 12,000 BC) - 25,000 BC

CZECHOSLOVAKIA, evidence for weaving (11,000 BC elsewhere)
Woven cloth (7,000 BC elsewhere) (pg 261) (301) Bamboo rafts

35,000 BC from Asia to Australia (104) No malice or vengeance ^{the} David Davis

The Great Adventure Stories of Jack London: The Inn of the Sixth Happiness

(inn, 6th) (32) Yang-cheng, mountain top temple city. Yangchung (61) "all that had gone
before was a preparation for this, and this only a preparation for what was to come."

(67) Its disgraceful, these men are locked up here week after week, year after year, with
nothing to do, nothing at all... of course you have riots if they've nothing to occupy their
time. (68) Thank you Ai-wuh-dih... the virtuous one. (84) Three Character Classic,

Doctrine of the Mean (338 BC) 'the perfect man is never satisfied w/ himself' (85) 'if I

cannot preserve both I would rather give up life and hold fast to justice. Although I love life, there
is that which I love ^{more} than life. Although I hate death, there is that which I hate more than

death. Mencius → All men are naturally virtuous, just as water flows down-
ward, the evil of this world contaminates them" (92) one bottle Lysol, bottle potassium perm-
anganate crystals, can of boric acid powder, absorbent cotton (106) Tied to a post, forced

to watch wife and 3 children burn in house. (155) Flee up, flee up into the mountains! Dwell
deeply in the hidden places because the King of Babylon has conceived a purpose against you!

(161) Starved him, w/ out sleep, beat @ regular intervals (162) tortured into confessing an untruth
... Died keeping faith... Wakened every hour by blows for 3 months (163) A steel cage w/

• 20 other prisoners - kneel @ dawn for hours. Stand w/ heads bent once every 2-3 days
• Buds of corn & a little water... A core in the spirit - which no physical degradation

could destroy: For 6 months - filthy, lice ridden, neither sun nor moon, nor knew
the passing of night into day or day into darkness. Moved to another cell after 6 months

and spent total of 2-years before sent to coast (164) lives in Ely Suburb of Cardiff

8/25

Cows, Pigs, Wars & Witches - Marvin Harris

- (6) Mother Cow (8) Bihar 1917 cow riot, Gandhi (9) Bill of Rights for Cows, Nov 7 '66 120K march, 8 killed (12) < 5% rice on farms comp to 60% 100 years ago (15) (18) traction, fuel, fertilizer, milk, flour covering, meat & leather (21) Gandhi "how we feed her to take the last drop" "How we starve her to emaciation, ... how we deprive them of their portion" (40) Marling, pigs (41) Yams, taro, sweet potatoes "a complex self-regulating ecosystem" (47) a set of variables which changes year to year [laws/stationery/ecosystem considerations] (52) Exotic yearnings, a result rather than cause of war [jealousy] (60) Women & children would eat better if they concentrated on raising pigs instead of men [spirited away] (71) primary mode of adaptation is culture, not anatomy (72) Women-birth care & feeding of the babies, Friedrich Engels, Lewis Henry Morgan, The historical Matriarchal phase [fertility statue evidence] (94) Potlatch, Phantom Cargo, Messiahs (164) Bible contradictions (Matt 5:9, Matt 10:34, Matt 5:39 v Luke 12:51, Matt 26:52 v Luke 22:36, Luke 6:27 v John 2:15) (178) 500,000 conv. & burnt 2 death Europe 15th-17th century (179) Confessions through torture [the legal system, modern witchhunt, paranoid accusers] (182) Johann Matthäus Meyfarth - contemp. critic of witchcraze (184) The Canon Episcopi document, ~~the~~ (186) the Inquisition, Pope Alexander IV, 'The Hammer of the Witches' (189) Hemlock, Nightshade, henbane, mandrake, atropine, belladonna (208) consciousness III "deeply suspicious" - (211) Yerba del diablo Don Juan (213) Datura, Jimson weed, thorn apple, Gabriel's trumpet, mad apple, devil's weed (221) Organizational Efficiency, charismatic leaders, well-defined moral order (conscious culture > counter culture)

The Anatomy of Human Destructiveness Erich Fromm

- (21) They will worship power-greek myth [Nietzsche] (30) Suicide-failure to realize passions / never a cause from lack of sex (36) Sexuality, self-preservation, The death instinct [conscious death fear, accept = love / creativity, acceptance] (70) behavioral study of obedience Stanley Milgram

Walden "Civil disobedience" edited by Owen Thomas '66 → (5)
"no way of thinking or doing, however ancient, can be trusted w/out proof. What every body chooses or in silence passes by as true to-day may turn out to be falsehood tomorrow, mere smoke of opinion, which some had trusted for a cloud that would sprinkle fertilizing rain on their fields. What did people say you cannot do try and find out that you can." - (8) animal life - animal heat [the struggle to keep warm] (9) "Elysium, home of the 'blessed dead' also called Elysian fields [grateful dead]" (11) require every writer... a simple and sincere account of his own life and not merely what he has heard of other men's lives; some such account as he would send to his kindred from a distant land; for if he has lived sincerely, it must have been in a distant land to me.

8/31

insp. by - Inn of God happiness

CC MISSIONS around the world

The new mission

'healing the Spirit/Community/Land'

you online eliminating private evils through public exposure

CC MISSIONS / HOTSPOTS / COMM. SANCTUARIES / WORLD-HISTORIC CONJECTURES

+ reflecting the communities back to themselves. through art - FILM - PAINT - POSTER

WEEKLY, MONTHLY, YEARLY PUBLIC SHOWINGS

+ SOUP, BREAD KITCHENS, WARW. SHELTER, Safety (24 hr recording/surveillance)

MEDECINE, MENTAL HEALTH (concert. trainees/good samaritans - video Bro transparent communication)

Jack London - The Gift of Perpetuity - ...

Medicine man questing for Mother Nature, to be a child again, in loving arms.

Finds a runaway maiden of abusive chieftain - frees her body & mind & gains the love/mother he was always looking for ... [obv. parallel mck's my story w/ Native Twist]

Terence McKenna's Address to the Jung Society

Secrets of the Shaman - Psychonautical - Alchemical transmigration of the Soul - escaping (trump) the family Envelope - sleep dep-merging minds (sleep & wake) mind control/Control Your MIND -

overcoming (denial) Inhibition (Sleepiness/paranoid Judgment/Shame)

Wizard of Oz, The Emerald City, DMT/Dream Trips

The Creative Spirit ^{LIVES LONGER THAN} emphasized over the Body

~ what if we could red body desires/distractions - what 'higher' purpose would we serve to accomplish? what would we promote? what is our creative style? regardless of the hand that draws it. No more self love / nothing only creating & taking pride in the continuous process of creation.

POETRY / PAINT / SCULPTURE / FILM / STORY / CLOTHING / GROWING

MUSIC / TASTE TW!!

9/1/2017

Organic Psychonaut, psychedelic states of mind

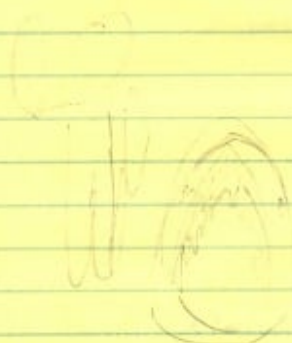
TRUST WORTHY

Organic plants - Cannabis, Amanita muscaria, Salvia divinorum, morning glory
Hawaiian baby woodrose, Kava Kava Root,
Fast & water fasting, Holotropic breathwork, endurance events
extreme sports

benefits of writing + maintaining coherence, rationalizing experience, directing
stable record

My Schiz- Opinions, center amicus / focus on wall, hypersensitive ^{to people's responses}
to noise / bodily sensations (broken ^{upper} front / crooked jaw, outsticking
teeth, broken ^{left} pinky & ring finger, iliotibial band)

Mistrust
suspicious
victimized



I told you of my psychonautical
experience in order to give you
background as to how I can stay
organized, coherent amidst my
'disorder' - w/ education I believe
all schiz can harness their ability
and so I prefer talk therapy to
drugs, to work w/ the 'left'
rather than dull it (and go in
the process) out.

STOP MAKING
ASSUMPTIONS /

TRYING TO PROVE

ME WRONG JUST

LISTEN - NOT

enough time to
trust you - THIS

IS ALL ABOUT TRUST

DONT ABUSE MY

WORDS IF YOU WANT

GIVE ME TIME TO EXPLAIN...

LSD (I would never know) OR TRY BECAUSE I DONT TRUST (NO CRAP).

IS TREATMENT

fear that sobotika is
working against me; Do you
believe you have schiz? Do
you really think you have schiz?
I KNOW I HAVE SCHIZ

but you not disorganized, you
hear voices

what about high functioning
schiz patients

A Beautiful Mind

Handwritten notes in left margin: "I need to get me outta here"

also DOESNT TRUST PEOPLE

noise breathing around mistrust
Hyperactive, heart murmur, social excitation -> quest for app...
cleanser, spirit-seeker, Broken family model, ongoing...
ultra runner Brother manic brother) mom anxiety, grumpy apnea

Self Diagn

Mother Panic 'these gonna kill me like kill granny', Corning Apnea no
research hospic system, Medicated to death (dad want surprise death medication?)

Cascadia Nat KKK, Leith suicide, Native History Videos
Falun Gong organ harvesting, Trump bot army/night cellphone mind control
Confronting Dad, Becoming a bear, Heroes, sleep dep, (Train man Trust)

'Bad Complex', 3rd Eye - objective viewing, Doctors drug water supply
'Quantum thinking', 'complete' opinions: over competing/competing
Worst Case vs Best Case scenario, "Family" Practitioner

'complete' opinions due to quick/abrupt/single sided conversations,
fears of judgement's (unsaid) preparatory defense to the
worst thoughts against me 'I don't like mom' Fraud!
hyper sensitive, tobacco, sleep apnea - MRI @ McKee Day Hosp

Night time relax/less noise/able to 'think for self' (Bilth 112)
Carl Jung, creativity, semilucid dreaming: attention to
dreams controlling day (guiding/influencing) creative built in intuition

problem solving/past-future considerations, prepping
Waking Nativity - City Commission, Father 'we do this all
the time, Justice' system, comparisons to Nazi Germany,

State of terror against Spencer 'Should I fear for my life' -
protecting the recordings - Who can I trust? No where to turn

a 'secret past, unknown father, A city to save a country to
create/Amend for our past wrongs creating a new culture

Conscious Culture live, Culture World Map/Timeline
transparent communication forum uncovering a hidden past?

Culture of Peace, David Adams free-flow information test: available
documentary/Ashland commission Spotlight program
world historic activists

Targetted for trying to show/save the World - begin w/
Cascadia billionaire tycoons/secret societies/ 'masters'/oppressors
Mafia Drug computer complex / those profiting off a
unconscious society

Handwritten note: "(Return page they're)"

Handwritten note: "I plan to plan death"

Handwritten note: "I'm suicide"

Handwritten note: "my heart not mine no more"

Handwritten note: "Shaman thoughts"

Handwritten note: "out of control"

Handwritten note: "regression childhood to state"

Handwritten note: "the power of recording (or) power of knowing it's wrong?"

Handwritten note: "writing 1. writing 2. with 'being there'"

**Facts found
and Relevant
Evidence**

- Barrett did mix water, fruit, and possibly other things together in an effort to make something in his cell.
- Barrett did have multiple leftover food and garbage items found in his cell from past meal services. - perfume? ('fact')

**Summary of
findings and
sanctions
imposed**

Regardless to whether Barrett was trying to make pruno or trying to make perfume he clearly possessed and manufactured contraband in the jail. Barrett's cell was also found to be in disarray with various garbage and food items laying around. Barrett is found to be in violation of both of the following rule violations - *nuisance*
Major #8 - Possession or Manufacturing of dangerous contraband — *minor #10*
Minor #1 - Failure to maintain sanitation practices

Sanction Imposed: Barrett will be given 72 hours lock-down without dayroom privileges. Barrett will be given credit for time served on lock-down since 8/4/17. Barrett is eligible for dayroom starting on 8/8/17. Barrett will be placed on a 30 day facility probation. During that time if Barrett receives any further disciplinary sanctions a additional 48 hours lock-down will be imposed.

A copy of this disciplinary adjudication will be forwarded to the classification committee.

I have been advised of my right to appeal the results of this hearing and my signature below does not waive said right.

Inmate Signature:

Refused:

☐

Hearing Deputy Signature

Sgt. McLean 8/8/17
41106

29/7

'too receptive' - How the matrix makes you
blonde ~~hair~~ ^{hair} + friendliness around people, serving to please, electric noise

Charcoal, Bear, writing & drawing over electric devices

GT AUG 27 Homeless shelter

July 4? 'Taking time on new job' Kerby (Be jai/courthouse)

STAR MAN A. Foster -

Alien ^{not another country} ^{somebody} ^{off planet} ^{cosmos}
pleaded deportation joke, David Carden

(128) I think you are a primitive species

that does not understand its place in the scheme of existence... Beautiful Life, Beautiful Form and Shape. You destroy beauty. It is a mark of ignorance to destroy beauty. There are other ways of getting fuel.

(135) Catastrophe Theory... once a civilization has reached our level of technology it will do one of two things. Either it will get its ~~act~~ collective act together and make peace among its constituent tribes, settle old differences, and then make the big jump out into deep space like grown-ups should, or else... it will muddle along like a bunch of spoiled brats until it blows itself all to hell. (230) I think your world is at its most attractive when both it and its inhabitants are at their quietest (277) ~~You would die there. As I would die here. Or worse,~~ you would slowly suffocate from loneliness, deprived of the companionship of others of your own kind. GREAT ADV. STORIES OF JACK LONDON

ABRAHAM ROTHBERG - introduced

(viii) "I do not remember ever receiving a caress from my mother when I was young"

(xiii) Life is a mess. It is like yeast [culture] (xii) could not see a 'back-to-nature' movement as anything more than atavism, but it was an atavism which attracted him (xiv) pride in man the maker, man capable of love, loyalty, and sacrifice... combination is stronger than competition (xv) To go far and endure, it must have behind it an ethical impulse, a sincerely conceived righteousness (46) [Wit of Porportuk] It is true, you shall live long, but the longest nights are the cold nights when a man shivers and lies awake. My nights have been short but I have slept warm (48) A toast to the short nights when man sleeps warm (97) [The League of the Old Men] through it all he observed the law, pitiless and potent, ever unswerving and ever ordaining, greater than the mores of men who fulfilled it or were crushed by it, even as if it was greater than he, his heart speaking for selfishness. (251) [The Strength of the Strong] Parables don't lie, but liars will parable - Lip-King (255) For we were the law, all of us, and no man was greater than the law.

9/4 new wine's
black
- gettin combine
all letters
into words
for Mike's arm

My Love,
my dove, precious gift sent from above.
my heart is tied to yours, without you
it aches, for you it shakes

My little monkey, my yellow bird, my turtle,

9/5 Leaving the Family Envelope
Leaving the whole City Envelope
Dropping identity w/ those who gave it.

July 31, 2016 (Cancer → Leo) ③

9/6 ON one knee, I take your hand
you have my heart, can I be your man?

I vow To protect ^{to} provide, by truth to abide, bear it / carry it
by faith I will abide aside merry

to listen to ~~to~~ Both learn to hear it.

No feeling your body ~~for~~ Free Spirit
* give w/ your spirit Living - eternal, wise

My best friend, my teacher, my baby, preacher mother
you're my shining star, my dream come true
I want to be w/ you forever, I Love you.

Not even time can unwind these two vines

9/7

Love
address To know you
to learn you
to work for you
w/ you, in you.

Should want
content 'Masters' need to pool resources... the strength of man!
milgram / authority / Stan. pris. exp. - require authority to be recorded
city managers / those w/
excess power



Benton County Jail Disciplinary Hearing Adjudication

Incident Date: 08/03/2017

Inmate Name: Spencer Joseph Barrett

Hearing Date / Time: 08/07/2017 @ 10:00pm

SID 22418875

This form is to serve as documentation that an administrative hearing was conducted on the above noted date in regards to rule violations alleged to have been committed by the above named subject in the Benton County Jail. Below is a list of the alleged violations and the plea to each as provided by the inmate.

/ Violation: Possession or Manufacturing of dangerous contraband ☒ Major ☒ Minor Plea: Not Guilty Finding: Guilty

/ Violation: Failure to maintain sanitation practices ☐ Major ☒ Minor Plea: Not Guilty Finding: Guilty

/ Violation: Keeping unauthorized food or drink in the cell ☐ Major ☒ Minor Plea: Not Guilty Finding: Not Guilty

/ Violation: False statement to staff ☐ Major ☒ Minor Plea: Not Guilty Finding: Not Guilty

/ Violation: ☐ Major ☐ Minor Plea: Finding:

Inmate Statement in regards to allegations

Barrett stated that he did not think his cell was dirty, and that he would have cleaned it better had he known he was going on transports. Barrett stated that he knew how to make beer and wine, and that he did not have the means to do so while in jail. Barrett stated that the concoction Deputy Johnson found in the cup was water, jelly, and possibly orange peels. Barrett stated that he mixed those items together in order to make a good smelling fragrance to leave by his toilet. Barrett stated that he was not aware that it was against jail rules for him to mix things together in a cup. Barrett stated that he felt jail deputies were singling him out and picking on him by charging him with rule violations and taking away his dayroom time.

and all the other BC handbook privileges denied / CR / Abuse / Harassment - How you like that?? (one of many)

Witness Statements

none

22418875 0966



Note
headstand
by the train

Aries ♈
Taurus ♉
Gemini ♊
Cancer ♋
Leo ♌
Libra ♎
Scorpio ♏
Sagittarius ♐
Capricorn ♑
Aquarius ♒
Pisces ♓



Nicole visit

o Baby promise you won't ever leave me?
I love you so much, you can have
those everything, I'll tell you
everything, I have nothing to hide -
I really really love you

o Cordens number

- just tattoo - gonna 'perfect' poem

WHY GIVE TO MARK? WHY

THIS MAKES ME WANT TO RUN
AWAY FROM PALS / DESTROYING Pseudo family

o Some Family Bullshit / no frost

- THATS WHY I SAID TO LEAVE PARASITES

I'm willing to be completely open about my whole past
but for some reason and I know you really want to keep secrets

OR YOU'LL
BE
ON
THE

I don't
you don't know me
and you don't trust me
I want you to know
you can be
completely
vulnerable w/



me - tell me the truth - whats on your mind and know I will
help you, I will show you - I will be
w/ you forever

what job?
need
ie →

Talon, Cameron, seorge, w/ him over and over w/ girls, but you can't just be
you lying turn to superficial honest w/ me, I won't
I don't care, I'm just happy you're still w/ me though all of this
I really don't feel like I have anyone especially when I sense
distrust, but thank you for just being there for me, no one else
was - & wasn't. & I'll tell you our story - I'll tell you everything
you don't ever have to worry - you can tell me everything.



BENTON COUNTY JAIL NOTIFICATION OF HEARING

Inmate Name Spencer Joseph Barrett SID 22418875
Scheduled Hearing Date Aug 7th, 2017 Time 10:00pm Incident Date Aug. 3rd, 2017

This hearing is in regards to allegations brought against you from an incident occurring on the documented date. It is alleged that on this date you violated the following facility rule(s).

Alleged Rule Violations

Major #8 Possession or Manufacturing of dangerous contraband - from previous day, no opportunity for trash - refer to BC book - - - no #9, no #10, #11, #12
Minor #1 Failure to maintain sanitation practices - denied when asked to clean 'bloody', 'how ya like that peanut butter?' Hydration, headaches, DAs
Minor #9 Keeping unauthorized food or drink in the cell - no trash - - - from 8/2 + 1 denied / ignored status review
Minor #11 False statement to staff - pers. knowledge - re: rig yeast (none), sealed w/ carboxenator, next to toilet? > contain central - multiple microbes in every cubic foot of air
banana comparison - browning would risk my health (more than already...) ? disgusting.
Willing to be fully transparent, record & swear testimony, have been subject to 3 multiple levels of abuse since day 1
Serious disrespect charge, Same person who actually does do that spray cleaner's too...

You will find a summary of the alleged incident on your Incident Report Notification Sheet. A description of the disciplinary, hearings, appeals and sanction process is listed in your inmate handbook. During your hearing you have the right to admit or deny any or all of the alleged violation(s). After the hearing has been conducted if you are found in violation you will be notified in writing of the grounds for both the finding of the violation and the sanctions imposed by the hearings officer. If it is determined that you were not in violation you will also be notified in writing.

If found to be in violation, you may be subject to one or more of the following sanctions. In addition if a crime has been committed the DA may file criminal charges.

Administrative Hearings

Counseling
Disciplinary Segregation for a max of 48 hrs.
Loss of program opportunities
Facility probation for a max of 15 days
Loss of social visitation for a maximum of 7 days
Loss of social telephone privileges for a max of 48 hrs.
Payment of restitution

Formal Hearings

Disciplinary segregation for a max of 30 days
Loss of program opportunities
Loss of social telephone privileges for a max of 15 days
Loss of commissary privileges for a max of 15 days
Loss of social visitation for 14 days
Payment of restitution
Loss of good time
Facility probation for a max of 30 days

Deputy Delivering Notification

Sgt. Mohr Mohr 4106

Date / Time

8/6/2017 @ 0600

Inmate Signature:

SV

☐ Refused

1. Civil Rights Denied 2. subject to Abuse 3. harassed 4. denied privileges in BC manual

*max security class not reviewed upon request, *sender intended receive not notified of mail reject.
+ - no past crim. hist.

+ - orientation, discuss, read through, no concept of Pruno

- admit to anything to resist 24/hr LOCKDOWN / Sol. conf. So yes, vague and let me educate.

* and req. officers to read back. Suggest charging Manufacture violation to flush anything you don't eat. also 24-hr lockdown (add)

cause I thought in formal meant they'll help you out w/ out paperwork, cause 24 hr lockdown seems formal (didn't even think that was still legal) so add in house rules for nice

2. 'well I don't have all day' - thanks for explaining / helping me understand - in re: 'I don't know what I'm signing', basic lde attitude

2.1 admin vs formal? description of charges? no caption / lin in charge
0.5 staff assist & delay. (handbook, formal hearing rights) near signature

1. request record testimony² personal statement / human nature / family req.
2.15 - personal experience & record evidence to mistrust this process ORS - implicit bias / hangance / racism / sexism

7:40 am
it's not your time, I'll talk to 'who's in charge', my rights are being abused / I need to talk to my attorney; 'I'll check on that, I don't believe you will you're talking to someone else' you're on 24 hr lockdown, until after your hearing.

it's been 36.5 hrs
I'll remember this, you're abusing my rights - (to go)
Threat to me - you're testing me!

Request to speak to nurse / mental health attorney denied

2.4
16
66.5

sun. 8/6 - No parent better again... (after complaint of fighting) delivered upon inspection
wed. 8/2 - first instance (day after req. for status change)
7/27 First Night - Rae pants in car, forced to pee & poop in cups (no response until after)
no response about date or times severe sleep deprivation & forced to rely on word of officer, no phone calls to attorney
requests of book, paper, or pen denied first 3 days
5th day handbook, sign this - already dated, what date is today? leaves w/ out response
- sent 2 letters same day, 1 got them - to mayor & city council
- 3 more to wife (day after?) only 2/3 received / against word of officer
- same day, 1 receive handbook / after - sending letters, apologies for writing on 2 sides
- driven to border same day / morning before court, 'I'm supposed to go to court today' 'your attorney will' (lie) - spun around & left few days later

2015 ORS 161.219¹**Limitations on use of deadly physical force in defense of a person**

Notwithstanding the provisions of ORS 161.209 (Use of physical force in defense of a person), a person is not justified in using deadly physical force upon another person unless the person reasonably believes that the other person is:

(1) Committing or attempting to commit a felony involving the use or threatened imminent use of physical force against a person; or

(2) Committing or attempting to commit a burglary in a dwelling; or *gun is safe - neither were Dan's*

(3) *Checking me* Using or about to use unlawful deadly physical force against a person. [1971 c.743 §23]

¹ Legislative Counsel Committee, CHAPTER 161—General Provisions, https://www.oregonlegislature.gov/bills_laws/ors/ors161.html (2015) (last accessed Jul. 16, 2016).

136.290

2015 ORS 161.015¹**General definitions**

As used in chapter 743, Oregon Laws 1971, and ORS 166.635 (Discharging weapon or throwing objects at trains), unless the context requires otherwise:

- (1) "Dangerous weapon" means any weapon, device, instrument, material or substance which under the circumstances in which it is used, attempted to be used or threatened to be used, is readily capable of causing death or serious physical injury.
- (2) "Deadly weapon" means any instrument, article or substance specifically designed for and presently capable of causing death or serious physical injury.
- (3) "Deadly physical force" means physical force that under the circumstances in which it is used is readily capable of causing death or serious physical injury. — *which it caused neither — in my hands* *multiple, cutting actions, playing hand knife, jab vs poke* *no evidence police writeup no serious/life threatening injury*
- (4) "Peace officer" means:
 - (a) A member of the Oregon State Police;
 - (b) A sheriff, constable, marshal, municipal police officer or reserve officer as defined in ORS 133.005 (Definitions for ORS 133.005 to 133.400 and 133.410 to 133.450), or a police officer commissioned by a university under ORS 352.121 (University police departments and officers) or 353.125 (Creation of police department and commission of police officers);
 - (c) An investigator of the Criminal Justice Division of the Department of Justice or investigator of a district attorney's office;
 - (d) A humane special agent as defined in ORS 161A.345 (Humane special agents to enforce animal welfare laws under direction of law enforcement agency);
 - (e) A regulatory specialist exercising authority described in ORS 471.775 (Service of subpoenas) (2);
 - (f) An authorized tribal police officer as defined in ORS 181A.680 (Definitions for ORS 181A.680 to 181A.692); and
 - (g) Any other person designated by law as a peace officer.
- (5) "Person" means a human being and, where appropriate, a public or private corporation, an unincorporated association, a partnership, a government or a governmental instrumentality.
- (6) "Physical force" includes, but is not limited to, the use of an electrical stun gun, tear gas or mace.
- (7) "Physical injury" means impairment of physical condition or substantial pain.
- (8) "Serious physical injury" means physical injury which creates a substantial risk of death or which causes serious and protracted disfigurement, protracted impairment of health or protracted loss or impairment of the function of any bodily organ.
- (9) "Possess" means to have physical possession or otherwise to exercise dominion or control over property.
- (10) "Public place" means a place to which the general public has access and includes, but is not limited to, hallways, lobbies and other parts of apartment houses and hotels not constituting rooms or apartments designed for actual residence, and highways, streets, schools, places of amusement, parks, playgrounds and premises used in connection with public passenger transportation. [1971 c.743 §3; 1973 c.139 §1; 1979 c.656 §3; 1991 c.67 §33; 1993 c.625 §4; 1995 c.651 §5; 2011 c.506 §22; 2011 c.641 §2; 2011 c.644 §§23,46; 2012 c.54 §§16,17; 2012 c.67 §§9,10; 2013 c.180 §§23,24; 2015 c.174 §11; 2015 c.614 §§147,148]

Note: Legislative Counsel has substituted "chapter 743, Oregon Laws 1971," for the words "this Act" in sections 2, 3, 4, 5, 6, 7, 19, 20, 21 and 36, chapter 743, Oregon Laws 1971, compiled as 161.015 (General definitions), 161.025 (Purposes), 161.035 (Application of Criminal Code), 161.045 (Limits on application), 161.055 (Burden of proof as to defenses), 161.085 (Definitions with respect to culpability), 161.195 ("Justification" described), 161.200 (Choice of evils), 161.205 (Use of physical force generally) and 161.295 (Effect of mental disease or defect). Specific ORS references have not been substituted, pursuant to 173.160 (Powers and duties of Legislative Counsel in preparing editions for publication). These sections may be determined by referring to the 1971 Comparative Section Table located in Volume 20 of ORS.

¹ Legislative Counsel Committee, *CHAPTER 161—General Provisions*, https://www.oregonlegislature.gov/bills_laws/ors/ors161.html (2015) (last accessed Jul. 16, 2016).

DEFENSES & JUSTIFICATIONS, CRIMINAL (OREGON)

Accused's apprehension of danger or death must have been such as any reasonable man would conceive to be imminent under the circumstances in order to justify the killing as in self-defense. State v. Finch, 1909, 54 Or. 482, 103 P. 505. Homicide 795

It is not error to charge that when a homicide is committed under such circumstances that it was doubtful whether it was done maliciously, or from well-grounded fear of danger, it is proper to consider the fact that deceased was desperate, in determining whether the accused had reasonable cause to apprehend great personal injury, where the court also charges that it is as great an offense to kill a brutal man as an inoffensive one, and unless the circumstances show that defendant acted in self-defense, or was, or believed himself to be, in imminent danger of death or great bodily harm, the bad character of deceased will not avail him. State v. Moray, 1894, 25 Or. 241, 36 P. 573. Homicide 794

A charge asserting defendant's right to strike in self-defense, if he honestly believed there was great peril of life or limb, not requiring that the belief should be reasonable or based on reasonable grounds, is properly refused. State v. Moray, 1894, 25 Or. 241, 36 P. 573. Assault And Battery 96(3) Homicide 794 Homicide 795

Previous threats by deceased against defendant in a homicide case, sought to be introduced by defendant in justification of the homicide, must be shown to have been communicated to defendant where they are introduced solely to show that appearances were such as to lead a reasonable man to believe that he was in imminent peril and that there was no other method of saving his own life. State v. Dodson, 1870, 4 Or. 64. Unreported. Homicide 796 Homicide 1053(7)

Nature of threat, self-defense

Instruction which was given in prosecution for assault with a dangerous weapon and which in effect told jury that defendant must have been in fear of "great bodily harm" in order to avail himself of self-defense was erroneous, in that a person is entitled to defend himself if he is in reasonable fear of "bodily harm"; however, his defense must be reasonably responsive to threatened harm. State v. Hansen, 1970, 3 Or.App. 376, 474 P.2d 17. Assault And Battery 96(3)

Self-defense is merely a preventive remedy and must not be out of proportion to the real or apparent danger, and in a homicide case court did not err in refusing to instruct that "if the defendant honestly believed and circumstances were such that a reasonably prudent man would have been led to such belief, that the life of his companion was in danger at the hands of the deceased, or his associates, then he had the right to take such measures as were in his power to prevent the commission of such crime, even though it would lead to the death of the deceased; such instruction leaving out imminence of danger, under Or.L. §§ 1908, 1909, ORS 163.100. State v. Yee Guck, 1921, 99 Or. 231, 195 P. 363. Homicide 1489

The right to kill in "self-defense" is founded on necessity, real or apparent, and can only be resorted to when the circumstances are such as to warrant a reasonable belief in him assaulted that the killing is necessary to preserve life or to protect himself from great bodily harm. State v. Doherty, 1908, 52 Or. 591, 98 P. 152. Homicide 787 Homicide 795

A threatened injury, to warrant a homicide in self-defense, must involve imminent peril to life or limb, fear of a slight injury or a mere assault not felonious furnishing no excuse, but if, considering the relative age and strength of the parties or the ferocity of the attack, the intended beating is of such character as to endanger life or limb, it will be felonious, and the assaulted person may kill if necessary to preserve his own life or protect himself from such beating. State v. Doherty, 1908, 52 Or. 591, 98 P. 152. Homicide 793

In a prosecution for murder, an instruction that, if the circumstances were such as to lead an ordinary man to "believe that he was in danger of being assaulted," defendant would not be guilty of murder in the first degree, was properly refused, since it did not qualify the word "danger" by the adjective "imminent." State v. Smith, 1903, 43 Or. 109, 71 P. 973. Homicide 1484

Homicide cannot be justified on the ground of self-defense unless it is made to appear that accused had been put in imminent danger by another, and the killing was done to prevent the apparent commission of a felony by that other on accused. State v. Smith, 1903, 43 Or. 109, 71 P. 973. Homicide 789

To find a person guiltless of homicide in any degree on the ground of self-defense, the jury must find, not only that accused acted under fear of death or great bodily harm, but that there was actually reasonable ground for such fear on his part. State v. Smith, 1903, 43 Or. 109, 71 P. 973. Homicide 794 Homicide 795

The right of self-defense, to justify a homicide, cannot be predicated on a fear of death induced by threats. There must be an overt, hostile act, such as would induce a reasonable apprehension of imminent danger. State v. Smith, 1903, 43 Or. 109, 71 P. 973. Homicide 795

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973. Homicide 796

An instruction by the court upon the plea of self-defense, that the danger must have been "absolute, imminent and unavoidable," is not erroneous when coupled with other instructions that the defendant might also have acted upon appearances, if they were such under the circumstances and surroundings, as to reasonably imbue his mind with the belief that it was necessary to act as he did to avert the impending assault upon him, whether actual or apparent. State v. Porter, 1897, 32 Or. 135, 49 P. 964. Criminal Law 772(6) Criminal Law 822(8)

An instruction touching the law of self-defense, that the danger "must be absolute, imminent, and unavoidable, or the defendant must, from all circumstances, have honestly believed it to be so" is not erroneous or misleading when accompanied by a full explanation by the court. State v. Porter, 1897, 32 Or. 135, 49 P. 964. Assault And Battery 96(3) Homicide 1483 Homicide 1484

A charge that self-defense cannot be set up unless to kill was defendant's only reasonable resort to save his own life, or his person from great bodily harm, is not objectionable in connection with a following charge on "reasonable and honest belief." State v. Tarver, 1894, 25 Or. 38, 37 P. 53. Homicide 807

Self-defense - Nature of threat

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DEFENSES & JUSTIFICATIONS, CRIMINAL (OREGON)

422, 512 P.2d 1366 . Criminal Law 330

Under statute providing that when a "defense" other than an "affirmative defense" is raised at trial state has burden of disproving the defense beyond reasonable doubt, and when an "affirmative defense" is raised at trial defendant has burden of proving defense by preponderance of the evidence, entrapment is a "defense" as opposed to an "affirmative defense." State v. Davis, 1973, 14 Or.App. 422, 512 P.2d 1366 . Criminal Law 569

In prosecution for criminal activity in narcotics in sale of heroin to a government agent, evidence including testimony of agent's activities as undercover agent did not raise defense of entrapment, and hence trial court properly refused to give requested instruction on entrapment. State v. Davis, 1973, 14 Or.App. 422, 512 P.2d 1366 . Criminal Law 772(6)

Jury instructions

Portion of defendant's proposed self-defense instruction in prosecution for resisting arrest, which stated that any person had the right to resist arrest, even if the arrest was lawful, if arrest was made with "excessive force," was incorrect statement of law; instruction failed to indicate distinction between using physical force to resist arrest, which was unlawful, and an arrestee's use of physical force in self-defense against unlawful force employed by the arresting officer, which was lawful under some circumstances, and "unlawful force" should have been used instead of "excessive force," as the latter phrase was potentially confusing and undefined. State v. Yen Lin Wan (2012) 281 P.3d 662, 251 Or.App. 74 . Obstructing Justice 174(3)

A self-defense instruction must (1) inform the jury that the defendant has raised a self-defense claim, (2) give the jury the appropriate standard for analyzing the self-defense claim, and (3) inform the jury that the burden of proof is on the state to prove beyond a reasonable doubt that the defendant did not act in self-defense. State v. Yen Lin Wan (2012) 281 P.3d 662, 251 Or.App. 74 . Obstructing Justice 174(3)

Despite statutory provision indicating that a person may not use physical force to resist an arrest, a defendant is entitled to a self-defense instruction if there was evidence that he reasonably believed that the officers arresting him were using more physical force than was reasonably necessary to make the arrest. State v. Yen Lin Wan (2012) 281 P.3d 662, 251 Or.App. 74 . Obstructing Justice 174(3)

O.R.S. § 161.195
161.195. Justifiable offenses
(Continued)

(1) Unless inconsistent with other provisions of chapter 743, Oregon Laws 1971, defining justifiable use of physical force, or with some other provision of law, conduct which would otherwise constitute an offense is justifiable and not criminal when it is required or authorized by law or by a judicial decree or is performed by a public servant in the reasonable exercise of official powers, duties or functions.

(2) As used in subsection (1) of this section, "laws and judicial decrees" include but are not limited to:

- (a) Laws defining duties and functions of public servants;
- (b) Laws defining duties of private citizens to assist public servants in the performance of certain of their functions;
- (c) Laws governing the execution of legal process;
- (d) Laws governing the military services and conduct of war; and
- (e) Judgments and orders of courts.

Credits

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Laws 1971, c. 743, § 19

O.R.S. § 161.200
161.200. Avoiding imminent injury
(Continued)

(1) Unless inconsistent with other provisions of chapter 743, Oregon Laws 1971, defining justifiable use of physical force, or with some other provision of law, conduct which would otherwise constitute an offense is justifiable and not criminal when:

- (a) That conduct is necessary as an emergency measure to avoid an imminent public or private injury; and
- (b) The threatened injury is of such gravity that, according to ordinary standards of intelligence and morality, the desirability and urgency of avoiding the injury clearly outweigh the desirability of avoiding the injury sought to be prevented by the statute defining the offense in issue.

(2) The necessity and justifiability of conduct under subsection (1) of this section shall not rest upon considerations pertaining only to the morality and advisability of the statute, either in its general application or with respect to its application to a particular class of cases arising thereunder.

Credits

Laws 1971, c. 743, § 20.

Notes Of Decisions (74)

In general

A choice of evils defense is a defense of justification, and the trial court has a screening function in determining whether the evidence is sufficient to send the choice of evils question to the jury. State v. McPhail (2015) 359 P.3d 325, 273 Or.App. 42 . review denied 358 Or. 529 . Criminal Law 38 Criminal Law 739(1)

To assert the avoiding imminent injury defense, a defendant must present evidence that (1) [his] conduct was necessary to avoid a threatened injury; (2) the threatened injury was imminent; and (3) it was reasonable for the defendant to believe that the threatened injury was greater than the potential injury of his legal actions. State v. Joon Bum Ko (2011) 263 P.3d 1062, 245 Or.App. 403 . opinion adhered to as modified on reconsideration 284 P.3d 1293, 246 Or.App. 410 . review denied 272 P.3d 742, 351 Or. 507 . Criminal Law 38

When the legislature has already balanced the competing values that would be presented in a choice-of-evils defense and made a choice, the court is precluded from reassessing that judgment. State v. Owinbey (2000) 966 P.2d 510, 165 Or.App. 132 . adhered to on reconsideration 7 P.3d 653, 168 Or.App. 525 . review denied 19 P.3d 358, 331 Or. 584 . Constitutional Law 2507(1)

Asserted choice of evils defense did not preclude finding that abortion protestors, who had blocked access to abortion clinic in violation of preliminary injunction, were in contempt; abortions which protestors sought to prevent were permitted under Oregon law, and choice of evils was available as defense only if defendant's "necessary" conduct was not inconsistent with other provisions of law. Downtown Women's Center, P.C. v. Advocates for Life, Inc., 1992, 111 Or.App. 317, 826 P.2d 637 . Abortion And Birth Control 130

"Choice of evils" defense is raised when defendant presents some evidence that criminal conduct was necessary as an emergency measure to avoid imminent injury; when properly raised, trier of fact may balance desirability of avoiding injury against desirability of avoiding what law seeks to prevent by making such conduct criminal. State v. Neubauer, 1984, 68 Or.App. 885,

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is not erroneous when coupled with other instructions that the defendant might also have acted upon appearances, if they were such under the circumstances and surroundings, as to reasonably imbue his mind with the belief that it was necessary to act as he did to avert the impending assault upon him, whether actual or apparent. State v. Porter, 1897, 32 Or. 135, 49 P. 964. Criminal Law 772(5). Criminal Law 822(8)

An instruction touching the law of self-defense, that the danger "must be absolute, imminent, and unavoidable, or the defendant must, from all circumstances, have honestly believed it to be so" is not erroneous or misleading when accompanied by a full explanation by the court. State v. Porter, 1897, 32 Or. 135, 49 P. 964. Assault And Battery 96(3). Homicide 1483. Homicide 1484

A charge that self-defense cannot be set up unless to kill was defendant's only reasonable resort to save his own life, or his person from great bodily harm, is not objectionable in connection with a following charge on "reasonable and honest belief." State v. Tarter, 1894, 26 Or. 38, 37 P. 53. Homicide 807

Burden of proof, self-defense

Defense of justification for assault must be disproved beyond a reasonable doubt. State v. Waller, 1975, 22 Or.App. 299, 538 P.2d 1274. Assault And Battery 91.13(1)

The defense that the homicide was justifiable, as committed in self-defense, must be established by a preponderance of evidence. State v. Bertrand, 1868, 3 Or. 61, Unreported. Homicide 1194

Self-defense - Burden of proof

Defense of justification for assault must be disproved beyond a reasonable doubt. State v. Waller, 1975, 22 Or.App. 299, 538 P.2d 1274. Assault And Battery 91.13(1)

The defense that the homicide was justifiable, as committed in self-defense, must be established by a preponderance of evidence. State v. Bertrand, 1868, 3 Or. 61, Unreported. Homicide 1194

Defense of others

A parent is justified in killing one to prevent commission of felony by force upon his child. State v. Nodine, 1953, 196 Or. 679, 259 P.2d 1056. Homicide 757

Defendants, father and son, were indicted for murder. The son, who fired the fatal shot, testified that, after his father had held up his hands in token of submission, deceased and his relatives continued shooting into the house where the son found his father wounded and covered with blood, and, believing that his mother was also in the house, he picked up his father's rifle and fired the fatal shot, believing his own life and that of his mother to be in danger. Held that, the court's failure to charge on the son's right to protect his mother from danger from an alleged unjustifiable attack on the house by deceased and his brother was error. State v. Walsworth, 1909, 54 Or. 371, 103 P. 516. Homicide 1489

Where one of the defendants honestly believed that his mother was in the house when deceased continued to shoot at or into the house without apparent necessity, defendant was entitled to act on appearances, and if the circumstances were such as would have led a reasonably prudent man to believe, and he did believe, that his mother's life was in danger, he was entitled to shoot in her defense. State v. Walsworth, 1909, 54 Or. 371, 103 P. 516. Homicide 757

Defense of property

Evidence including evidence that defendant had been past victim of vandalism and knew that one juvenile had reputation in community as vandal, that such juvenile with other juveniles had already driven by defendant's house three times on evening in question, speeding away when they saw defendant, and that defendant knew of earlier confrontation between such juveniles and his son's friend was sufficient to support defendant's theory that he reasonably believed some show of force was necessary to prevent commission of criminal mischief or criminal trespass, and trial court should have given requested instructions based on defense of premises and of property and on self-defense including instruction on burden of proof of defense, in prosecution of defendant for crime of menacing, despite fact that, after initial hostile encounter, defendant and juveniles parted amicably. State v. Lockwood, 1979, 43 Or.App. 639, 603 P.2d 1231. Assault And Battery 96(3). Assault And Battery 96(4)

Killing of one lawfully driving on public highway, in belief that he had stopped to steal melons from defendant's patch, held not

DEFENSES & JUSTIFICATIONS, CRIMINAL (OREGON)

"Justifiable". State v. Trent, 1927, 122 Or. 444, 259 P. 893. Homicide 758

Such force as reasonably prudent man would deem necessary in like circumstances may be used to prevent trespass on property. State v. Trent, 1927, 122 Or. 444, 259 P. 893. Homicide 758

Making arrest

To justify homicide of a felon for purpose of arresting him, slayer must show that he avowed his object, and that felon refused to submit. State v. Nodine, 1953, 196 Or. 679, 259 P.2d 1056. Homicide 754

Prevention of felony

Justifiable homicide statute which justifies killing of another to prevent commission of a felony upon oneself requires fear of a felony, and thus fear of "great bodily harm" is required in homicide cases before person accused of crime may assert self-defense. State v. Hansen, 1970, 3 Or.App. 378, 474 P.2d 17. Homicide 793

The rule which justifies homicide to prevent commission of a felony is limited to situation where homicide is an absolute or apparent necessity, and all means of preventing the crime have first been exhausted. State v. Nodine, 1953, 196 Or. 679, 259 P.2d 1056. Homicide 753

Felonies, in resisting which one may justifiably take human life, within the contemplation of section 1730, Hill's Code, ORS 163.100, are such as robbery, larceny, or the like,—a contention over the ownership of property is not within the statute. State v. Tarter, 1894, 26 Or. 38, 37 P. 53. Homicide 758

Duress

Prisoner's participation in the commission by defendant and his accomplice of an attempted escape by passing hacksaw blade back and forth between defendant and his accomplice so they could saw jail bars was not excused on grounds of duress because defendant's accomplice threatened prisoner who had been previously injured in jail with harm by accomplice's friends on the outside if prisoner did not cooperate. State v. Fitzgerald, 1973, 14 Or.App. 361, 513 P.2d 617. Criminal Law 38

To excuse participation in criminal act on ground that it was done under compulsion or duress, fear of death or bodily harm is not of itself enough and fear must be a well-grounded one. State v. Ellis, 1962, 232 Or. 70, 374 P.2d 461. Criminal Law 38

Threats of future prosecution for prior larceny not sufficient compulsion to exonerate defendant from charge of embezzlement. State v. Patterson, 1925, 117 Or. 153, 241 P. 977. Criminal Law 38. Embezzlement 23

Coercion

To excuse crime on ground of coercion, threats or menace must not be of future violence, but of present, impending, and imminent violence at the time of the commission. State v. Weston, 1923, 109 Or. 19, 219 P. 180. Criminal Law 38

Entrapment

Evidence of entrapment can be so overwhelming that a trial judge must rule that State has failed to disprove entrapment as a matter of law. State v. Gunn, 1973, 15 Or.App. 174, 515 P.2d 187. Criminal Law 739.1(1)

Permitting a finding of entrapment as a matter of law is merely the converse of the rule that there must be some evidence of entrapment to warrant a jury instruction on that defense. State v. Gunn, 1973, 15 Or.App. 174, 515 P.2d 187. Criminal Law 739.1(1)

Evidence that, immediately upon being asked by undercover police officers whether he could assist them in obtaining drugs, and without any other inducement, defendant directed them to a source and actively participated in exchange of hashish for money raised a question of fact, not one of law, with respect to entrapment and trial of fact was not required to resolve question in defendant's favor. State v. Gunn, 1973, 15 Or.App. 174, 515 P.2d 187. Criminal Law 739.1(2)

In prosecution for criminal activity in drugs, defense counsel's written notice before trial of intention to rely on defense of entrapment did not raise defense of entrapment which the state was then required to disprove. State v. Davis, 1973, 14 Or.App.

- o record
- o Public examine
- o 18th-19th BR denied twice, Hospital/car/pants & 24/hr light/sleep dep tank, BR 1 & 2 in cups, - Headaches...water... Dad's Practice and Fire Fight 15/min
- o No BC book in 36 hrs 48 hrs⁺ proof of Dates Letters sent to wife, (Dates/Time req. ignored + sleep dep conf.), for which after reading BC 'Sorry for writing on back, I can redo' re: 'It's fine I'll send these for now' - rejected w/out
- * sender or receiver notified w/in 7 days Should really govt excess
- o experiment w/ orange peels (recycle) also recycle CB as art of jelly experiment
- 8/2 or 3 No peanut butter - Pass out faint, heart and breath problems
- 8/6 ~~no pb~~ day of grievance about issue (no ^{PB} jelly) no PB right after
- 8/7 - no pb again... Smile how you like that PB"

I'm sorry for not cleaning up, I didn't know I was going until the last minute, I am clean and clean every opportunity you bring the bucket by. It's not that crazy to make fragrances, I do a lot of crazy things when I'm by myself 22 hrs. I do know how to make cider/beer (DAD) (but I would not have drink in that ^{old food} ~~in that 24 hr for 24 hr) lock down~~ For one you need uncontaminated & refrigerated yeast (2) a sealed container (to protect from deadly contaminants) open and (3) a carbonator - given that it was next to the toilet where there's a lot of deadly contaminants it would be risky & ~~definitely~~ disgusting ~~for only 8 hr~~, plus it needs to be sealed w/ a carbonator in order to ferment.

I promise to flush everything I don't eat, I'm sorry for keeping ^{old food} ~~recycling~~ I won't ever do it again. I'm not an ~~unhinged~~ experienced criminal or punk willing to sacrifice my health for a gulp of mold.

- I think you should warn people better ~~than~~ in the handbook for people like me. I'm not a (or please don't put me back in 24/hr lock down I just want to talk to my wife.

I'm scared for multiple reasons which I've recorded like not getting PB is like the only thing helping sustain my diet restrictions and that's happened on 3 occasions ~~right~~ 2x after the initial grievance of such.

I was threatened another 24 hr lockdown if things didn't go well at this orientatn hearing. My reclassification request was ~~denied~~ ^{ignored} two times ~~leading up to these alleged violations.~~

I did not get the time to discuss the BC handbook but I ~~felt~~ ^{understand} it - but I do have recommendations. I read nothing ^{about} ~~the~~ 'in house rules' and 24 hr lockdowns I've been threatened w/ sadistic jokes I'm extremely fearful please not another 24-hr lock

Willing to be fully transparent, record & swear testimony my civil rights have been denied, I've been abused, harassed and denied privileges specific to the BC handbook Since day 1 - denied BR and pee in cups by same officer who later made fun of me and punished me for peeing in car

~~I did not even receive handbook in 48 hrs, and proof by letters sent~~ I read Stanford prison experiment

I'm scared for my Life ^{plz} don't put me in 24 hr lockdown I know you guys have full control I'm sorry for talking too much please don't put me in another 24 hr lockdown I will do anything I am not a liar

I'm not a criminal
~~go to~~

The first I fainted and had heart breath problems I used to exercise as much as possible

So many people who are new or illiterate can understand

Some common criminal the

made fun of me and punished me for peeing in car

- o record
- o Public examine
- o 18th-19th BR denied twice, Hospital/Car/pants & 24/hr light/sleep dep tank, BR 1 & 2 in cups, - Headaches--water... Dad's Practice and Fire Fight 15/min
- o No BC book in 36 hrs 48 hrs⁺ proof of Dates Letters sent to wife, (Dates/Time req. ignored + sleep dep conf.), for which after reading BC 'Sorry for writing on back, I can redo' re: 'It's fine I'll send these for now' - rejected w/out
- * sender or receiver notified w/in 7 days Should really good excess of jelly experim
- o experiment w/ orange peels (recycle) also recycle CB as ort ^{of jelly experim}
- 8/2 or 3 No Peanut butter - Pass out faint, heart and breath problems
- 8/6 ~~No PB~~ day of grievance about issue (no PB) ^{PB} No PB right after
- 8/7 ~~No pb again...~~ ^{Smirk} how you like that PB?

I'm sorry for not cleaning up, I didn't know I was going until the last minute, I am clean and clean every opportunity you bring the bucket by. It's not that crazy to make fragrances, I do a lot of crazy things when I'm by myself 22 hrs. I do know how to make cider/beer (DAD) (but I would not have drinkin that ~~in the 24 hr lockdown~~ ^{pop it up} for one, you need uncontaminated & refrigerated yeast (2) a sealed container (to protect from deadly contaminants) open and (3) a carbonator - given that it was next to the toilet where there's a lot of deadly contaminants it would be risky & ~~definitely~~ disgusting ~~to only 8 hrs~~, plus it needs to be sealed w/ a carbonator in order to ferment.

I promise to flush everything I don't eat, I'm sorry for keeping ^{old food} ~~recycling~~ I won't ever do it again. I'm not an ~~unhinged~~ ^{old food} experienced criminal or punk willing to sacrifice my health for a gulp of molotov. I think you should warn people better ~~than~~ in the handbook for people like me. I'm not a liar please don't put me back in 24/hr lockdown I just want to talk to my wife.

Dad, i don't need your money, i just need your support

I told you my plans when I arrived, they haven't changed. But

To finish my Cascadia Documentary (not about the nonprofit but the whole region and it's inclusive community. A vision of a Conscious Culture, through the lens of my camera, I have witnessed, a real movement, one that cannot be denied. C2c see, feel CC) and to receive a grant or scholarship for my efforts on the film is without a doubt.

It takes a lot of effort to finish a documentary and I have recently felt emotionally overwhelmed. After I have almost finished it, my laptop screen broke, 5% of my cameras have malfunctioned and I get feed from my photography job.

It does not seem like you think what I do is important. And I know it's hard to understand. I am getting better at articulating my vision so that my worth, my skills, my passions are not being wasted.

I don't need a loan, I don't need your money. I'm sorry for asking, I just want your real emotional support.

I really enjoy what i do it is a real job, and it's becoming more and more defined. With your help I will transform the world.

I know i could do a lot more with some family support.

I sometimes think no one hears what I am saying. I know I am not the best at 'getting to the point' in a short simple succinct manner.

Death is a serious topic

as a leader of this household, a doctor and a father, it is important to be open to communication about such things

I love you

I really miss granny and I wish I could have know what was going on.

I want to know the truth of what happened, I want to see it for myself.

what is to believe - to support

believe

to know

Trust - Belief

faith believe is not
stable - you
cannot trust or
believe

The problem is an too

scars because your not

for me

That vision did

I don't understand I just

want to be w/ you.

to believe

empty promises

no reason

beep beep beep

How can you say I don't care,

I don't believe in you

Information was intentionally withheld from close family members, concerning the details of a
Family member's death

*keynote - defendant DPB is a board member - the potential falsifying or altering the medical records exists given his status and may constitute a larger search.

Reasons to Believe

Time of death -

eye-witness testimonies affirming state of health to just a few days later being forcefully dosed and starved without consent nor notifying family members

Lack of Will -

Lack of Painful Illness

the only ethical argument for euthanasia in circumstances of limited financial and time)

Amount of Money left in her name

recommended to assume a foundational-community trust status after investigation reveals Kucera had sufficient funds to survive.

Lack of Communication to family members about the current situation

Patriarchal, domineering, domestic problem management skills

Date of funeral - to keep secret from family member?

Colleen Barrett, did you or did you not say these words on the day of your 'first attack'
"They're going to get rid of me like they got rid of Granny!"

YOU DON'T NEED TO BELIEVE IN ME
~~YOU JUST NEED~~

S

SHADOCKER

Saving the defenders by assuming they are "Without conscious intent" by monopolized time?
Why is my father rushed for time?
What does he do all day? Drink beer and watch sports?
More needs talk therapy not drugs. But you won't listen. Because - "You Know Everything"

believe and trust one

belief - acceptance

Trust - "laying down on the train tracks"

1 gotta get out
of here

Get me outta here

Dad, I don't need your money, I just need your support

I told you my plans when I arrived, they haven't changed. But

To finish my Cascadia Documentary (not about the nonprofit but the whole region and it's inclusive community. A vision of a Conscious Culture, through the lens of my camera, I have witnessed, a real movement, one that cannot be denied. C2c see, feel CC) and to receive a grant or scholarship for my efforts on the film is without a doubt.

It takes a lot of effort to finish a documentary and I have recently felt emotionally overwhelmed. After I have almost finished it, my laptop screen breaks, 5% of my cameras have malfunctioned and I get feed from my photography job

It does not seem like you think what I do is important. And I know it's hard to understand, I am getting better at articulating my vision so that my worth, my skills, my passions are not being wasted

I don't need a loan, I don't need your money, I'm sorry for asking, I just want your real emotional support

I really enjoy what I do it is a real job, and it's becoming more and more defined. With your help I will transform the world.

I know I could do a lot more with some family support.

I sometimes think no one hears what I am saying, I know I am not the best at 'getting to the point' in a short simple succinct manner.

Death is a serious topic

as a leader of this household, a doctor and a father, it is important to be open to communication about such things

I love you

I really miss granny and I wish I could have know what was going on.

I want to know the truth of what happened, I want to see it for myself.

what is to believe - to support

to know

Trust - Belief

faith believe is not stable - you cannot trust or believe

what is to believe
believe

~

The population are too

Scenes because your not for me

two top trying to

That vision did

I don't understand I just

want to be w/ you.

to believe

empty promises

no reason

beep Beep Beep

How can you say I don't care,
I don't believe in you



Spencer Joseph Barrett,

I promise that I will truly love you forever. You are sweet, intelligent, creative, open, romantic and overall the most beautiful union I could possibly imagine. With you, I feel like anything is possible, you make me so excited for life. This friendship, this soulful relationship we have is the most important thing to me. You are the most important thing in my life and your thoughts and feelings come first. I love you with every ounce of my soul and body and I will never leave you. I could never part from you my love. I wrote a little poem that in a small way expresses an indescribably amazing feeling I get from making love with you. I guess you could say it's my first poem about the orgasms you give me 😊 Baby, you are magic.

Everything feels electric.

Soft touch,

even the sheets and covers.

Power so intense we can hardly stand it.

Breathe my air into you.

Open palms cupping curves,

caressing locks of hair.

You pull me back into you.

I don't want this to end.

Back in and out.

Melting body, merging gaze.

The sky trembles in ecstasy

and we create lightning.